Little Bit
THERAPEUTIC RIDING CENTER
DUNMIRE STABLES

2015 Annual Report
Mission

Our mission is to improve the bodies, minds, and spirits of children and adults with disabilities through equine-assisted therapies and activities, and to be an inspiration and educational resource to the therapeutic riding profession, both regionally and nationally.

Letter FROM PRESIDENT & EXECUTIVE DIRECTOR

On behalf of the board, staff, volunteers, participants, and families, we would like to thank you for your ongoing support of our mission to serve children and adults with disabilities through equine-assisted therapies and activities.

For our riders, Little Bit continues to be a community that offers a meaningful place of connection and growth. With certified instructors, licensed therapists, more than 1,000 volunteers, and 20 therapy horses, our participants experience a weekly therapeutic and recreational activity that improves daily functioning and leads to happier, healthier lives.

In 2015, the support of our community enabled us to provide 7,675 individual sessions to 283 participants. Our annual horse show hosted 91 riders who were proud to demonstrate their riding skills and creativity to family and friends and 48 riders of all abilities experienced a fun-filled session of horsemanship at Summer Camp. To fulfill the second half of our mission, Little Bit educated 63 individuals through industry trainings, internships, and observation of our programs.

This year our Board of Directors and staff renewed their commitment to evaluating the long-term sustainability and strategic direction of our programs, evolving our financial model in order to secure the future of Little Bit. Additionally, we continually assess the cost structure of Dunmire Stables and identify the most efficient ways to operate and maintain this remarkable facility for participants for years to come.

Demand for our services drives our need for innovative and flexible programs. As a leader in the therapeutic riding industry, Little Bit continues to develop and share industry best practices in program delivery and equine management. In 2015, 59 new participants started our therapy and adaptive riding programs. We anticipate this demand will continue as therapeutic riding is increasingly viewed as a meaningful activity to serve individuals of all ages and abilities.

We are grateful for your support and look forward to partnering with you in 2016 as we celebrate our 40th anniversary. If you have not recently made a visit to Dunmire Stables, we encourage you to schedule a time to stop by to see our programs in action and meet our dedicated staff, volunteers, horses, and accomplished riders.

Sincerely,

Michael Gaberman     Jeff Nomura, CPA
President, Board of Directors    Executive Director

VALUES

› Demonstrate Leadership
› Inspire Engagement
› Develop Potential
› Promote Dignity and Respect
› Drive Excellence in Service
› Cultivate Communities
Leo’s STORY

Leo, age 12, has dark brown hair and brown eyes that light up when he smiles or laughs. Leo was born with cerebral palsy which greatly affects his ability to sit up, stand, or move independently. At a young age, he underwent hip surgery to try to keep his hips from dislocating and a feeding tube was connected in order to maintain Leo’s weight. Since he was young, Leo has attended physical and occupational therapy treatments, but grew increasingly resistant to traditional therapy treatments. Due to his health challenges, Leo also struggled with depression and anxiety.

Leo made his way to Little Bit after his mother saw a television program about therapeutic riding and Leo’s therapist recommended equine-assisted therapy. When Leo started riding at Little Bit in 2015, his core balance and strength in his legs began to immediately improve. For instance, he was able to sit independently for 20 minutes on a couch. He loved getting to know his horse, Zorro. After several months, Leo’s depression and anxiety began to decrease, and his mother saw a new desire to thrive which included an increased appetite.

Since Leo started therapy at Little Bit, he is now stronger, less anxious and depressed, and generally happier about life, as well as attending therapy treatments. The biggest change for Leo is that the doctors saw such a remarkable improvement that they surgically removed his feeding tube.

This is just one of the hundreds of stories that we could share about how Little Bit is changing the lives of individuals with disabilities, providing a new hope, less anxiety, and a place to belong. Like Leo has shown us, small weekly improvements lead to big results which allow both Leo and his family to lead a healthier, happier life.

Program DESCRIPTIONS

EQUINE-ASSISTED THERAPY

We provide occupational, speech and physical therapy. A typical therapy session takes place on the back of the horse, in our on-site treatment room, and in the natural environment of the barn. Equine-assisted therapy incorporates equine activities and/or the equine environment. Hippotherapy is a physical, occupational, and speech-language therapy treatment strategy that utilizes equine movement as part of an integrated intervention program to achieve functional outcomes. The therapist uses the movement of the horse to address the patient’s challenges, such as deficits in balance, strength, endurance, coordination, communication, and attention. The goals are geared toward independence with activities of daily living and increased participation in family, school, and community life.

