

DESCRIPTION OF CLASSES

SEA STARS Our new Sea Stars program for 5 & 6 year olds runs in the mornings all week from 9 -11:30am. This is a wonderful introduction to seamanship and sailing for 5 and 6 year olds. Morning sessions (M-F) are filled with games, stories, crafts and time on the water rowing and sailing building skills. This is a great class for your young sailor.

BEGINNERS (Ages 7 and up) This is an introduction to sailing. Students will learn basic sailing and boat handling in a fun and encouraging environment. In addition, they will learn basic knots, navigation and water safety while building confidence on the water.

INTERMEDIATES (Ages 7-14) Taught in Optimist and small wooden boats, this class is for the intermediate sailor who is ready to take their skills to the next level. Students will be taught more advanced boat handling and sail trim techniques, maximizing their boat's best performance which should bring smiles to their faces! Sailors are introduced to racing, fun drills and friendly competition.

INTERMEDIATE & ADVANCED (Ages 11 and up) These sailors will learn rigging, boat handling, sail trim, and how to sail safely in both light and heavy air. Fun drills will help them gain confidence in racing, both at the start and around short courses. Some will use the Club 420's and for those interested in more advance sailing and racing we have 420's rigged with spinnakers and trapezes. All students are invited to participate in regattas.

MAKE (in the mornings) **SAIL** (in the afternoons) This summer, the Steel House and the Apprenticeshop have a special class for your child (11 and up). Students spend the morning at The Steel House in the maker workshops and sail in the afternoons at The Apprenticeshop. Participants will learn about design, technology and fabrication from 9 to 12, followed by an afternoon sailing from 12:30 to 3. Package cost for two weeks of making in the morning, sailing in the afternoon is \$600 or you can sign up a La