

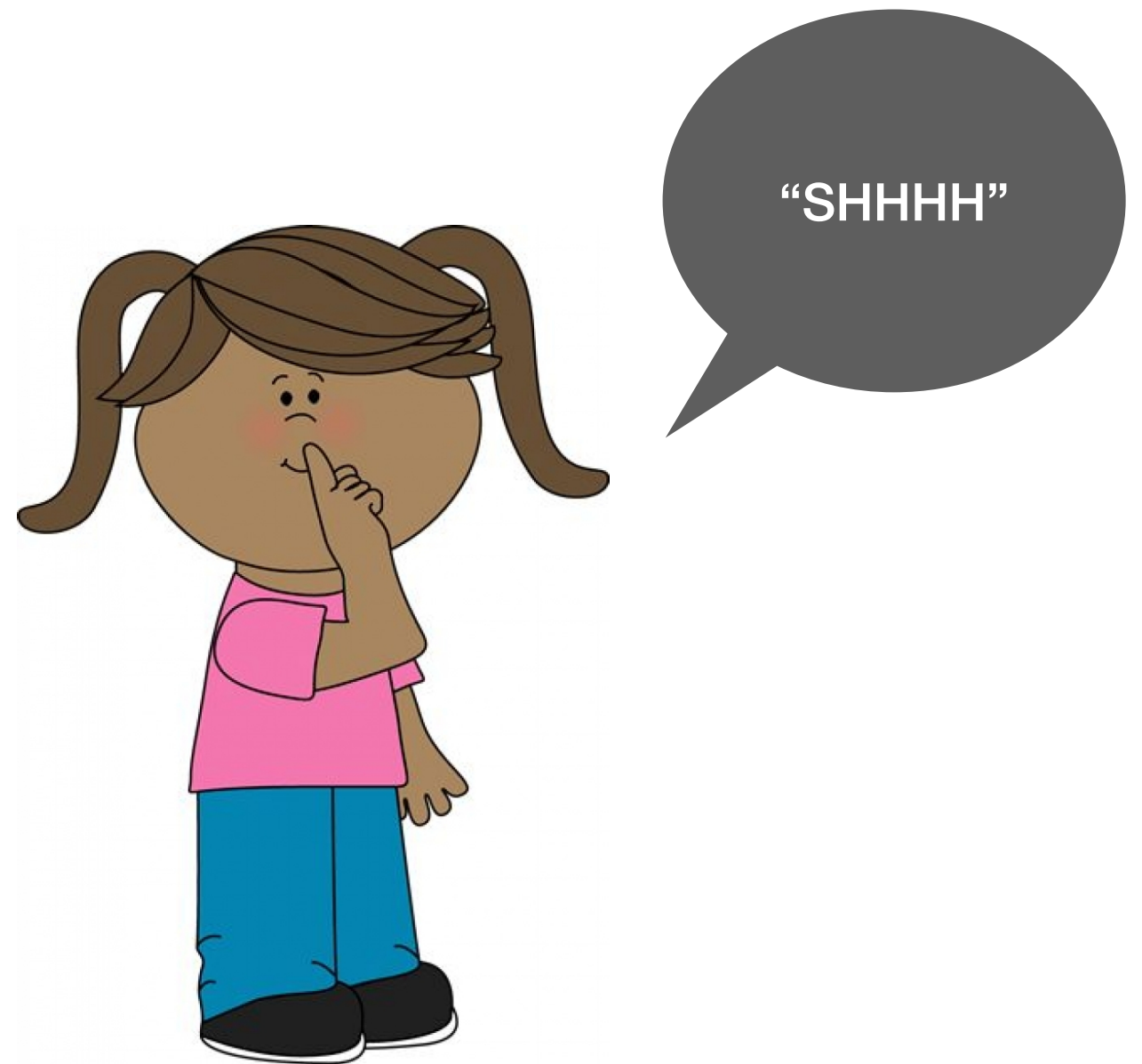
Using A Quiet Voice Inside



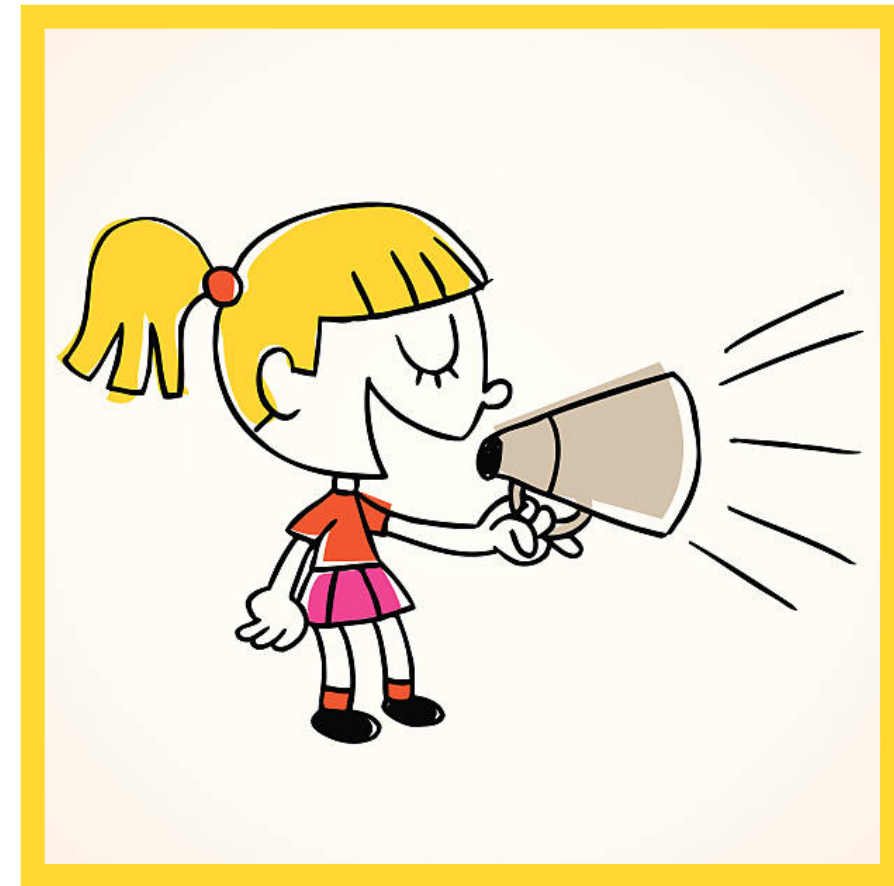
It is important to use a quiet voice inside! We use quiet voices when we are at home, at school, shops and restaurants!



A quiet voice looks like this...



A quiet voice does not look like this...



When we use a quiet voice, we can solve our problems and tell others how we feel!



Moms, Dads, brothers and sisters all feel happy when we use a quiet voices inside.