ADAPTIVE RIDING

Adaptive Riding focuses on increasing individual riding skills while gaining a therapeutic benefit. The goals set for each rider vary as much as the riders do. Improved physical strength, muscle tone, balance, mobility, and hand-eye coordination are some of the visibly enhanced skills. The more subtle improvements are fortified self-esteem, self-control, and self-confidence. Peer interaction and social skills are also developed in this unique setting.

Horse SHOWS

The Pat Flynn Memorial Horse Show, established in 1987, is named in honor of Little Bit rider Pat Flynn who was diagnosed with multiple sclerosis at age 25. Pat is remembered for her courage and perseverance in the face of adversity. The show sets the stage for a joyful celebration of people’s abilities, rather than disabilities. Riders work on their riding skills throughout the year, and the horse show is a culmination of a year’s worth of learning. In 2015, we had 71 riders compete in the Pat Flynn Show.

The Margo O’Callaghan Memorial Dressage Show, established in 2007, is named in honor of Little Bit rider Margo O’Callaghan who was a teacher, friend, and advocate for therapeutic riding. This show provides a venue for riders who are still developing their dressage skills (and may still ride with aides) and for the highly experienced riders looking to compete alongside their peers in a setting where all riders will be judged on their performance alone, regardless of ability or disability. In 2015, we had 20 riders compete in the Margo Show.
2015 EVENT Highlights

30th Annual Reins of Life Auction
› Approximately 300 guests enjoyed great food, wonderful company, and giving generously at the “Venetian Nights” themed auction.
› A total of $383,000 was raised.

Making Strides Community Breakfast
› Seattle Sounders Head Coach Sigi Schmid was the keynote speaker.
› A total of $48,965 was raised.
› Swinerton Builders was presented with the second annual Corporate Strides Award.

THIRD PARTY Events

Little Bit is proud to be the beneficiary of events hosted by the community. We are grateful for their partnership, and thank all who participated in these events.
› Willows Lodge – Experience Woodinville $7,250
› Redmond Business Showcase – 2nd Annual Golf Tournament $4,596
› Stinky Spoke Mountain Bike Poker Ride $27,750
› Redmond Rotary RedSpoke Bike Ride $5,000

2015 Financials

2015 REVENUES

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tr>
<td>Tuition and Earned Income</td>
<td>$584,102</td>
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<td>Contributions</td>
<td>$425,205</td>
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<td>Community Events and Activities (net)</td>
<td>$349,243</td>
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<td>Other Sources</td>
<td>$3,308</td>
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<td>Total</td>
<td>$1,911,858</td>
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2015 EXPENSES

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<td>Programs</td>
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<td>Fundraising</td>
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<td>Administration</td>
<td>$316,580</td>
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<td>Total</td>
<td>$2,451,928</td>
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ASSETS AND LIABILITIES

At December 31, 2015

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<td>Total Liabilities</td>
<td>956,131</td>
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<td>Net Assets</td>
<td>$9,224,545</td>
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SCHOLARSHIPS

$40,886.46 to 41 unduplicated participants

BOARD OF DIRECTORS 2015

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<tr>
<td>Todd Cowles</td>
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<td>Janet Brown</td>
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<td>Michael Gaberman</td>
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<td>Jeff Gollnick</td>
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<td>Sally Gregg</td>
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<td>Christine Hale</td>
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<td>Ken Kleve</td>
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<td>Elizabeth Leedom</td>
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<td>William Miller</td>
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<td>Jeff Nomura</td>
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<td>John Plasted</td>
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<td>Martin Pearce</td>
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<tr>
<td>Jennifer Sizemore</td>
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ADVISORY BOARD 2015

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<th>Member</th>
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<tr>
<td>Barbara Burnett</td>
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<tr>
<td>Charles Burnett</td>
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<tr>
<td>Robert Fleck, DVM</td>
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<td>Stephen Glass, M.D.</td>
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<td>Ted Herb</td>
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<td>Linda Kelleran</td>
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<td>Katie Knight</td>
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<td>Amanda Madomo</td>
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<tr>
<td>John Merner</td>
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<tr>
<td>Mary-Lou Mishra</td>
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<tr>
<td>Jeff Renner</td>
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<tr>
<td>Jane Tadaro</td>
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<td>Lish Whitson</td>
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CORPORATE STRIDES

Award

Little Bit Therapeutic Riding Center selected Swinerton Builders to receive the 2015 Corporate Strides Award.

In honor of Swinerton’s dedication to exceptional volunteerism, commitment, and ongoing support of the Little Bit mission, Swinerton was presented with the award at our third annual Making Strides Community Breakfast.

