



THE CENTER FOR GROUP STUDIES

1841 Broadway, Suite 1118, New York, NY 10023

Phone (212) 246-5055 • Fax (212) 246-5058

www.groupcenter.org • info@groupcenter.org

Under the aegis of the Board of Regents, The University of the State of New York

THE WEEKEND TRAINING PROGRAM 2018 – 2019

The Center for Group Studies offers a Weekend Training Program as an alternative or addition to our on-going Training Program. It began in 1990 as an offsite pilot project in group training to students from all over the world outside of New York City. The weekend program was founded and designed under the co-leadership of Dr. Alice Brown and Dr. Lena Furgeri and has expanded to include local New York students.

This program provides training in modern group process: an integration of traditional methods and modern techniques developed by Dr. Louis Ormont, a licensed psychologist with over 40 years of experience leading groups. Our approach is psychodynamic and interactive with particular emphasis on interventions for difficult and pre-oedipal personalities.

PROGRAM OF STUDY

The three-year Training Program, culminating in a Certificate of Completion or Graduation, consists of the following four training components:

1. Training Weekends

We offer three training weekends each year and a total of nine weekends are required to meet the criteria for Certification. Each weekend consists of psychodynamic process groups (experiential and didactic learning), lectures and/or workshops, a supervision group and a training group.

2. Course Work *

The curriculum consists of nine blocks of readings and combines a guided and monitored reading program with the experiential Training Weekend component. Each student is assigned a faculty advisor to work with in person, by correspondence, email, and/or by telephone. A faculty advisor is assigned to each student for a 3-block segment, approximately one year. Each student keeps an ongoing log of his/her reactions to the readings, tapes and other experiences, to which the student's faculty advisor responds.

3. Supervision

Four supervision segments are required, which take place during the second and third years, after the completion of readings blocks 1 through 3. Each segment consists of six one-hour sessions with an assigned supervisor.


* Nine blocks of readings (Each block consists of sixteen readings and may be completed in eight weeks or more.)

Block 1	The Essence of Modern Group Process
Block 2	Forming a Group
Block 3	Introduction to Group Resistances
Block 4	Transference/Countertransference Issues in Group
Block 5	Technical and Special Issues in Group Psychotherapy
Block 6	Working with Pre-oedipal Patients in Group
Block 7	Specialized Topics in Countertransference
Block 8	Working with Unconscious Material: Dreams Symbolic and Non-verbal
Block 9	Resolving Transference Resistances and Termination Issues

LOCATION

Unless notified otherwise, all events take place at the Warwick Hotel, 65 W. 54th St., New York, NY
The Center for Group Studies reserves the right to add, change or otherwise amend the schedule and/or faculty without notice.

COURSES AND FACULTY

	October 19 – 21, 2018 Block 2 Forming a Group	January 25 – 27, 2019 Block 3 Introduction of Group Resistances	May 3 – 5, 2019 Block 4 Transference/Countertransference Issues in Group
PROCESS GROUP	Joseph Acosta, Alice Brown, Sally Henry, Lucy Holmes	Aaron Black, Gail Brown, David Dumais, Greg MacColl	Ronnie Levine, Jan Morris, Mary Sussillo, Elliot Zeisel
FRIDAY WORKSHOP	Greg MacColl, Jan Morris, Rhoda Shapiro	Alice Brown, Susan Frankel, Jack Kirman	Jeanne Bunker, David Dumais, Greg MacColl
SATURDAY WORKSHOP	Aaron Black, David Dumais, Susan Frankel	Joseph Acosta, Jeanne Bunker, Elliot Zeisel	Joseph Acosta, Aaron Black, Martha Gunzburg
SUPERVISION	Michael Brook, Greg MacColl, Jan Morris, Mary Sussillo	Michael Brook, Sally Henry, Ronnie Levine, Rhoda Shapiro	Gail Brown, Sally Henry, Jack Kirman, Rhoda Shapiro
TRAINING GROUP	Aaron Black, Ronnie Levine, Elliot Zeisel	Joseph Acosta, Mary Sussillo, Elliot Zeisel	Alice Brown, Lucy Holmes, Ellen Wright

SCHEDULE

Friday

3:00–3:45 PM Welcome
 4:00–6:00 PM Psychodynamic Process Group
 6:15–8:00 PM Workshop

Saturday

9:00–10:45 AM Workshop
 10:45–11:00 AM Break
 11:00–1:00 PM Psychodynamic Process Group
 1:00–2:15 PM Lunch (on your own)
 2:15–4:15 PM Psychodynamic Process Group
 4:15–6:00 PM Supervision

Sunday

8:00–10:00 AM Psychodynamic Process Group
 10:00–11:45 AM Training Group
 11:45–12:40 PM Student-Faculty Brunch
 12:45–1:25 PM Student-Faculty Meeting
 1:35–3:35 PM Psychodynamic Process Group: Weekend Summary and Conclusions

Note: The last 15 minutes of each Process Group, Supervision, Workshop, and Training Group will be used to complete logs and evaluations and to have an opportunity to ask additional questions of the faculty leader.

