

June 10th, 2017

MID AMERICA OPEN

TAE KWON-DO CHAMPIONSHIPS

<p style="text-align: center;">Presented By: Grandmaster Kang's Tae Kwon-Do</p> <p style="text-align: center;">Tournament Chairman: Grandmaster Dong Won Kang</p> <p style="text-align: center;">Tournament Directors: Master Bong Kang Grandmaster Jim Pentz</p> <p style="text-align: center;">Assistant Directors: Master: Yong Kang, Vanh Phetsacksith, Ken Tricinella, Carol Tregoning, David Earp</p> <p>Staff: Rick Elliott, Dominique Dandridge, Melinda Dandridge, Jerry Smith, William Henderson, David Giudice, Andreas Bader, Jacob Bader, Rick Cox, Rita Waite</p> <p style="text-align: center;">Location: Union Multipurpose Activity Center 6836 S. Mingo Road Tulsa, OK 74133-3247</p> <p style="text-align: center;">Date: June 10th, 2017</p> <p style="text-align: center;">Schedule: 7:00AM - Registration Begins 8:30AM-11:30AM - Forms and Board Breaking (All Ages) 11:30AM - Opening Ceremony and Demo 12:00PM-5:00PM - Sparring (All Ages beginning with youngest first) *Times may be subject to change by plus or minus one hour.</p> <p style="text-align: center;">Entry Fee: Pre-Registration received by May 18th, 2017 \$80.00 for 1 or 2 events \$10.00 for each additional event \$95.00 for 1 event registration after May 18th.</p> <p style="text-align: center;">Admission: \$8.00 4yrs & under: Free</p> <p style="text-align: center;">For Information Grandmaster Kang's Tae Kwon-Do 6005 S. Mingo Rd. Tulsa, OK 74146 Tel: (918)994-7979 www.kangtkd.net dwkang1@tulsacoxmail.com</p>	<h3 style="text-align: center;">Forms & Sparring Division</h3> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%; vertical-align: top; padding: 2px;"> Men (18-32) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> <td style="width: 33%; vertical-align: top; padding: 2px;"> Executive Senior Men (40+) Women(40+) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> <td style="width: 33%; vertical-align: top; padding: 2px;"> Youth(10-11) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> </tr> <tr> <td style="width: 33%; vertical-align: top; padding: 2px;"> Women (18-32) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> <td style="width: 33%; vertical-align: top; padding: 2px;"> Junior (15-17) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> <td style="width: 33%; vertical-align: top; padding: 2px;"> Youth(8-9) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> </tr> <tr> <td style="width: 33%; vertical-align: top; padding: 2px;"> Senior Men(33-39) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> <td style="width: 33%; vertical-align: top; padding: 2px;"> Cadet (12-14) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> <td style="width: 33%; vertical-align: top; padding: 2px;"> Tots(6-7) Black Red & Brown Blue & Purple Green Yellow & Orange White </td> </tr> <tr> <td style="width: 33%; vertical-align: top; padding: 2px;"> Senior Women (33-39) Black Red & Brown Blue & Purple Green Yellow & Orange </td> <td style="width: 33%; vertical-align: top; padding: 2px;"> Tots(4-5) Black Red & Brown Blue & Purple Green Yellow & Orange </td> <td></td> </tr> </table> <p>Medical Staff: Dr. Patrick Sharp Dr. Robert Marsh Dr. Melinda Dandridge</p> <p>Notes 1. All forms are acceptable in form competition 2. Forms and Fighting division may be combined with one rank/age higher or lower if there are less than 4 competitors in a division. 3. Fighting divisions will be divided by weight 4. Black Belts for division will perform their own Poomsae 5. Boards must be purchased at the tournament venue. 6. Electronic Scoring system will be provided for all rings. Black Belt ages 12 and up will use Daedo and must have appropriate Daedo gloves and socks for sparring competition.