We are very grateful to announce that 2018 was another important milestone for Little Bit. During 2018, we firmly put our past financial challenges behind us. We have now turned our collective efforts toward building for the future. We know with certainty that demand for our services continues to grow. After stabilizing the organization, we turned toward incrementally growing our programs.

Therapy was our first priority due to high demand and because the program naturally feeds our Adaptive program over time. Through the support of our donors in 2018, we added staff positions and created a pediatric therapy gym that is bright, engaging, and full of the latest equipment to help our therapists treat their patients in 2019. We have added horses to the herd that are used by both Adaptive and Therapy programs, but have a higher capacity for use in the Therapy program. We were able to treat adults again for the first time in a number of years, which is an area we hope to continue.

Our Adaptive Riding Program is adding seats in saddles too! In order to grow, we need to attract and retain top staff talent. Finding instructors with the kind of experience we desire is a challenge for us here at Little Bit, so we’re finding better success in “growing our own,” through our intern program. That program was successful in 2018. Another area of growth for the Adaptive program is our Equine-Facilitated Psychotherapy (EFP) program. We began partnerships with two organizations that bring their mental health professionals and their clients here to Little Bit to work with our equine specialists and horses. As we see more demand for these services moving forward, our focus in this area will likely grow.

As we grow our programs incrementally to serve more of our community as was promised during the capital campaign, we are doing so with deliberate thoughtfulness. Again in 2018, our staff and Board demonstrated the discipline needed to meet our budget requirements. The confidence the community has in our ability to do that resulted in additional gifts that helped fuel our success. Meanwhile, we continued to deliver topnotch programs that have high demand in our communities. It’s a recipe for success!

It wouldn’t be possible without the tremendous support we have from the Little Bit family in every corner and around every turn. We are grateful!

Sincerely,

Christine Hale
Chair, Board of Trustees
Executive Director
Little Bit has changed our little boy Luke’s life. It is by far the most effective therapy for a rare genetic condition that he’s been part of, with significant progress from the first three weeks in. Not only is the movement of the horse beneficial but also the relationship he has made with the two horses he’s had (Ronan and Lola) and spending time outdoors, which I believe is a form of therapy, too. We all look forward to coming to Little Bit every week. I find a lot of peace visiting the horses, and Luke’s baby brother has become friends with horse Rosie who we pet and talk to every visit! Luke has made so much progress since we started—we are thankful for Little Bit! —Karen P., Parent

Hippotherapy is a physical, occupational, or speech-language therapy treatment strategy that utilizes equine movement combined with standard techniques and strategies as part of an integrated intervention program to achieve functional outcomes. The physical therapist focuses on skill areas related to gross motor ability such as sitting, standing, and walking. The occupational therapist focuses on areas such as fine motor control, sensory integration, feeding skills, play skills, attention and self-regulation skills, and functional daily living skills. The speech-language pathologist focuses on respiratory function, breath control, oral-motor function targeting articulation, fluency, auditory processing, expressive language, receptive language, and social pragmatics.

“Little Bit has changed our little boy Luke’s life. It is by far the most effective therapy for a rare genetic condition that he’s been part of, with significant progress from the first three weeks in. Not only is the movement of the horse beneficial but also the relationship he has made with the two horses he’s had (Ronan and Lola) and spending time outdoors, which I believe is a form of therapy, too. We all look forward to coming to Little Bit every week. I find a lot of peace visiting the horses, and Luke’s baby brother has become friends with horse Rosie who we pet and talk to every visit! Luke has made so much progress since we started—we are thankful for Little Bit!” —Karen P., Parent

LEARN MORE AT LITTLEBIT.ORG/Therapy
Adaptive Riding is recreational horseback riding lessons for individuals with special needs. The goals are riding-skill based, but individuals and parents often report many therapeutic benefits of participation. Adaptive riding lessons are taught by instructors certified by the Professional Association of Therapeutic Horsemanship (PATH) International who create a wide variety of games and exercises designed to meet each student’s needs. Classes include arena riding, trail rides, and group activities.

“I have Asperger’s Syndrome, a neurological disability. What this means for me, is that as a child I had almost no inherent ability to understand non-verbal communication. Tone of voice, body language, and all the other ways people communicate without words, were a complete mystery to me. Riding at Little Bit since 1993 has had a huge positive impact on my life. The awareness of body language and voice that I was developing while learning to ride was a great foundation for learning to communicate with people. Nobody at Little Bit ever told me my disability would prevent me from learning.”