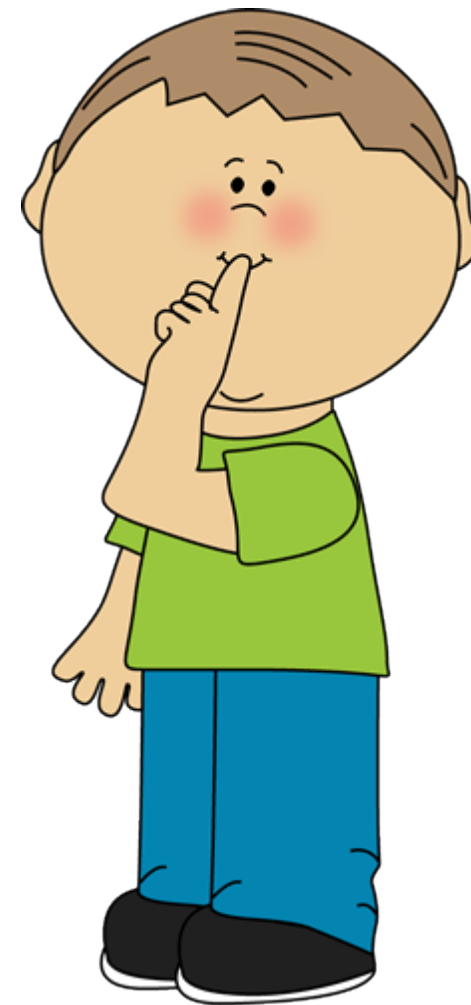


**If we feel like we need to use a loud voice
we can go outside!**

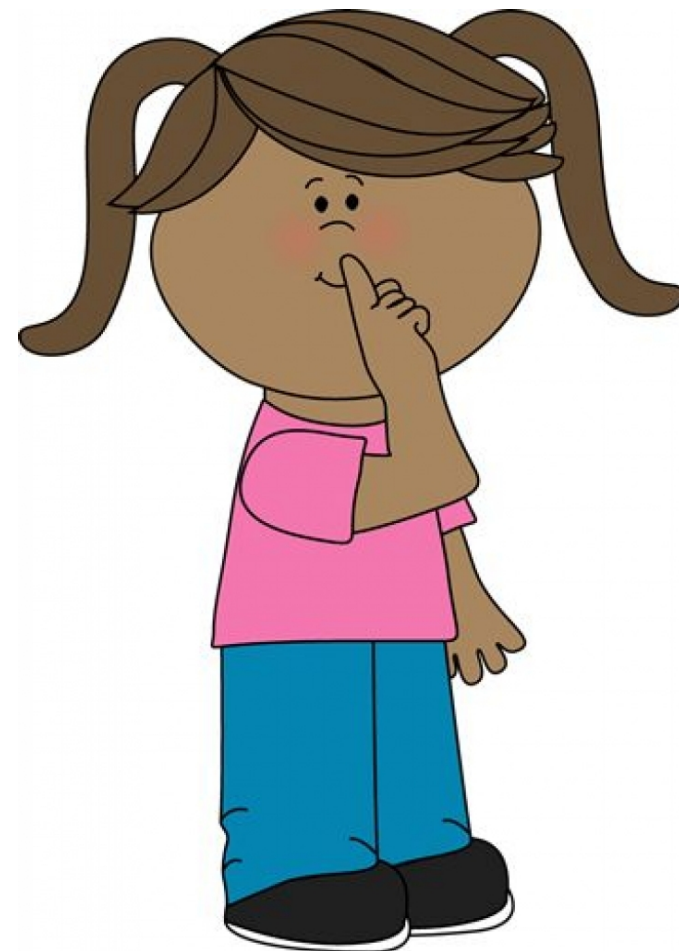
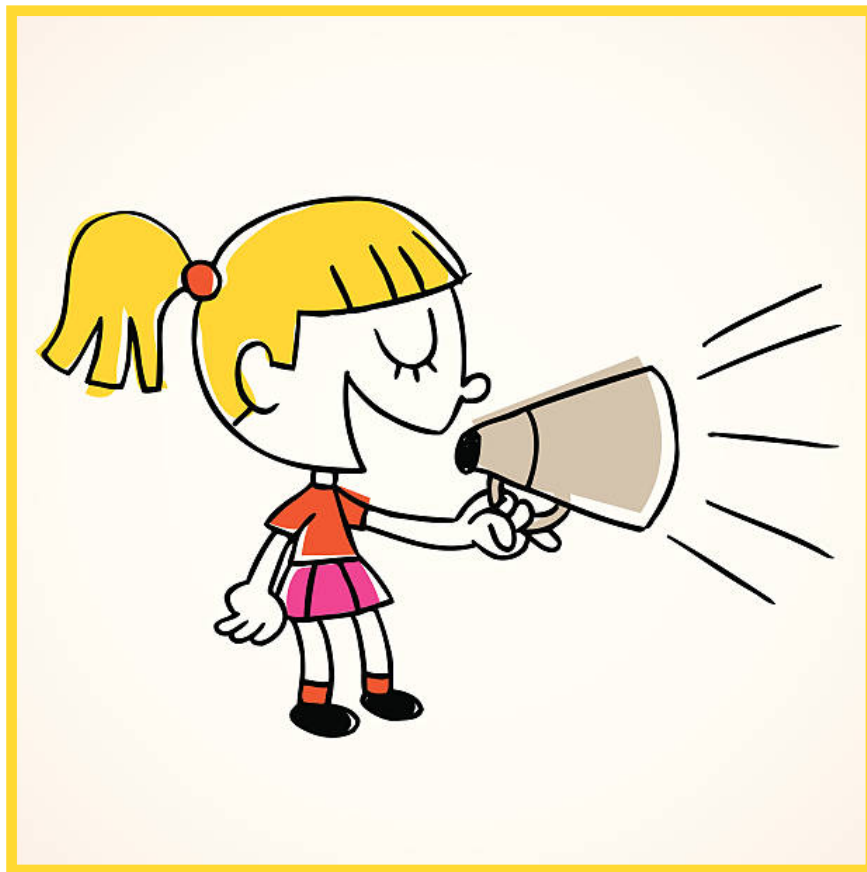


Quiz time!

