

Harmony

SKIN & BEAUTY



PROUDLY AWARDED
NZ Beauty Industry Awards 2015/2016

NZ'S BEST NEW BUSINESS

Your journey begins . . .

*“From Harmony, from
heavn’ly harmony, this
universal frame began”*

I invite you to have an experience like no other, let your senses be awakened and begin your journey of serenity and relaxation from the moment you step inside.

Located in the heart of beautiful Central Otago, our clinic can offer you total relaxation, time out and pampering, or if you have specific skin concerns our expertly trained skin therapists are ready to work with you to achieve the highest results.

Let your journey begin

Sophie Chalmers CIDESCO ITEC
Dip Beauty Therapy and Applied Aesthetics Dip Spa Therapies
Owner / Senior Therapist
NZ Therapist of the Year 2015 / 2016



Mission Statement:

At Harmony Skin and Beauty we aim to meet all expectations and offer clients service of a high standard. Our client-therapist relationship is built up through education, honesty and trust. We are committed to regular ongoing training to update our skills and knowledge, and offer the latest in technology and skin science to give the client results they couldn't get elsewhere. If it is relaxation or results you require, our therapists will provide you with the highest quality care.

Facial Rituals

Your treatment will be exactly what you need - enjoy the comfort of our warm spa beds and let the expert eye of a professional skin therapist lead you through relaxation, wondrous massage and skin correction.

Holistic Skin Diagnosis

1 hour | \$90

At Harmony we take a professional results orientated approach to your skincare. Our therapists are committed to identifying your concerns and needs ensuring you receive the best treatment plan and appropriate advice to achieve ultimate skin health. Our consultation includes cleanse, product application and discussion about the history of your skin, nutrition, lifestyle and previous and current skin care regime. \$35 off product purchase on the day is offered with your Skin Diagnosis.

Homecare Consultation

15 minutes | \$35

This is a consultation to ensure your homecare products meet your skins needs.

Welcome Facial

75 minutes | \$135

Let us give your skin the treatment it deserves with our bespoke facial for first time clients. After a thorough consultation and skin diagnosis, your therapist will personally customise this facial to your needs using a combination of techniques, ingredients and modalities for instant skin renewal.

Vino Therapy Spa Facial

75 minutes | \$120

A rejuvenating treatment to deeply renew, replenish and repair. Enriched with offerings of pure Shiraz wine, grape seed and antioxidant rich resveratrol - the potent free radical fighter. Formulated to protect skin from ageing while targeting skin tone, texture and fine lines.

Apple Collagen Spa Facial

1 hour | \$105

A skin plumping treatment drawing on pure organic apples to re-define skin surface for glowing radiance. An exotic blend of fruit enzymes, silk peptides and marine collagen deliver a firmer and more luminous complexion.

Triple Berry Spa Facial

45 minutes | \$90

An antioxidant berry blend of raspberry, strawberry and blueberry whipped into a rejuvenating concentrate. A multi B vitamin infusion which visibly targets problematic skin to correct and regenerate the complexion.



O Cosmetics Pro Dermal Treatment

45 minutes \$130 | 1 hour \$140

Dermal planning skin peel treatments are used to transform the skin and achieve cell optimisation. **O** uses the purest combination of medical grade ingredients and cosmetic science to offer intense skin changing results, skin youth, health and renewal.

Facial includes Pro Dermal Peel, soothing Alginate Mask and customised massage.

Power Peel

30 minutes | \$99

The serious re-surfacing peel designed for those looking for intense skin correction and transformation. Clinical Skin Diagnosis with your therapist is required before this treatment.

LED Dynamic Photo Facial

45 minutes \$75 | Series of 6 Treatments \$390

LED Light Therapy is the use of wavelengths of visible light (seen as different colours) to promote the skins natural responses and healing. Perfect for every skin type at any age, regular LED facials offer results for many skin conditions including acne, eczema, rosacea, and scarring.



Dermapen

Full Face \$350 | Series of 3 treatments \$999

Dermapen works with the deep fibres under the skin which may have been traumatised by acne, surgery or simply ageing. Completely comfortable, this treatment is unlike any other in its class as there is no heat, therefore significantly reducing downtime but giving exceptional results. Used to treat scarring, lines & wrinkles, open pores, sagging, sun damage, redness and dull devitalised skin, this popular treatment will give instant skin rejuvenation from the inside out.

Skin DNA

Test and Full Report | \$295

SkinDNA™ is a revolutionary DNA laboratory test that examines 16 genetic markers (SNPs) in 5 categories associated with skin aging.

- Firmness + Elasticity
- Sun Damage + Pigmentation
- Sensitivity + Inflammation
- Wrinkling (A.G.E)
- Free Radical Damage

Your DNA results are used to scientifically create a personalised guide providing you with a unique regime tailored specifically to you. This allows you to advance beyond the 'one-size-fits-all' suggestions using the right skincare ingredients targeted to your own genetic blueprint, ensuring you never waste a single cent on products or treatments that don't work for you again.

