



PROMOTING UNITY, LOVE, AND RANDOM ACTS OF KINDNESS

ACADEMIC PARTNERSHIP

Love Is A Parable is an initiative and movement that later became an organization within itself. Love is A Parable is a DBA and subsidiary of Altar and Dwelling Place, Inc. We are a charitable and an educational 501c3 organization, who provides character, social, and leadership development to those who desire value-based education, reflective storytelling, and the promotion of personal acceptance through a reflective thinking approach and sacred-box theory.

Love Advocacy Training: A reflective and uncovering workshop, focusing on gaining an understanding on how love performs and provides in many ways. If utilized, love answers, lifts, and opens in ways to nurture, strengthen, empower, and inspire an urgency to refocus and see life and love through new lenses, even ourselves and our interconnections. Additionally, focusing on the ways in which implicit biases disproportionately endanger People of Color in our community, while developing a greater awareness.

Workshop Fee: The basic fee for a one-day workshop is \$8,000 plus travel expenses for 2-3 trainers, if needed. A deposit of 20% (of training fee) may be required to hold dates. Deposit may be adjusted or waived in special circumstances.

Objectives:

- Inspiring Mindful Practices
- Leveraging Individual Concerns
- Inciting Togetherness
- Building Intentionally Aware Societies
- Personal development and best practices to end negative “isms”
- Discover ways to identify love
- Ability to implement love in daily living
- Initiate ways to love themselves and others
- Facilitate Acts of Kindness projects in their community

Outcomes

- Build skill sets so residents can address bias in action
- Foster community buy-in
- Create a safer living environment for all
- Gain an understanding of how love answers
- Gain an understanding of how love lifts
- Gain an understanding of how love opens
- Identify steps to obtain person fulfillment

Training Environment Needs:

- Ability to maintain a comfortable temperature.
- Limited noise distractions (e.g. phones, fans, kitchens, traffic, music, other activities).
- Audio-visual capability: the training requires ability to stream video and audio (i.e., we need a projector, audio, and internet access.)
- Meal Accommodations

Step 1: Identify the Goals

- Together with Love Is A Parable, consider why you want to bring advocacy training to your community / organization.





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- Though they can also serve as an early step towards building collaboration, workshops are most useful as an organizing tool or a piece of a larger commitment toward achieving cultural diversity, racial equity and inclusion in your organization.

Step 2: Identify Your Audience - Who is the Workshop For?

- Would the workshop be specifically intended for members of your organization? If so, will participants be invited, urged, or required to attend?
- Would this workshop be a cooperative effort, involving two or more organizations? If so, what segments of the community will you work to have represented? In most circumstances, LIAP recommends inclusion of a certain number of spaces for constituents or key partners.
- Will the audience be racially diverse?
- Define event parameters: date, time, location, etc.

Step 3: Assessment of Interest

- Identify the prompting of interest and solidify progression strategy.
- Projected outline-Semester Track: One-hour weekly sessions, 4 weeks to create kindness project, one graduation/completion ceremony

Step 4: Methodology and Approach

- Terms:
 - RESTRICTIVE IDEOLOGIES: a system of ideas and ideals that cause one to feel or show inclination or prejudice for or against someone or something
 - ASSUMPTIVE THINKING: The process of using one's mind to presuppose conclusions without first acknowledging it to be true
 - LIMITING BELIEFS: The firmly held opinion or conviction of things that one accepts as true or real with a consideration or reason by depriving freedoms and/or placing limitations to take into account of having and/or staying within a particular place or experience regarding something with full trust and confidence.

- Approach: Reflective Thinking

Through our reflective thinking approach, we focus on the internal workings of self, assisting others to reduce the tendency to rely on restrictive ideologies, with an intent to obtain an awareness of the complications associated with exercising limiting beliefs and how they play a vital role in hindering personal fulfillment and meaningful interconnections. We aim to prevent the relegating assumptive stance regarding love, while partnering with community members and organizations in providing opportunities that provide the skills necessary to permeate love and facilitate random acts of kindness in efforts to achieve unity and cultural appreciation.

