

the Tower bar

BREAKFAST

LIGHT CHOICES

STEEL CUT IRISH OATMEAL raw brown sugar, cinnamon & raisins (add berries \$4)	12
AVOCADO TOAST multi-grain seeded toast, fresh avocado pulp, chili flakes & lemon (add an egg \$4)	14
SMOKED SALMON BAGEL dill cream cheese, shaved red onion, cucumber, capers, meyer lemon compote	26

ORGANIC EGG DISHES

TWO EGGS ANY STYLE with toast and choice of chicken apple sausage or applewood smoked bacon and fruit or roasted fingerling potatoes	18
BUILD YOUR OWN OMELET choose up to four items: red pepper, onions, spinach, mushrooms, black forest ham, bacon, scallions, cheddar, gruyere, goat cheese, feta, tomato, avocado, crème fraîche, diced turkey, crumbled sausage, smoked salmon, asparagus	18
HUEVOS RANCHEROS two eggs over easy, corn tortillas, black beans, queso fresco & ranchero sauce	19
EGGS BENEDICT toasted english muffin, thick sliced black forest ham, poached eggs & hollandaise	19
BREAKFAST BURRITO scrambled eggs, bacon or sausage, cheddar cheese & salsa in a flour tortilla	18

CONTINENTAL BUFFET

Served Monday - Friday until 11am
Saturday - Sunday until 1pm

Choice of coffee or tea, regular juice

30

GRIDDLE CLASSICS

HONEY FRENCH TOAST berries & organic maple syrup	18
BUTTERMILK PANCAKES seasonal fruit, whipped butter & organic maple syrup	18
BELGIAN WAFFLE fresh strawberries, vanilla bean whipped cream, chocolate drizzle	18
CHOCOLATE CHIP PANCAKES organic maple syrup & powdered sugar	17

SIDES

ROASTED FINGERLING POTATOES	6
FRESH SLICED TOMATO OR AVOCADO	6
BACON, CHICKEN APPLE SAUSAGE, OR HAM	8
TOAST	5
SEASONAL FRUIT OR BERRIES	14

FRESH SQUEEZED BEVERAGES

ORANGE JUICE, GRAPEFRUIT JUICE, OR LEMONADE	9/11	THE GENERIC strawberries, apple, banana & orange juice	11
MIXED BERRY SMOOTHIE berries, honey, yogurt & orange juice	11	FAT FLUSH grapefruit, pineapple, melon & apple juice	11
ANTIOXIDANT BERRY BOOST acai berry puree, blueberries, banana, almond milk	11	SKIN GLOW banana, pineapple, mango, spinach, avocado, flax seeds	11