Dermaplaning

30 minutes \$40 | 1 hour \$80

A simple and safe treatment for facial exfoliation and removing fine vellus hair, also known as 'peach fuzz'. Provides an alternative for the client with extremely sensitive skin, redness or rosacea. A noticeable improvement is immediate with smoother texture and a fresh skin appearance.

Rebalance Facial

30 minutes \$69

Designed specifically to refresh tired skin. A deep cleanse, followed by a mini peel mask to leave skin awakened and healthy. Perfect for teenagers, those on a lunchbreak or anyone in need of instant repair.

UPGRADES

Add on LED to any Facial | 30 minutes \$40

Add Spa Massage | 15 minutes \$25

Add Anti-Ageing Eye Treatment | 15 minutes \$35

S-IPL Permanent Hair Reduction and Skin Rejuvenation

No total body makeover is complete without smooth, silky, hair free skin. Usually this has meant a long-term and laborious relationship with waxing and shaving - now, that could be a thing of the past.

The Adéna S-IPL Technology is one of the only machines in the world with a patent to successfully reduce white, blonde, brown, grey and red hair. As well as this, the Adéna also treats:

- Collagen Production, firming fine lines and wrinkles
- Dark Hair removal on most skin types
- Skin Rejuvenation and Anti-ageing
- Acne and Rosacea
- Sun damage and Pigmentation
- Broken or Damaged Capillaries

This revolutionary treatment not only reduces hair, but also treats most skin conditions. The light action impacts the skin texture by restimulating the activity of fibroblasts for a restructuring, lifting, revitalising and toning effect. The treatment is both non-invasive and comfortable. With safety being a high priority, our fully qualified therapists are focused on getting the best results for you.

Consultation is required for all S-IPL treatments including Permanent Hair Reduction and Skin Rejuvenation. Consultation includes a treatment plan, patch test, home care advice and quote.

S-IPL Consultation 30minutes \$25

Redeemable at first S-IPL treatment when booked on the day.



Massage Rituals

A relaxing foot soak begins your massage experience - let our therapists take you to the next level of relaxation.

Relaxation or Deep Tissue

30 minutes \$59 | 45 minutes \$75 | 1 hour \$90 | 90 minutes \$125

Massage is perfect to help relax, improve wellbeing, reduce stress and general body tension. Let your therapist tailor-make a massage just for you.

ADD ON Aromatherapy \$10

Let your senses choose the right oils for your experience.

Pregnancy

1 hour \$90

For expectant mums after the first trimester, nurture yourself and baby with this calming massage performed using body pillows enabling you to relax comfortably on your side.

Hot Stone Massage

75 minutes \$129 | 90 minutes \$145

This is a unique and deeply relaxing ritual that will harmonise and balance your entire energy flow. The warming stones, with their mineralising qualities, will de-stress your body, stimulate circulation and encourage positive energy flow. When the breath is steady, so is the mind.



Indian Head Massage

45 minutes \$75

Great for relieving the stress and tension in our everyday lives, this massage is an invigorating treatment working in the upper back, neck, head and face. Perfect for those who work at a desk, use computers or anyone who suffers from aching shoulders or headaches.

Sole Escape

45 minutes \$69

This foot and lower leg massage combines spa reflexology techniques to restore the flow of energy and ease tired muscles.

We invite you to make use of our shower facilities with hair dryer and straighteners after any massage or body treatment. Before rushing back to the real world take some time to regroup your thoughts in our relaxation room with your choice of herbal tea or glass of water.



GINGER&me

This decadent and results driven body range is based on Australian native ingredients and cosmeceutical strength actives to make a visible skin difference. With messages of hope and inspiration - Be Happy, Be Brave, Be Grateful, this range is dedicated to the celebration of life.

Be Happy

90 minutes | \$150

Pamper your skin and soul with the flavours of Orange Blossom, Jasmine, Blackcurrant, Pear and Vanilla to unwind and refresh a tired mind.

Full Body Brush | Full Body Scrub | Full Body Massage

Be Grateful

1 hour | \$95

Take the time to indulge with natural flavours of Coconut Essence, used to soothe the soul and support the skin.

Back Scrub | Back Massage | Arm Hand and Neck Massage

Be Brave

45 minutes | \$90

Rejuvenate your skin with the flavours of Lychee and Guava. Including full body peel, this treatment focuses on the removal of dry flaky skin leaving it youthful, silky soft and glowing.

Full Body Scrub | Full Body Peel | Full Body Crème Hydration



PURE FIJI

Body Rituals

These unique spa rituals reflect the beauty, spirit and traditions of Fiji. The exotic treatments are designed to utilize the islands' natural resources - breathe deep and be transported far away to the tropical Fiji Islands.

