

# CLASS SCHEDULE

\*SEASONAL COMPETITION CLASS WILL BE ADDED TO PREPARE FOR UPCOMING TOURNAMENT EVENTS

|         | MON                   | TUES                   | WED                   | THU                    | FRI                             | SAT                     | SUN                    |
|---------|-----------------------|------------------------|-----------------------|------------------------|---------------------------------|-------------------------|------------------------|
| 6:00AM  | 6AM<br>BASICS GI      |                        | 6AM<br>BASICS GI      |                        | 6AM<br>BASICS GI                |                         |                        |
| 7:00AM  |                       |                        |                       |                        |                                 |                         |                        |
| 8:00AM  |                       |                        |                       |                        |                                 |                         |                        |
| 9:00AM  |                       |                        |                       |                        |                                 |                         |                        |
| 10:00AM |                       |                        |                       |                        |                                 |                         |                        |
| 11:00AM | 11AM<br>BASICS NO GI  |                        | 11AM<br>BASICS NO GI  |                        |                                 | 10:30PM<br>DYNAMICS GI  | 11AM<br>OPEN MAT       |
| 12:00PM | 12PM<br>OPEN MAT      |                        | 12PM<br>OPEN MAT      |                        |                                 | 11:30AM<br>MODERN NO GI | SUCKER FREE<br>SUNDAYS |
| 1:00PM  |                       |                        |                       |                        | 12PM<br>COMPETITION<br>TRAINING |                         |                        |
| 2:00PM  |                       |                        |                       |                        |                                 |                         |                        |
| 3:00PM  |                       |                        |                       |                        |                                 |                         |                        |
| 4:00PM  |                       |                        |                       |                        |                                 |                         |                        |
| 5:00PM  | 5PM<br>OPEN MAT       | 5PM<br>OPEN MAT        | 5PM<br>OPEN MAT       | 5PM<br>OPEN MAT        | 5PM<br>OPEN MAT                 |                         |                        |
| 6:00PM  | 6PM<br>DYNAMICS NO GI | 6PM<br>DYNAMICS GI     | 6PM<br>DYNAMICS NO GI | 6PM<br>DYNAMICS GI     | 6PM<br>BASICS GI                |                         |                        |
| 7:00PM  | 7PM OPEN MAT          | 7PM OPEN MAT           | 7PM OPEN MAT          | 7PM OPEN MAT           | 7PM<br>MODERN NO GI             |                         |                        |
| 8:00PM  | 7:30PM<br>MODERN GI   | 7:30PM<br>MODERN NO GI | 7:30PM<br>MODERN GI   | 7:30PM<br>MODERN NO GI |                                 |                         |                        |
| 9:00PM  |                       | 8:30PM<br>BASICS GI    | 8:30PM<br>BASICS GI   | 8:30PM<br>BASICS GI    |                                 |                         |                        |