Welcome to Give Up Slavery, the Lent challenge brought to you by The Clewer Initiative. Each week we’ll give you an aspect of modern slavery to read about and take action on. You can do one action, or take it further with a second action that will help you to dig deeper into the issue. Share your thoughts on each week’s challenge on social media with the hashtag: #GiveUpSlavery

Find all the accompanying videos and links at www.theclewerinitiative.org/lent2018

---

**BEFORE LENT STARTS**

Start the challenge by learning a little bit more about what modern slavery is. You can find an introduction to modern slavery in the UK on The Clewer Initiative’s website, or head to Anti-Slavery to read about international slavery.

**ACT** Take the Slavery Footprint quiz and see how many slaves work for you. Share on social media and encourage other people to join in with #GiveUpSlavery.

---

**NOT MY CUP OF TEA**

**1**

**STORY** CNN have done an investigation into labour exploitation in tea production in India. Read the article, or watch the video to learn more.

**ACT** Check if your favourite brand of tea or coffee is ethically sourced. If it isn’t, or you’re not sure, send them an email and ask about it.

**TAKE IT FURTHER** Go to your favourite café and ask if their tea and coffee is ethically sourced. If not, why not?

---

**YOU ARE WHAT YOU EAT**

**2**

**STORY** Read or watch this article and video about men who were exploited on chicken farms in Kent.

**ACT** Invite friends round for dinner and talk about slaves harvesting the food you eat. You can use these questions as prompts if you like.

**TAKE IT FURTHER** Read the Modern Slavery Statement of your supermarket. It should be on the front page of their website. If you can’t find it or don’t understand it, send them an email and ask them some questions.

---

**WHAT NOT TO WEAR**

**3**

**STORY** Watch the trailer for True Cost, a film about the garment industry

**ACT** Share the trailer on social media and ask your friends what they think about it. Do you think about the ‘true cost’ of your clothes?

**TAKE IT FURTHER** Buying second hand clothes is one way to reject fast fashion. So take the charity shop challenge! Go to a charity shop and find yourself an outfit.
PICKED JUST FOR YOU

4

STORY Read this article about women who pick flowers for British shops and supermarkets.

ACT It's Mothers' Day this week. Buy some ethical flowers for your mum or a lovely lady in your life. Take a look at this guide from The Good Shopping Guide to see how different companies measure up.

TAKE IT FURTHER Take a photo of your happy flower recipient with their flowers. Post it on social media and include a message about where you got the flowers and why. (Don't forget to ask them first!)

THE MINERALS IN YOUR POCKET

5

STORY Watch this report from Sky News about child labour being used for cobalt mining. Cobalt is used to make batteries for mobile phones, and laptops.

ACT Find out what your phone manufacturer is doing to prevent slavery in their supply chain by looking at their Modern Slavery Statement, or send them an email and ask.

TAKE IT FURTHER What other gadgets do you have? A TV? A laptop? Get in touch with their manufacturers too. How would this affect your next gadget purchase?

WASHING CARS AND PAINTING NAILS

6

STORY Nails bars and hand car washes are two industries in the UK where modern slavery is suspected to occur regularly. You can read about nail bars here and hand car washes here.

ACT Learn to spot the signs of modern slavery by going to The Clever Initiative website.

TAKE IT FURTHER Print out or make yourself a credit card sized leaflet to go in your wallet, with the signs of slavery and the Modern Slavery Helpline number. You can find one on the resources section of The Clever Initiative's website.

IT'S EASTER! LET'S CELEBRATE GIVING UP SLAVERY

ACT Make a pledge of one thing you’re going to change about your lifestyle following this challenge. Share it on social media with #GiveUpSlavery

TAKE IT FURTHER Make some Easter nests with Fairtrade chocolate, or get yourself a Fairtrade Easter Egg!

Website: www.theclewerinitiative.org
Facebook: www.facebook.com/theclewerinitiative
Twitter: www.twitter.com/theclewer

WE SEE YOU.
THE CLEWER INITIATIVE

This resource was written by The Clewer Initiative, based on one created by the Diocese of Derby.