—J.K., Adaptive Rider

LEARN MORE AT LITTLEBIT.ORG/ADAPTIVE
The Pat Flynn Memorial Horse Show, named in honor of Little Bit rider Pat Flynn, is the culmination of a year’s worth of progress in Hippotherapy and Adaptive Riding and a celebration of abilities rather than disabilities.

The Margo O’Callaghan Memorial Dressage Show, named in honor of Little Bit rider Margo O’Callaghan, provides a venue for riders of all skill levels to compete alongside their peers and be judged on their performance alone, regardless of ability or disability.

Little Bit started a new pilot program with Special Olympics Washington, to bring the first equestrian team and competition to Washington State. On June 29, 2018, riders (pictured on the cover of this report) competed in four events, earning medals while growing in confidence and abilities.

Camp experiences are open to individuals with or without disabilities and include riding lessons from PATH-certified therapeutic riding instructors, assisting with grooming and tacking horses, unmounted activities with horses, games, and much more.

“My daughter Alice was aching to ride horses at Little Bit after watching her brother in hippotherapy, and she attended camp in 2018. Our experience and the facility were phenomenal—Little Bit just really understands kids and how to draw kids in. She learned how to be safe while enjoying riding on and caring for a horse, in addition to other fun activities. The camp staff were so encouraging, pushing everyone to do their best. Regardless of the campers’ varying abilities, they were all just kids riding horses. Back at home, she was able to talk with her brother about the horses they both knew.”

—Amanda E., Parent
My son, who was diagnosed with autism, began participating in the Equine-Facilitated Psychotherapy Program (EFP) at Little Bit in the fall of 2017, largely covered by our employer mental health benefits. EFP helps him focus on how his body language is perceived by others, in this case his horse Honey, and helps him interpret feelings, both his own and others’. The respect and awareness he now has for Honey has helped him gain the same for his siblings and our family’s many pets. EFP was the right therapy at the right time.

—Deidre M., Parent

Through Equine-Facilitated Psychotherapy, the focus is not horsemanship or horseback riding, but rather a safe place for the client and therapist to engage in activities with a horse or horses and use the horse(s) to help process feelings, thoughts, and reactions. Little Bit is partnering with local mental health therapists to provide EFP services at our facility. These therapists will work hand in hand with a PATH-certified Equine Specialist from the Little Bit staff.

LEARN MORE AT LITTLEBIT.ORG/EFP

Little Bit also offers Equine-Facilitated Learning, Unmounted Horsemanship Classes, and Social Skills Classes. LEARN MORE AT LITTLEBIT.ORG

“"My son, who was diagnosed with autism, began participating in the Equine-Facilitated Psychotherapy Program (EFP) at Little Bit in the fall of 2017, largely covered by our employer mental health benefits. EFP helps him focus on how his body language is perceived by others, in this case his horse Honey, and helps him interpret feelings, both his own and others: The respect and awareness he now has for Honey has helped him gain the same for his siblings and our family’s many pets. EFP was the right therapy at the right time.”

—Deidre M., Parent
Little Bit Therapeutic Riding Center program participants receive the highest quality services available. Our horses are a vital component and are cared for with compassion and a high level of expertise, provided by staff, veterinarians, farriers, and trained volunteers. We provide this level of care not only for the benefit of our horses’ health and state of mind, but also with the knowledge that the better we care for our horses, the better they will be able to help fulfill our mission.

“I’ve ridden horses my whole life, however Little Bit was my first exposure to therapy horses and their challenging work. Little Bit’s holistic horse care program includes schooling, time off, nutrition, really good vet care, and body work. As a volunteer horse leader and schooler, I can see the difference their care, combined with individually-fit saddles, makes in their bodies and behavior. The commitment of Little Bit Staff and obvious love for their work is commendable. With both a big picture view and attention to detail, I am extremely impressed with the care Little Bit horses receive.”

—Kristine S., Volunteer
Little Bit Therapeutic Riding Center serves as an inspiration and educational resource to the therapeutic riding profession, both regionally and nationally. We accomplish this by offering clinics, seminars, and training classes throughout the year, offered to both Little Bit staff and volunteers as well as individuals from other therapeutic riding organizations and those wanting to gain qualifications to enter the therapeutic riding profession.

“After working with horses since 2005, I was driven to learn more about all aspects of therapeutic riding, including its origin and history. I attended certification courses through PATH International in 2016 at another facility and in 2018 at Little Bit. Therapeutic riding allows me to explore what I am most passionate about—the relationship between horse and rider, how horses amplify emotions for their herd and how this relates to people, and the mechanics of supporting a non-walking rider. I feel grateful that Little Bit is in this part of Washington and that therapeutic riding opens doors to equine-related careers.”

