

# WELCOME AT FEEL GOOD!

Sit back, relax and have a good time.

Do you love healthy comfort food, peace, connection, music and a personal approach?

Then you've come to the right place.

We are passionate about making the world a more healthy and beautiful place. Everything we do is based on love for people and nature. Our hearts start beating faster at the look of fresh pineapples, beautiful pumpkins, and all other veggies and fruits nature provides us with.

Our dishes are homemade, freshly prepared with natural ingredients. We do not use reffined sugars and our ingredients preferrably originate from local farmers or are organically produced. Are you vegan, do you have an allergy or a certain wish? Many dishes can be adjusted to your preferences, just ask!

ALL WE DO AT FEEL GOOD IS WORK WITH LOVE AND ATTENTION FOR PEOPLE AND NATURE

# DRINKS

Americano	2.8
Cappuccino	3.5
Coco Cappuccino	3.8
Oat Cappuccino	3.8
Espresso	2.8
Double Espresso	3.5
Essentials tea	3.0
Fresh mint tea	3.5
Fresh ginger tea	3.5
Rosemary-lavender tea	3.5
Golden Milk (Oat milk)	4.0
Chai Latte	4.0
Matcha Latte	4.5
Hot Coco Choco	3.8
Homemade Ice Tea	3.0
Fresh Orange juice	3.5
Fritz Soda	2.8
Orange/coke/lemon/rhubarb	
Still/Sparkling water	2.5
Still/Sparkling water large	4.0

## **JUICES**

Immune Booster	5.5
Ginger, beetroot, carrot, orange, lemon	
Mean Green	5.5
All veggies that we can find, with a little fruit and lime	
Strawberry Mojito	5.5
Apple, fennel, strawberry, lime, mint	
Feel Good Fuel	6.0
Carrot, turmeric, orange, pineapple, ginger	
Pink Power Juice	6.0
Strawberry, avocado, celery, apple, beetroot	
<b>SMOOTHIES</b>	
Mangoloco	6.5
	0.0
Mango, cashew, dates, coconut milk, lime	6.0
Bloody Berry	0.0
(Blood)orange, blueberry, grapefruit, raspberry, beetroot	
Hi Blueberry	5.5
Blueberries, orange juice, banana, almond milk, lemon	
Hangover Heaven	5.5
Avocado, banana, orange, lemon	
Raspberry Pina Colada	6.0
Raspberries, pineapple, banana, lime, coconut milk	

### SHOTS

Immunizer		3.0
Ginger, apple, lemon		
Dragon Breath		3.0
Ginger, chilli, beetroot, apple		

### **CAKES & SWEETS**

Black Bean Brownie	3.0
Banana Bread 👙	3.0
Carrot Cake 👙 🗂 🙆	4.0
Vegan Brownie	3.5
Cake of the Day	4.5
Blondie	4.0
Vegan Chocolate Mousse	4.5















# INSTAGRAM

@FEELGOODGRONINGEN



### **ALL DAY BREAKFAST**

MON-THU 10-19 FRI-SUN 10-17 🔯

American Chocolate Pancakes 😫 🕒 🔴	9.5
Topped with banana, homemade Nutella, coconut and dates.	
Banana Pancakes 😺 👙	8.5
With fresh fruit and agave syrup.	
Bali Breakfast 👙 🗂	11.5
Scrambled eggs, avocado, grilled veggies, tomato,	
mushroom-truffle salsa and toasted bread.	
Acai Bowl 🐼 🗈	9.5
A bowl with iced acai, banana, topped with granola and fresh fruits.	
Banana Bread & Fruit 🐼 👙 🔊	6.0









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### FEEL GOOD BOWLS

MON-THU 10-19 FRI-SUN 10-17 🙋

Vegan Chicken Teriyaki Bowl	13.5
This lovely bowl contains a lot of love and vegan superpowers.	
With Vegan Chicken, rice, avocado, broccoli, delicious peanut-sesame	
dressing, oriental vegetables and sprouts.	
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Rainbow Buddha Bowl	13.5
Relax like a buddha - nothing is in control anyway. Enjoy this	
lovely bowl with beautiful beluga lentils, avocado, roasted veggies,	
beet hummus, coriander-coconut dressing and black sesame. It's a	
buddhaful day!	13.5
Perfect Pumpkin Bowl	
This is love at first bite. A nice and warm bowl starring quinoa,	
pumpkin, mushrooms, hazelnut pesto, feta, spinach, cranberries and	
sunflower seeds.	13.5
Mexican Burrito Bowl	
Caramba! Let's heat it up with this nice and spicy bowl. With sweet	
potato, guacamole, rice, beans, tomato, corn, coriander and lime.	
Served with a honey mustard dressing. Que aproveche!	

### MEALS

### MON-THU 10-19 FRI-SUN 10-17 💯

Feel Good Burger 🥒 🐞	9.5
The best vegan burger in town! A homemade quinoa-nutburger	
on a speltbun, with tomato, pickle, greens and a lovely homemade	
harissasalsa. Complete it yourself:	
Avocado	1.5
Salad instead of bread	2.5
Veggiechips	3.0
Fried egg	1.0
Extra veggies	3.0
Feta	2.0
Avocado Toast  Crispy toast with avocadosmash, a poached egg, coriander, feta	9.5
Veggie Sandwich  Try to find your sandwich under the pile of fresh baked veggies.	9.5
with on top avocado. Served with hummus. (Hint: very good with vegan chicken!)  Vegan Chicken Kebab Wrap	10.0
Delicious wrap with vegan chicken, crispy lettuce, pickle, veggies,	10.0
garlic sauce nicely packed in a whole wheat wrap.	
Goat & Honey 👙 🔊 📩	8.5
Freshly baked sourdough bread with warm goat cheese, honey and	
a load of walnuts	

### HIGH TEA 21.50 p.p.

Come and enjoy a delicious healthy high tea. With homemade sweet and savory snacks such as brownies, carrot cake, avocado toast, banana bread, blondies, sandwiches, fresh fruit and juices. With unlimited (all types of) tea. (from 2 persons, only by reservation)

### BALI BREAKFAST DEAL 15,50

Between 10.00 - 12.00

p.p.

This brunch includes scrambled eggs, avocado toast, mushroom truffle salsa, fresh baked vegetables, fresh OJ, and a choice of coffee or tea.

### FEEL GOOD LUNCH DEAL 17,50

Between 12.00 - 14.00

p.p.

A table full of the Feel Good Favs! Such as avocado toast, mini burgers, a Feel Good bowl, the Mangoloco smoothie and a choice of coffee or tea.

### A JUICE A DAY KEEPS THE DOCTOR AWAY



www.feelgoodgroningen.nl