</p>	Men (18-32) Black Red & Brown Blue & Purple Green Yellow & Orange White	Executive Senior Men (40+) Women(40+) Black Red & Brown Blue & Purple Green Yellow & Orange White	Youth(10-11) Black Red & Brown Blue & Purple Green Yellow & Orange White	Women (18-32) Black Red & Brown Blue & Purple Green Yellow & Orange White	Junior (15-17) Black Red & Brown Blue & Purple Green Yellow & Orange White	Youth(8-9) Black Red & Brown Blue & Purple Green Yellow & Orange White	Senior Men(33-39) Black Red & Brown Blue & Purple Green Yellow & Orange White	Cadet (12-14) Black Red & Brown Blue & Purple Green Yellow & Orange White	Tots(6-7) Black Red & Brown Blue & Purple Green Yellow & Orange White	Senior Women (33-39) Black Red & Brown Blue & Purple Green Yellow & Orange	Tots(4-5) Black Red & Brown Blue & Purple Green Yellow & Orange		<h3 style="text-align: center;">Events</h3> <p>1. Forms</p> <ul style="list-style-type: none"> • Forms will be scored on a 10 point scale. Up to 4.0 points are awarded for accuracy and 6.0 points for presentation. • Time limit to complete Poomsae is 90 seconds. • Competitors will perform his/her highest known Poomsae. <p>2. Breaking</p> <p>A. Board must be purchased at tournament venue. B. Technical Scoring Criteria</p> <ul style="list-style-type: none"> • Difficulty of technique will be based on the following order of superiority: hand technique, standing kick technique, jump kick technique, kicking technique with spinning motion, jump kick with spinning motion, multiple breaking jump kick, multiple breaking spinning jump kick. • Difficulty of breaking will also be based on the number of boards. • Technique will be based on Accuracy, Speed, and Power • The maximum time to complete the performance is 1 min. • The Maximum number of tries is 2 times. <p>*No breaking glass or concrete. BOARDS ONLY. All boards may be purchased at the tournament venue. Please bring volunteer board holders.</p> <p>3. Sparring</p> <ul style="list-style-type: none"> • Competition Rules will be World Tae Kwon-Do Federation and USA Tae Kwon-Do. • Junior Safety will apply to 11 and under All Belts. • Sparring will consist of 2 one minute rounds for all Color Belts and 11 and under Black Belts. Black Belts 12 and older will have 2 1½ minute rounds. 	<h3 style="text-align: center;">Awards:</h3> <p>Forms, Breaking, Color Belt Sparring, and 11 and under Black Belt Sparring will be placed in divisions of no more than 4 competitors. 1st, 2nd, 3rd, and 4th place will receive a beautiful medal.</p> <p>Competition Rules: World Tae Kwon-Do Federation and USA Tae Kwon-Do 11 & Under All Belts - Junior Safety Rules</p> <p>Eliminations: 12 and older Black Belt Sparring will be single elimination. 11 and under Black Belt and All Color Belt will fight at least 2 matches.</p> <p>Special Notices:</p> <ol style="list-style-type: none"> 1. Coach pass is \$30. If a school brings 10+ competitors, Coach pass is free. 2. Master pass is free for 5th Dan and above. Master pass does not include coaching privileges. 3. *Lunch and dinner provided to all officials and volunteers. 4. * Referees who work all day will receive \$40 or may compete in one event for free. 5. We will be giving away free shirts randomly throughout the day. <p>Equipment Requirements:</p> <ol style="list-style-type: none"> 1. Fist, forearm, shin-instep. 2. Protective Cup 3. Mouthpiece 4. Chest Protector and Headgear 5. Daedo Gloves and Socks (Black Belt 12 and up only) <p>Hotel Accomodations: Renaissance Hotel Tulsa (5 Star Hotel) (918) 307-2600 6808 S 107th E Ave, Tulsa, OK 74133 Special Rate \$109/night if booked by May 18th, 2017 http://bit.ly/ZouYQkV</p>
Men (18-32) Black Red & Brown Blue & Purple Green Yellow & Orange White	Executive Senior Men (40+) Women(40+) Black Red & Brown Blue & Purple Green Yellow & Orange White	Youth(10-11) Black Red & Brown Blue & Purple Green Yellow & Orange White													
Women (18-32) Black Red & Brown Blue & Purple Green Yellow & Orange White	Junior (15-17) Black Red & Brown Blue & Purple Green Yellow & Orange White	Youth(8-9) Black Red & Brown Blue & Purple Green Yellow & Orange White													
Senior Men(33-39) Black Red & Brown Blue & Purple Green Yellow & Orange White	Cadet (12-14) Black Red & Brown Blue & Purple Green Yellow & Orange White	Tots(6-7) Black Red & Brown Blue & Purple Green Yellow & Orange White													
Senior Women (33-39) Black Red & Brown Blue & Purple Green Yellow & Orange	Tots(4-5) Black Red & Brown Blue & Purple Green Yellow & Orange														