—Matney C., PATH-Certified Instructor

**Inspiration and Education**

<table>
<thead>
<tr>
<th>33</th>
<th>individuals attended PATH International workshops at Little Bit</th>
</tr>
</thead>
<tbody>
<tr>
<td>24</td>
<td>individuals completed PATH International certification tests at Little Bit</td>
</tr>
<tr>
<td>15</td>
<td>individuals attended American Hippotherapy Association workshops at Little Bit</td>
</tr>
<tr>
<td>58</td>
<td>volunteer training classes</td>
</tr>
</tbody>
</table>

LEARN MORE AT LITTLEBIT.ORG/CLINICS
Little Bit Therapeutic Riding Center is a community where horses transform the bodies, minds, and spirits of people with disabilities. We are tremendously grateful for the support we received from community members in 2018 and the accreditations and awards we earned while pursuing our mission.

“My husband and I have supported Little Bit since 2015 through program volunteering, the auction, and Board service. I find it inspiring when the community comes together at the auction to provide meaningful support for the Little Bit mission and have connected my friends to the Little Bit community at this fun event. While at the auction, I know I am a part of something greater when I see so many people opening their wallets and hear other Little Bit stories—it’s great to look across the room and see so much support for the things that I’ve come to love and appreciate about Little Bit.”

—Barbie Stafford, Volunteer and Board of Trustees member

Community and Accreditations

33rd Annual Reins of Life Auction
299 guests
$389,559 gross raised

Making Strides Community Luncheon
213 guests
$83,237 gross raised

- Better Business Bureau Accredited Charity
- PATH International Premier Accredited Center
- American Hippotherapy Association, Inc. Facility Member
- Best of 425—Best Nonprofit
- Best of 425—Best Physical Therapy
2018 Financials
based on audited financial statements

2018 Revenues
- Tuition & Earned Income: $878,188
- Contributions: $1,646,510
- Community Events & Activities (net): $370,337
- Other Sources: $99,823
Total $2,984,858

2018 Expenses
- Programs: $1,877,334
- Fundraising (net): $345,255
- Administration: $293,287
Total $2,515,876

2018 Scholarships
$66,842 to 46 unduplicated participants

Therapy Program
Actual Cost Per Session: $346

Adaptive Riding Program
Actual Cost Per Session: $286
2018 Corporate Strides Award Winners

Each year, Little Bit Therapeutic Riding Center recognizes two outstanding companies and their employees for going above and beyond through volunteer service and/or financial support to Little Bit. We honored these companies’ dedication to exceptional volunteerism, commitment, corporate philanthropy, and ongoing support of the Little Bit mission.

MG2

MG2 has supported Little Bit since 2005 by hosting fundraising events, providing employee work groups to help maintain Little Bit facilities and property, and through direct financial contributions.

Microsoft

Microsoft has supported Little Bit since 1998 through their workplace giving and matching gift programs as well as multiple employee work groups each year to help maintain Little Bit facilities and property, and through direct contributions and event sponsorships. In addition, many Microsoft employees and their partners or spouses volunteer weekly at Little Bit in support of its programs and serve as Board of Trustees members.

Volunteer Work Groups

Corporate and community work groups help maintain 14 acres of land and several structures and buildings at Duniverse Stables. Work groups offer Little Bit the opportunity to complete larger projects with many hands in one day’s time.

LEARN MORE AT LITTLEBIT.ORG/VOLUNTEER
Little Bit was founded in 1976 by a small group of volunteers, and volunteers remain at the heart of our operation today. The time, knowledge, and passion of our volunteers allow us to achieve a level of service that would otherwise not be possible.

“I love the positive and welcoming atmosphere at Little Bit. When I’m stressed being here calms me down and when I’m feeling down it cheers me up. It feels gratifying to help people, but I think I’m getting just as much benefit by being here as the riders.”