Registration Deadlines

October Training Program — September 19, 2018
 January Training Program — December 19, 2018
 May Training Program — April 3, 2019

Continuing Education

Creative Arts Therapists: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists #CAT-002. Each weekend training offers 17 CE contact hours.

Marriage and Family Therapists: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists #MFT-0004. Each weekend training offers 17 CE contact hours.

Mental Health Counselors: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0005. Each weekend training offers 17 CE contact hours.

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of the State of New York (MSSNY) through the joint providership of The Rochester Academy of Medicine and The Center for Group Studies (CGS). The Rochester Academy of Medicine is accredited by the Medical Society of the State of New York (MSSNY) to provide continuing medical education for physicians.

The Rochester Academy of Medicine designates this single live activity for a maximum of 17.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychoanalysts: The Center for Group Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts #P-0003. Each weekend training offers 17 CE contact hours.

Psychologists: Each weekend program is co-sponsored by The Center for Group Studies and Ellen L. Wright, Ph.D. Dr. Wright is approved by the American Psychological Association to sponsor continuing education for Psychologists. Dr. Wright maintains responsibility for this program and its content. Each weekend training meets the requirements for 17 CE contact hours for Psychologists.

Social Workers: The Center for Group Studies SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0121. Each weekend training offers 17 CE contact hours.



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REGISTRATION FORM — WEEKEND TRAINING PROGRAM

Name (please print) _____ Date: _____

Address: _____ City: _____ State: _____ ZIP: _____

Phone for Roster: _____ Alt. Phn: _____ Email: _____

Professional Discipline and Degree _____ New Student

License # _____ State _____ Discipline _____

License # _____ State _____ Discipline _____

Weekend	Tuition (includes all weekend events)	Amount enclosed
October 19 – 21, 2018 (BL 2)	\$700 (Includes supervision workshop)	
January 25 – 27, 2019 (BL 3)	\$700 (Includes supervision workshop)	
May 3– 5, 2019 (BL 4)	\$700 (Includes supervision workshop)	
Registration Fee	\$50 each weekend \$50 for all three when paid in advance	
Certificate of Completion: Check if applicable NYS:	<input type="checkbox"/> CGS <input type="checkbox"/> APA <input type="checkbox"/> CME \$250 <input type="checkbox"/> LCAT <input type="checkbox"/> LMFT <input type="checkbox"/> LMHC <input type="checkbox"/> LPsyan <input type="checkbox"/> LCSW	
Late Fee (if tuition received after deadline)	\$15	
WEEKEND TOTAL		

CANCELLATION POLICY, FEES AND CREDIT

\$50 - 14 days in advance; \$150 - 8-13 days in advance; \$250 - up to 7 days in advance.
No refunds after the program begins.

CERTIFICATE OF COMPLETION: STUDENTS MUST ATTEND ALL EVENTS AND COMPLETE ALL PAPERWORK

Coursework and Supervision (separate from weekend intensive)

Reading Course	\$375	Block (1-9) _____	
Supervision	\$450	Unit (1-4) _____	
COURSEWORK AND SUPERVISION TOTAL			

Payment Method:

AMEX MASTERCARD VISA Check to: The Center for Group Studies

Credit Card # _____ Exp _____ Sec _____

Name (as it appears on card) _____ Signature _____

How did you hear about us? _____

Return or fax to:

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THE CENTER FOR GROUP STUDIES

Presents:

WEEKEND TRAINING SERIES

FORMING A GROUP BLOCK 2

**October 19 - 21, 2018
New York, New York**

Process Leaders: Joseph Acosta, Alice Brown, Sally Henry, Lucy Holmes
Workshop Leaders: Aaron Black, Michael Brook, David Dumais, Susan Frankel,
Ronnie Levine, Greg MacColl, Jan Morris, Rhoda Shapiro,
Mary Sussillo, Elliot Zeisel

WORKSHOP DESCRIPTION:

The foundation of a successful group depends not only on the diagnostic and interpersonal acumen of the group leader, but also the ability of the group therapist to build therapeutic connections between members. This workshop will utilize a didactic and experiential format to discuss and demonstrate Modern Analytic Group techniques that assist group therapists in establishing, and then creating a dynamic group that is an agent for therapeutic change. Workshop participants will have the opportunity to explore and discuss key topics such as the use of the treatment contract for structuring a boundaried, safe, group; recognizing and addressing group resistances that can threaten the group process; tools for creating connection between members; and methods for fostering immediacy in the here and now. Case examples and group supervision will be provided to augment the didactic and process experiences provided.

WORKSHOP OBJECTIVES:

This workshop is designed to help you:

1. Explain the modern analytic approach to preparing patients to enter group therapy;
2. Describe how bridging with a new group creates group cohesion;
3. Observe and utilize different types of bridging;
4. Summarize the role of identification in the process of group change;
5. Describe common resistances to immediacy and how they manifest in group process;
6. Observe how working with immediacy in group is a powerful therapeutic tool;
7. Demonstrate techniques to promote immediacy in modern group;
8. Explain how stable and changing seating arrangements in group can express group relationships.