Harmony Paradise

2.25 hours | \$199

Designed to hydrate, nourish and strengthen skin, this moisturising ritual high in antioxidants and vitamins leaves your body soothed and replenished.

Full Body Scrub | Full Body Wrap | Full Body Massage

Island Revival

1 hour | \$110

A signature treatment to restore the appearance of youthful toned skin. Feel cocooned in warmth while your therapist transports you to a tropical paradise.

Full Body Scrub | Full Body Wrap | Hot Oil Scalp Massage

Coconut Body Glow

30 minutes | \$65

Cleanse, polish and protect your skin.

Full Body Scrub | Full Body Crème Hydration



Spa Rituals

Bliss

75 minutes | \$125

A refreshing pamper designed to ease tension, perfect for the client in need of a pick me up.

Back Neck and Shoulder Massage | Triple Berry Spa Facial

Me Time

75 minutes | \$115

A comforting package for maximum relaxation, this treatment will leave you walking on a cloud.

Back Neck and Shoulder Massage | Classic Pedicure

Couples Paradise

90 minutes | \$145pp

Enjoy some relaxing time together in our double spa room. Bubbles and chocolate complimentary.

Full Body Massage | Foot Revival

Harmony on the Trail

2.25 hours | \$185

Designed to target specific muscles used on the bike, finishing with a hydration facial to soothe tired sunkissed skin.

Full Body Scrub | Full Body Massage | Apple Collagen Spa Facial

Ultimate Tranquility

3.75 hours | \$350

Feel totally indulged with this package of our most pampering treatments. Absolute luxury from top to toe.

Full Body Scrub | Full Body Wrap | Indian Head Massage | Hot Stone Massage | Luxury Pedicure

Sparties

'Unique to Harmony Skin and Beauty'

Our treatment rooms are set up to allow you to share in pamper with your friends, or host your own private 'sparty'. Let us arrange an experience you and your friends will never forget, perfect for birthdays, special events or hens parties. You are invited to the most luxurious, relaxing get together ever.

You can choose from:

Facials | Massage | Manicures and Pedicures
Makeup Lessons | Special Occasion Makeup

Platters may be arranged on request. A complimentary glass of bubbles is provided alongside your choice of non-alcoholic beverages. To Sparty we require a minimum of three people per group.



Hand and Feet Rituals

We use only the finest quality products to ensure you receive the highest standard of treatment. Hygiene is paramount for us and all equipment is sterilised to Industry Standards before every treatment. Our Hand and Feet rituals are designed with pamper in mind so you never feel rushed. Sit back, relax and let us give your nails the care they deserve. Nail files used in your treatment are yours to take home.

Classic Manicure

45 minutes | \$65

Restore and rejuvenate your hands and nails - unwind with a hand and arm exfoliation and massage, finishing with your choice of polish.

Luxury Manicure

1 hour | \$89

An aroma infused hand bath followed by nourishing mask and massage - give your hands the royal treatment.

Classic Pedicure

45 minutes | \$69

Total care is given to relieve tired feet. Indulge in a relaxing foot scrub, smoothed heels, massage and polished perfection.

Luxury Pedicure

1 hour | \$95

Drift away while your feet are taken to heaven and back with a luxurious foot massage and deluxe mask that leaves heels soft.

Faby Gel Removal 30 minutes \$30

Faby Gel Removal and Re-Application (no manicure) 45 minutes \$45

ADD ON

French Polish 15 minutes \$15 | Pedi Peel \$15

Faby Gel to any Manicure or Pedicure \$20

Spray Tanning

Vani T's tan is famous for its 'just off the beach' glow. It is the most believable, flawless, long lasting tan imaginable.

Half Body 15 minutes \$40 | Full Body 30 minutes \$55

Full Body Scrub and Tan 45 minutes \$90

Eyelash Extensions

A great way to add volume and length to your natural lash, using an efficient and painfree technique to ensure the most beautiful look.

