Alma 39:10

**DISCUSSION?**
What is the value from receiving advice from someone older than you?

**THE CHALLENGE**
Ask for advice from a sibling or mentor.

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Alma 40:3

**DISCUSSION?**
What is the "one thing" you are inquiring diligently to know right now?

**THE CHALLENGE**
Write down any revelation you have received on that topic.

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Alma 41:14

**DISCUSSION?**
What good could you do today?

**THE CHALLENGE**
Do some good.

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Alma 42:30

**DISCUSSION?**
What is the difference between justice, mercy, and long-suffering?

**THE CHALLENGE**
Let those have full sway in your heart today.