—Marty W., Volunteer since 2015

Volunteers

Little Bit Therapeutic Riding Center ǀ 2018 Annual Report

LEARN MORE AT LITTLEBIT.ORG/VOLUNTEER

1,218 volunteers
340 volunteers per week
34,570 record number of volunteer hours
14 minimum age to volunteer
84 age of oldest volunteer

Little Bit Therapeutic Riding Center ǀ 2018 Annual Report
Donors

$300,000-$499,999
Microsoft Matching Gifts 
Nadella Family Trust

$250,000-$499,999
ACB Charity Foundation 
Anonymous (1)

$200,000-$299,999
ACB Charity Foundation 
Anonymous (1)

$150,000-$199,999
ACB Charity Foundation 
Anonymous (1)

$100,000-$149,999
ACB Charity Foundation 
Anonymous (1)

$75,000-$99,999
ACB Charity Foundation 
Anonymous (1)

$50,000-$69,999
ACB Charity Foundation 
Anonymous (1)

$25,000-$49,999
ACB Charity Foundation 
Anonymous (1)

$10,000-$24,999
ACB Charity Foundation 
Anonymous (1)

$5,000-$9,999
ACB Charity Foundation 
Anonymous (1)

$2,500-$4,999
ACB Charity Foundation 
Anonymous (1)

$1,000-$2,499
ACB Charity Foundation 
Anonymous (1)

$500-$999
ACB Charity Foundation 
Anonymous (1)

$290-$499
ACB Charity Foundation 
Anonymous (1)

$100-$289
ACB Charity Foundation 
Anonymous (1)

$29-$99
ACB Charity Foundation 
Anonymous (1)
□ I have already included Little Bit in my/our estate plans. □ Please call me to discuss my gift. □ Please send me information about including Little Bit in my/our estate plans.

Please include contact information for honoree/family to receive notice of your gift.

Please recognize my donation as follows: □ My check is enclosed. □ I will donate online at littlebit.org/donate, or call 425-882-1554.

Donor’s Name
City       State   Zip
Telephone Home  (              )   Work  (              )  Cell  (              )    Email

Donor’s Address

□ $1,000  □ $2,500 □ $5,000 □ other $  □ Yes! I want to support Little Bit!  □ $50  □ $100  □ $150  □ $250  □ $500

Little Bit is a 501(c)(3) non-profit organization, making every donation tax deductible as permitted by law.

□ I will donate online at littlebit.org/donate, or call 425-882-1554. □ My check is enclosed.

Please recognize my donation as follows: □ Anonymous  □ In honor of  □ In memory of

Please include contact information for honoree/family to receive notice of your gift.

□ Please call me to discuss my gift. □ Please send me information about including Little Bit in my/our estate plans. □ I have already included Little Bit in my/our estate plans.
A sentence or two in your will or living trust can help Little Bit achieve its mission for years to come. We thank the following individuals who have remembered Little Bit in their estate plans.

Joan Andersen  
Tucker Burback  
Karol Flyer  
Jerry & Sally Gregg  
Martha Hanscom  
Debra Kerr  
Norma Kruger  
Jill Lesli  
Helen Miske  
Alan L. Naiman  
Sandi Rafchek  
James & Judy Rams  
Lenore A. Welsh

Please visit littlebit.org/donate to learn more about legacy giving, or to discuss legacy giving opportunities contact Director of Development Sharon Soldenwagner at 425-882-1554.

A Seattle native, Alan L. Naiman was known for his practical nature, solid work ethic, down-to-earth sense of humor, and compassion for child welfare. After working in business for many years, in 1995 he transitioned to working for Children’s Protective Services. While Alan did not have his own children, his devotion to children was evident through his professional work, volunteering with Junior Achievement and Big Brothers Big Sisters, and his role a foster parent. Never full of pretense, Alan quietly gathered a fortune that he left behind to children’s and religious charities in January 2018. The large majority of Alan’s over $213,000 gift to Little Bit created an operating reserve fund, or “rainy day fund,” increasing Little Bit’s financial security.

Alan L. Naiman
Connect With Us

LITTLE BIT THERAPEUTIC RIDING CENTER
DUNMIRE STABLES
18675 NE 106th St
Redmond, WA 98052
Phone: 425-882-1554

www.facebook.com/LittleBitTherapeuticRidingCenter

GET INVOLVED
Visit www.littlebit.org and click on “Get Involved” in the menu or contact us at 425-882-1554.

PHOTOGRAPHY CREDITS
Anonymous: pages 14, 20, 27, 39
Jessica Farren Photography: pages 4, 6, 8, 18, 22
Kimberly Lind Photography: cover, pages 2, 10, 12, 28
Steve Birds Photography: page 16

Little Bit has made every effort to accurately reflect all financial contributions received by the organization in 2018. If we have made an error, please accept our sincere apology and contact us so that we can make any necessary corrections. If your address has changed or you would like to be removed from our mailing list, please contact Kristin at 425-882-1554 or kristin@littlebit.org.