



## **Mastery in Coaching!**

**20 of the 24 ICF - Continuing Coach Education Credits (CCEs) in the area of Core Competencies.  
7 of the 10 hours mentor coaching requirements for ICF accreditation.**

*"This Program is well worth the investment of time and money, and very much exceeded my expectations - which were already high at the outset."*

*"Diane was able to bring the ICF Core Competencies into meaningful focus so that I could apply the new learning to my coaching immediately. Perfect to step up my skills and stretch to the next level."*

### **Significantly enhance your coaching impact!**

**Next Session:** February 22-23-24, 2018 – 9:00 am to 4:30 pm  
**Location:** Calgary, Alberta – Fort Calgary  
**Your Facilitator:** Diane Bonneau, MCC, PMC  
**Fee:** \$1,225.00 + GST /person - Includes Training, Participant's Workbook, Snacks and Lunch

### **About the course**

This program is designed to help you learn, practice, integrate and demonstrate the Coaching Core Competencies identified by the International Coach Federation (ICF) and review Coaching Ethics:

- The exercises, practices and concepts discussed during training are sequenced according to adult education principles to deepen and accelerate your learning.
- Eleven coaching core competency modules are explored in segments where you will discuss theory and ICF requirements, observe demonstrations by an MCC coach, practice the skills, receive feedback on your effectiveness, reflect on what you learned and how you can apply it in your work.

During the three day session you will actively focus on skills practice. This will equip you to mentor and coach with the confidence and credibility that comes from a greater understanding and supervised practice.

### **When you register you will receive:**

1. Three days of experience-based training will solidify your current skill set, help you integrate the learning at new levels, and as a result demonstrate greater proficiency.
2. Enhance your coaching impact and prepare for your ACC, PCC or MCC accreditation process.
3. A comprehensive Participant Workbook.
4. In-class resource materials.
5. Instructional feedback and support by an ICF MCC accredited coach.
6. An evaluation of your coaching abilities and areas for improvement.
7. 20 ICF - Continuing Coach Education Credits (CCEs) in the area of Core Competencies.
8. 7 hours toward mentor coaching requirements for ICF accreditation.
9. Return participants attend for \$600 (unlimited offer).

*\*The registration form is on the last page of this document.*

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**Your Facilitator:**



**Diane Bonneau**  
Master Certified coach (MCC)  
Professional Mentor Coach (PMC)  
CoachU Faculty and Assessor

Diane Bonneau is a highly-skilled executive coach who has 19 years of experience working with companies of all sizes in industries such as oil and gas, construction, building technology, academia, finance and insurance. Diane held roles in human resources and management roles in oil and gas marketing organizations. Diane demonstrates her commitment to authentic leadership and lifelong learning through her extensive involvement in the coaching community. She is a CoachU Certified Graduate, a member of Faculty and Assessor for CoachInc., an ICF Master Certified Coach, and a Professional Mentor Coach. She is Past-President of the ICF Calgary Chapter, and has participated on various ICF Global Committees and Advisory Boards.



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Email this form to  
[dbonneau@coachingdesigns.ca](mailto:dbonneau@coachingdesigns.ca)

If you prefer to provide your VISA number on the phone,  
call us at (403) 283-0015

<b>Name:</b>	
<b>Email:</b>	<b>Phone:</b>
<b>Visa/Mastercard/Etransfer:</b>	<b>Expiry Date:</b>
<b>Credit Card Number:</b>	
<b>Comments or Questions (please indicate if you have special dietary requirements)</b>	

**Cancellation: Full refund for cancellations up to February 15, and for cancellations after February 15, a refund of all except \$300 to cover expenses incurred on your behalf.**