






PARK LUNCH



SERVED DAILY BETWEEN
11:00AM AND 5:00PM

SALADS, BOWLS & SOUPS

CHARRED WEDGE SALAD   
Savoy cabbage, old grizzly gouda, pickled sultanas,
hazelnut dressing - 13³/₄



PARK CAESAR   
Wild boar bacon, parmesan, cornbread croutons,
smoked tomatoes, confit garlic, creamy dressing - 15¹/₄

HIKER GREENS   (contains oats)
Artisan lettuces, quinoa, seasonal fruit, trail mix,
'glory' dressing - 15

WEST COAST TUNA BOWL   
Grilled albacore tuna, baby kale, pickled egg,
sliced potatoes, radish, crispy chickpeas, seaweed
powder, mango jalapeño dressing - 24



PARK VEGGIE BOWL  
Cauliflower quinoa falafel, wild rice, chickpea salad,
poached egg, hummus, cashew yogurt - 23¹/₂

Add pulled rotisserie chicken - 6

SMOKED TOMATO CHILI VODKA SOUP  
Served with housemade biscuit
HALF 4 ³/₄ | FULL 9 ³/₄

DAILY CHOWDER
Cream, potatoes, corn, peppers, fennel,
housemade biscuit - 12¹/₂


APPETIZERS

PORK FINGERS  
BBQ, panko, rosemary salt, maple rye mustard - 14

STICKY CHICKEN WINGS 
Crispy garlic, jalapeño Alberta honey, house pickles - 17

CRISPY CAULIFLOWER    
Pickled & fried cauliflower, vodka watermelon,
green goddess dip - 17¹/₄

BEETROOT HUMMUS 
Roasted seeds, crudités, house flatbread - 16¹/₄

BISON BANNOCK 
Bison mince, housemade bannock, cheddar, corn relish,
iceberg, lime crema - 18

SHRIMP AND POPCORN
Buffalo sauce shrimp, mesquite salt popcorn - 16¹/₂

SHARABLES



PICKLED EGGS AND SUCH  
Beet juice pickled eggs, house pickles, maldon salt - 16

PICNIC IN THE PARK 
Selection of Alberta charcuterie and paté, local
cheese, house pickles, Raincoast Crisps, crostini,
wild flower honey - 40



SMOKED BRIE  
Served melting, cranberry apple chutney, crisps & crackers - 19


SANDWICHES


Served w/ hiker greens, tomato soup or fries
Gluten Free Bun - 3

PARK BURGER  
Benchmark Angus 2 x 4oz patties, iceberg, pickles,
cheddar, Park sauce - 19¹/₂

ADD Bacon - 2¹/₂

ROTISSERIE CHICKEN S'WICH  
Pulled rotisserie chicken, Bow Valley BBQ sauce,
cheddar, slaw, bacon, ranch - 19¹/₄




FALAFEL 
Cauliflower quinoa falafel, chickpea, shredded lettuce,
cucumber, house pickles, cashew yogurt, house
flatbread - 17¹/₄


THE BLU DOG 
Jumbo cheddar, beef & bacon dog in corn batter,
blueberry ketchup, blue cheese ranch, slaw,
house pickles, brioche roll - 18¹/₂

PARK CLASSIC DISHES

FISH FRY & CHIPS
Battered cod, tartar sauce, fries, slaw - 19¹/₄

GRILLED FLATIRON FLATBREAD  
Benchmark Angus, chimichurri sauce, caramelized
onions, poblano peppers, grizzly gouda - 24¹/₄

RIGATONI   
Park chili vodka cream, marinara, arugula, Fairwinds
goat cheese - 24

STEAK FRITES   
8oz sirloin, house fries, whisky mustard butter - 28

ROTISSERIE CHICKEN  
Slaw, smashed potato, campfire drippings
gravy, grilled lemon QUARTER 23¹/₂

 = Vegetarian  = Vegan  = Gluten Free
 = Alberta Local Ingredients  = Ocean Wise
 = Contains Park Booze  = Wood Fired Rotisserie