“We are so pleased to work with the Swinerton team here at Little Bit,” said Jeff Nomura, Little Bit Interim Executive Director. “Their ongoing commitment to our organization has been exceptional, devoting time and talent toward making the world a better place for people with disabilities. For the past two years The Swinerton Foundation has become a generous donor.”

Swinerton is a proud supporter and has partnered with Little Bit during its companywide 2013, 2014, and 2015 Fall Giving Campaign. The Campaign engages each Swinerton office in a friendly competition to see which location will earn the most points based on collected goods, volunteer hours, and monetary donations for non-profit organizations selected by Swinerton employees.

“The Swinerton Foundation is very proud to support Little Bit, an organization that truly enhances lives in such a unique way,” said Swinerton Vice President, Division Manager Dave Worley. “The passion of our employees combined with their commitment and tremendous efforts have allowed us to raise over $20,000 for a much deserving organization.”

Philosophy OF VOLUNTEER ENGAGEMENT

Volunteers are essential to Little Bit Therapeutic Riding Center’s success. We appreciate the time, skills, and knowledge volunteers contribute. They infuse our organization with energy and passion. Our mission is accomplished by engaging community members as partners, allowing us to achieve a level of service that would otherwise not be possible. To this end, we are committed to recruiting, screening, training, supporting, and empowering volunteers from diverse backgrounds in all aspects of our work. Little Bit staff members dedicate themselves to ensuring our volunteer community remains engaged by providing a meaningful and satisfying experience with timely recognition, opportunities for personal growth, and social engagement.

Volunteer WORK GROUPS

Corporate and community work groups help maintain more than 17 acres of land and several structures and buildings at Dunmire Stables. Teams of volunteers come ready to help with landscaping, weeding, barn repair, fence washing, moving gravel, horse show preparations, and other duties as assigned. Work groups offer Little Bit the opportunity to complete larger projects with many hands in one day’s time.

4H Club - Mazzola
Actelion Pharmaceuticals
City Of Redmond - CITY SERVE
Comcast
Concur
DocuSign
Eastside Academy
Overlake Campus
Eastside Preparatory
FedEx Ground
INCOMM
Kohl’s
Liberty Mutual
Microsoft Corporation
Mortenson Construction
National Association of Asian American Professionals
Salesforce
Sammamish Presbyterian Church
Swinerton Construction
Symetra
Voice/SVP
Washington Conservation Corps
Wyndham World Wide
Volunteers

Since 1976, volunteers have served Little Bit participants and have partnered with staff in a variety of settings. 1,026 volunteers supported the work of staff by contributing their time, talent, and passion to serve our clients, partners, and volunteers in 2015. 27,344 hours were donated in 2015, which is valued at $630,836. The Independent Sector and Allow Little Bit to minimize salary-related program expenses. Volunteers help create a healthy and vibrant community; they are the backbone of Little Bit programs.

If you or someone you know would like more information on joining our dedicated volunteer team, please contact 425-882-1554 or email volunteering@littlebit.org.

Volunteers who make our work possible:

Volunteers make our work possible:

This year we are excited to recognize and celebrate the dedication and commitment of our Little Bit volunteers. We thank them all for their hard work and support.

Sarah Lee
Susan McElwee
Kathleen Birt
Madeleine Matt
Joshua McCune
Praksa Myrn
Jeffrey Burch
Jenny Nettles
Christina Neff
Sarah Nelson
Sallie Nesi
Nima Neshat
Jill Niederer
Christine Nix
Karen Nelson
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Donors

$500,000+

 Chop & Eat About

$250,000-

Microsoft Matching

$100,000-

ABM Technologies

Elizabeth & Elisa

Jorden

Jenifer Family

Foundation

Noriko Family

Mary Riggott

Barbara &

William Family

Ruth

$50,000+

Eric Mileski

Berman

Willian &

Robert

Dennett

Donor

Dorothy &

Rebecca

The
guest

Ann

$50,000+

Elizabeth A.

Lytle

Foundation

Philanthropic

Michael

Young

Lynne

Palacios

Kevin &

Erin

M. Gordon

$25,000-

Lyman

Knutson

Jennifer &

John

$5,000+

Kathy &

Mark

Feinstein

Sue Horner

Donor

Douglas &

Colleen

Mark

D. Wettstein

Michael &

Robert

$100

Cara

Donor

Dana

$25-

Kathleen

M. Gordon

$10-

Donor

Katie

$5-

Donor

Kate

$2-

Donor

Buffy
Little Bit has made every effort to accurately reflect all financial contributions received by the organization in 2015. If we have made an error, please accept our sincere apology and contact us so that we can make any necessary corrections. If your address has changed or you would like to be removed from our mailing list, please contact Erin at 425-882-1554 or ebricker@littlebit.org.