HOW THIS WORKS

5 MINUTES 
EVERY DAY 
AROUND THE TABLE 

READ A VERSE 
ASK A QUESTION 
HAVE A DISCUSSION 
EXTEND A CHALLENGE 

SO SIMPLE 
STILL MEANINGFUL 

TAKE FIVE 
CONVERSATION CARDS 

Alma 44:3 
**DISCUSSION?** 
When your faith is being attacked, what will you say to the enemy of your soul? 
**THE CHALLENGE** 
Decide that nothing will destroy your faith, 

Alma 46:15 
**DISCUSSION?** 
Are you a true believer in Christ? 
**THE CHALLENGE** 
Study what it means to take His name. 

Alma 50:23 
**DISCUSSION?** 
How do you think the people experienced so much happiness in a time of battle? 
**THE CHALLENGE** 
Find happiness today. 

Alma 51:16 
**DISCUSSION?** 
How can you put an end to contention and dissension? 
**THE CHALLENGE** 
Let this be your first care. 

HERO CARD: 
THE DREAM TEAM 
Protection Scripture 
ALMA 48:17 
Battle Ready 
Shake the Powers of Hell 

If you want to add more to your chats, there are devotionals for each of these cards found in the book: DON'T MISS THIS in the Book of Mormon – Exploring One Verse from Every Chapter. Sold at Deseret Book.