

The Grind Podcast

Episode 4 – Reimagining Work for Women

Launch Date: 10/26/2017



Episode Description: Managing many different parts of a woman's life – from taking care of children to dedicating yourself to a job, can be really taxing. In this episode, The Grind will explore how women can be successful in multiple facets of their lives – including work.

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Episode Length: 25 minutes

Activity Length: 35 minutes

On The Grind: How can workplaces be inclusive of diverse types of workers?

- This TED talk: [Why We Have Too Few Women Leaders](#)
- This article: [The Benefits Women Actually Want in the Workplace](#)

Reflect: What are the ways that you see the workplace being inhibitive for women? What are ways that you see the workplace becoming more equitable for women who would like flexibility?

Connect: Ask questions and post feedback about this episode here: [The Grind Podcast](#)

Resources: Check out these resources to go along with the episode:

- This article: [How Men & Women See the Workplace Differently](#)

Featured Voices:



Amina Sheikh

AMINA is a planner. She grew up as the only Somali in her elementary school in Dubai living a life rigidly planned for her by her father. The financial crisis upended that plan and landed her in Seattle in school with boys and white people for the first time.

Now she's a senior at the University of Washington and structures her time to the minute. For the first part of this season, we'll follow Amina as she strives to reach her career goal: medical school.

About the Guest:



Annie Dean

Annie Dean is the Co-Founder and Co-Chief Executive Officer at Werk. Werk is a new type of job marketplace for ambitious women job seekers looking for real opportunities that can be flexible to meet the needs of the modern day working woman. A former corporate attorney, Annie was inspired to create a platform where women can find jobs that meet them where they are that without sacrificing their career trajectories.