Geeske Peeters, PhD

Atlantic Fellow at GBHI
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Home Country: Netherlands
Field of Employment: Public Health & Preventive Medicine

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Professional Website

Key Areas: musculoskeletal health, fall prevention, functional decline

Given the high prevalence, burden, and costs, falls are a major problem in older adults. Geeske Peeters is interested in preventing risk factors in mid-age adults as a potentially effective way to reduce falls later in life. Promotion of healthy lifestyles throughout life is important to maximize current function and delay future decline. Already active in the international research community, Peeters will use her GBHI fellowship time to develop an interdisciplinary network to help deliver proven preventative strategies to the people that need them. She will work with experts in the delivery of public health campaigns, health behavior, communications, policy makers, and industry. Although her focus is on the prevention of falls, the benefits of prevented fall risk factors are likely to extend beyond reduced falls and injuries, and also contribute to maintaining cognitive functioning, independence, and wellbeing.

"Transformative brain health work leads to a life-course approach to health aging. The benefits of prevented cognitive and physical risk factors contribute to maintaining cognitive and physical functioning, independence, and quality of life at older ages."

Bio: Geeske Peeters defended her doctoral thesis titled “Prevention of falling in older persons with a high risk of recurrent falling” at the Institute for Health and Care Research (EMGO+) of the Vrije University Medical Center, Amsterdam. After her postdoctoral training at the University of Queensland in Australia, Peeters became a senior research fellow at the School of Public Health and Preventive Medicine, Monash University, Melbourne, Victoria, Australia.