Skill Level and Target Audience: All

THE CENTER FOR GROUP STUDIES

FACULTY CREDENTIALS

KEY to Abbreviations:

ABPP	Diplomate, American Board of Professional Psychology
CASAC	Credentialed Alcohol and Substance Abuse Counselor
CGP	Certified Group Psychotherapist (AGPA)
DCSW	Diplomate in Clinical Social Work
DFAGPA	Distinguished Fellow AGPA
FAGPA	Fellow AGPA
LCSW	Licensed Clinical Social Work
LMSW	Licensed Master Social Work
LP	Licensed Psychoanalyst
LPC	Licensed Professional Counselor
LMFT	Licensed Marriage and Family Therapist
PsyA	Certified Psychoanalyst (NAAP)

Acosta, Joseph, MA, LPC, FAGPA, CGP
Belgray, David, PhD, PsyA, CGP, LP (NY)
Black, Aaron, Ph.D., Licensed Psychologist (NY), CGP
Brook, Michael, Ph.D. LP (NY), LMFT (NY), CGP
Brown, Alice, Psy.D. Licensed Psychologist (NY), CGP
Brown, Gail A., MA, LP (NY), CGP
Bunker, Jeanne L., LCSW, CGP
Charnet, Judith, Ph.D., Licensed Psychologist (NY), PsyA
Cohen, Phyllis, Ph.D. LP (NY), FAGPA, CGP
Dumais, David, LCSW, CGP
Frankel, Susan, MSW, LCSW, CGP
Gunzburg, Martha, MSW LCSW, LP (NY), CGP
Hegener, Michael, MA, LCP, FAGPA, CGP
Henry, Sally, MSW, LCSW, CGP
Holmes, Lucy, Ph.D. MSW, LMSW, LP (NY), CGP
Kelly, Nancy, Ph.D., LCSW, CGP
Kirman, Jack, Ph.D. Licensed Psychologist (NYS)
Kortlander, Myrna, MSW, LCSW, CGP
Lanier, Liz, DCSW, MSW, LCSW, LMFT, CGP
Levine, Ronnie, Ph.D. Licensed Psychologist (NY), ABPP, FAGPA, CGP
Levy, Lou, MSW LCSW, CGP
MacColl, Greg, LCSW, FAGPA, CGP
Morrell, Katherine, Licensed Psychoanalyst LP (NY & VT)
Morris, Janice, Ph.D., FAGPA, CGP
Resnick, Janet, Ph.D., LP (NY) LMFT (NY),
Selenfriend, Wilma MSW
Shapiro, George E. Ph.D. Licensed Psychologist (NY)
Shapiro, Rhoda, MSW, LCSW
Sussillo, Mary, LCSW, FAGPA, CGP
Weinstein, Robert, Ph.D
Wright, Ellen, Ph.D. Psychologist (PA), PsyA
Zeisel, Elliot, Ph.D, LCSW, LP (NY), DFAGPA, CGP



The Center for Group Studies

For All Weekend Training Students Descriptions and Definitions

Process Group

The Weekend Training Program, while it may be therapeutic for participants, is not designed to serve as therapy. The process group is designed as a “here and now” experience focusing on how a person functions in the immediate moment. We ask that all thoughts and feelings towards the other members be put into words. Origins of these thoughts and feelings are also explored. In this venue we are studying resistances to Oedipal level communication. We study how patterns of group form and reform themselves as the members observe both themselves and others within these group patterns. The group leader demonstrates modern group interventions which aim to resolve resistances and foster progressive emotional communication and, when appropriate, explains the underlying theory and the timing of the intervention.

Workshop

The workshop focuses specifically on some aspect of the theme of the weekend using a combination of didactic presentation and experiential material. A reading is assigned for each workshop. The leader then, in whatever way he or she chooses, demonstrates the concepts from the reading through active group process. Specific questions about the theoretical material and how it relates to group leadership are welcomed.

Supervision

In a supportive and collaborative environment, the organizing focus of supervision is the presentation of case material by students. Participants study induced feelings and use parallel process to facilitate the uncovering of where the unidentified resistance lay. The group helps the presenter understand how to move the treatment forward. Associations to the current weekend learning theme as well as discussion of the underlying theory for a particular intervention might be included as it relates to a better understanding of the patient or the group.

Training Group

In the training group the focus is on the development of the professional ego. Interactive responses of the members in a training group are treated as induced feelings. Explorations are directed to identifying these feelings as objective countertransference reactions and then saying “the right things.” These include maturational responses, further explorations, associations and so forth. The training group is designed to help each member to help the other group members to become a better group leader.



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**Weekend Training
Program**

October 19 – 21, 2018

January 25 – 27, 2019

May 3 – 5, 2019

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WEEKEND TRAINING PROGRAM

2018 – 2019

Keep your e-mail address up-to-date to learn

Special Events and Programs

Visit us at www.groupcenter.org