Flares 15 minutes \$45 | Half Set 30 minutes \$65

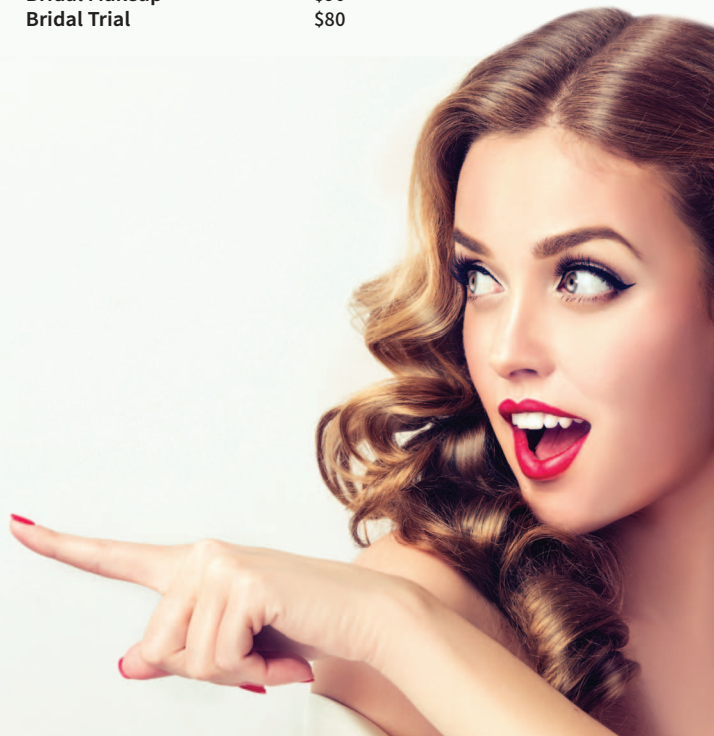
Full Set 45 minutes \$85

Makeup

Our relaxation room is a special area designed to allow you to enjoy a private makeup consultation and sample our products with your makeup artist.

Mobile makeup services for weddings and events are also available, enquiries welcome.

Special Occasion Makeup	\$75
Formal / Ball Makeup	\$60
Bridal Party	\$80
Bridal Makeup	\$90
Bridal Trial	\$80



The Essentials

Brow Shape	\$22
Lip	\$15
Chin	\$17
Lip and Chin	\$25
Half Face	\$35
Brow Shape and Upper Lip	\$32
Underarm	\$28
Forearm	\$30
Full Arm	\$40
Half Leg	\$40
Thigh	\$45
Full Leg	\$60
Bikini	\$30
Extended Bikini	\$39
Brazilian	\$55
Toes	\$5
Nose	\$5
Nape	\$17

Harmony Man - Please see Men's Treatment Menu for Waxing.



HARMONY MAN

Designer Eyes

Brow Shape	\$22
Eyelash Tint	\$27
Brow Tint	\$20
Eyelash Tint and Brow Shape	\$40
Eyelash Tint and Brow Tint	\$35
Brow Shape and Tint	\$33
Eye Enhancement	\$45

Tweens Treatments

Designed for young ladies beginning their Harmony experience.
(Up to 16 years only, please mention on booking to receive Tweens pricing)

Brow Shape	\$18
Forearm	\$25
Underarm	\$20
Bikini	\$23
Half Leg	\$32
Eyelash Tint	\$24
Eyelash Tint and Brow Shape	\$32

The Little Extras

Arrival

Welcome to Harmony! We have taken the time to ensure each element of your journey with us offers complete relaxation. Upon arrival you will be offered a freshly infused tea or water in our Relaxation Lounge while you complete our Client Consult Form. We recommend arriving 15 minutes prior to receive the most from your time with us, and please switch your mobile off or onto silent while in the clinic.

High Performance Actives

Our products are used throughout our rituals to deliver immediate and visible results. Please advise your Therapist of any sensitivities, pregnancy and medications so we can ensure your safety and comfort at all times.

Professional Therapists

Each of our qualified therapists are highly trained to meet the exacting standards of a Harmony ritual. Along with Diploma qualifications, our Therapists have a passion for holistic health and wellbeing. Your Harmony therapist is with you during your entire treatment to ensure an indulgent and personalised experience.

Homecare Advice

Your therapist is trained to anticipate your needs and comfort throughout your time with us, and offer advice and recommendations on skin care. Effective homecare advice will maximise results between your Harmony treatments.

The Gift of Giving

Our Gift Vouchers are beautifully presented for someone who deserves a luxurious treat. These may be purchased from the clinic, via phone, email or from our website. We offer courier delivery for all our products including Gift Vouchers to any destination within NZ. A courier fee will apply.

Harmony Rewards

As a thankyou to our loyal clients, Harmony will gift you with bonus points on treatment and product purchases. It is a simple way of rewarding you for choosing Harmony Skin and Beauty as the clinic for all your beauty needs.

Bookings & Cancellations

Time is not only valuable to us, but also valuable to other clients. If you have to cancel an appointment please give us 24 hours notice. Our answerphone, email and website are available for bookings and / or cancellations outside of opening hours. If less than 4 hours notice is given on appointments a charge will incur.

Prices apply from 1st May 2017 and are subject to change without notice.



Harmony

SKIN & BEAUTY

Hours:

Monday, Wednesday, Friday: 9am - 6pm

Tuesday and Thursday: 9am - 8pm

Saturday: 9am - close

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Check us out on
Facebook, Pinterest or Instagram!

