



Cookbooks/Recipes from August's Community Meal

GF = Gluten free

Isa Does It

Muffin Pan Mini Omelets (omit oil) (GF)

Plant-Powered Families

Oatmeal Banana Bites (GF if made with certified GF oats)

The Plantpure Kitchen

Chai Quinoa Porridge (GF)

Chia Seed Pudding (GF)

PlantPure Nation

Mushroom Hash Browns (GF)

ON line-

Apple Spice Pancakes (GF)

<http://plantbasedjane.com/2016/10/apple-spice-pancakes/>

No-Bake Pumpkin Snickerdoodle Bites (GF)

<http://www.runningwithspoons.com/2016/10/22/no-bake-pumpkin-snickerdoodle-bites/>

Oatmeal Breakfast Muffins (GF if made with certified GF oats)

<http://nutritionstudies.org/recipes/dessert/oatmeal-breakfast-muffins/>

Raw Cacao Truffles (GF) (omit oil and salt)

<http://www.onegreenplanet.org/vegan-recipe/raw-cacao-truffles/>

Sandra's Yummy Granola (GF if made with certified GF oats)

<http://www.fullyalivetoday.com/cheese-cake/healthy-recipes/2-uncategorized/244-sandra-s-yummy-granola>

Savvy Vegetarian Fruit Salad (GF)

<http://www.savvyvegetarian.com/vegetarian-recipes/fruit-salad.php>



Sweet Potato Beginnings (GF)

<https://www.drmcDougall.com/health/education/recipes/mcdougall-recipes/?recipe-id=24&recipe-name=Sweet-Potato-Beginnings>

Breakfast Burrito Bake (GF)

<http://www.straightupfood.com/blog/2012/03/19/breakfast-burrito-bake/>

Breakfast Potatoes (GF)

<https://www.forksoverknives.com/recipes/breakfast-potatoes-from-newly-released-cookbook-bravo/#gs.LawOHHk>

Red Cabbage and Mango Slaw (GF)

<http://nutritionstudies.org/recipes/salad/red-cabbage-and-mango-slaw/>

Savory Oatmeal (GF if made with certified GF oats)

<https://www.forksoverknives.com/recipes/savory-oatmeal/#gs.VXfQCLM>

Scrambled Tofu Breakfast Burrito (can be made GF with GF tortillas)

<https://minimalistbaker.com/scrambled-tofu-breakfast-burrito-30-minutes/>

Southwest Lime Corn Salad (GF)

<http://thevegan8.com/2015/05/30/southwest-lime-corn-salad/>

Vegan Breakfast Sausage with Apples and Mushrooms (GF)

<http://nutritionstudies.org/recipes/sides/vegan-breakfast-sausages-apples-shiitakes/>