Which picture shows someone using an outside voice? Good job!

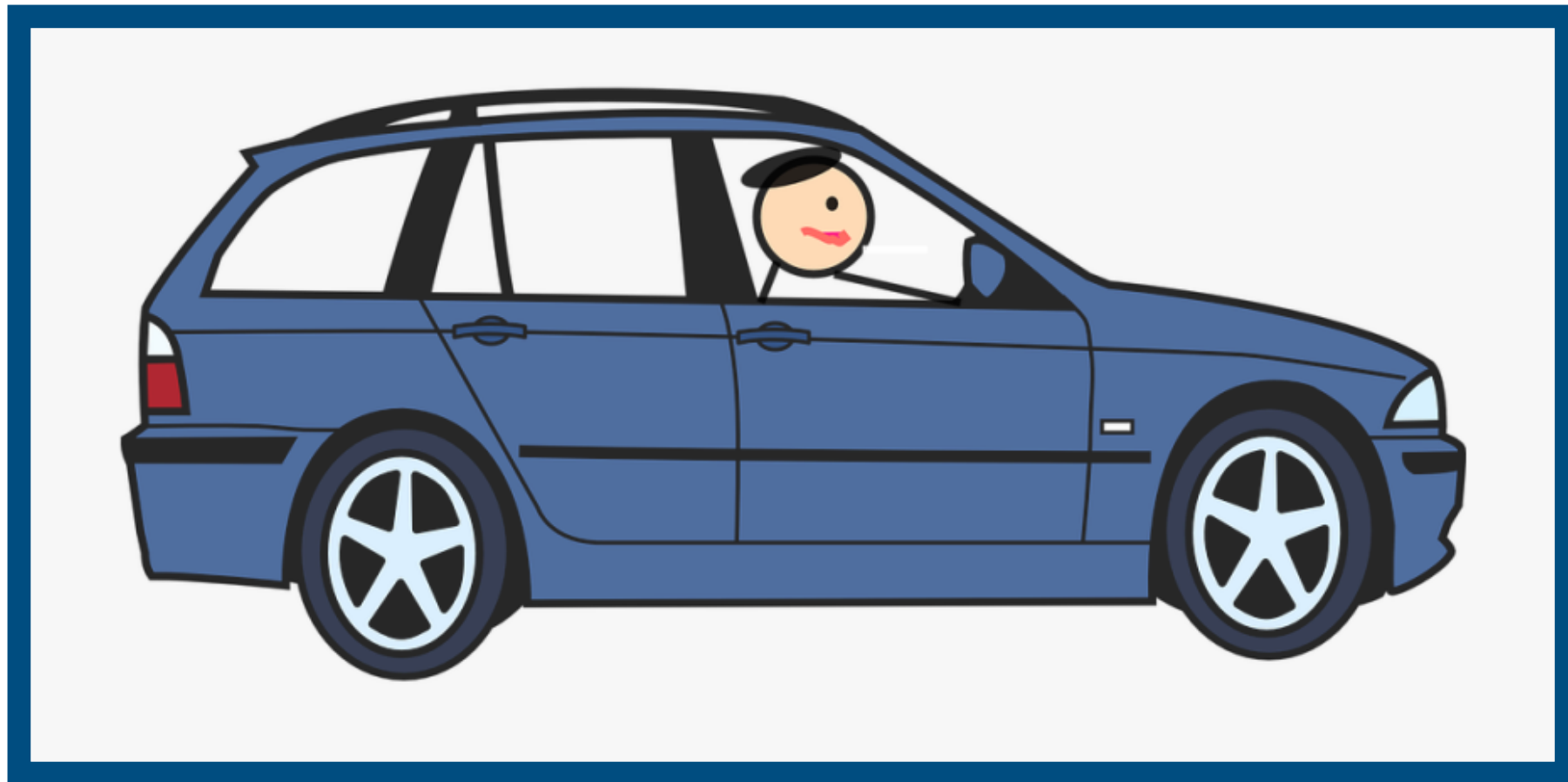


Which picture shows someone using an inside voice? Good job!



**Let's look at a few more places we should
use our inside voice...**

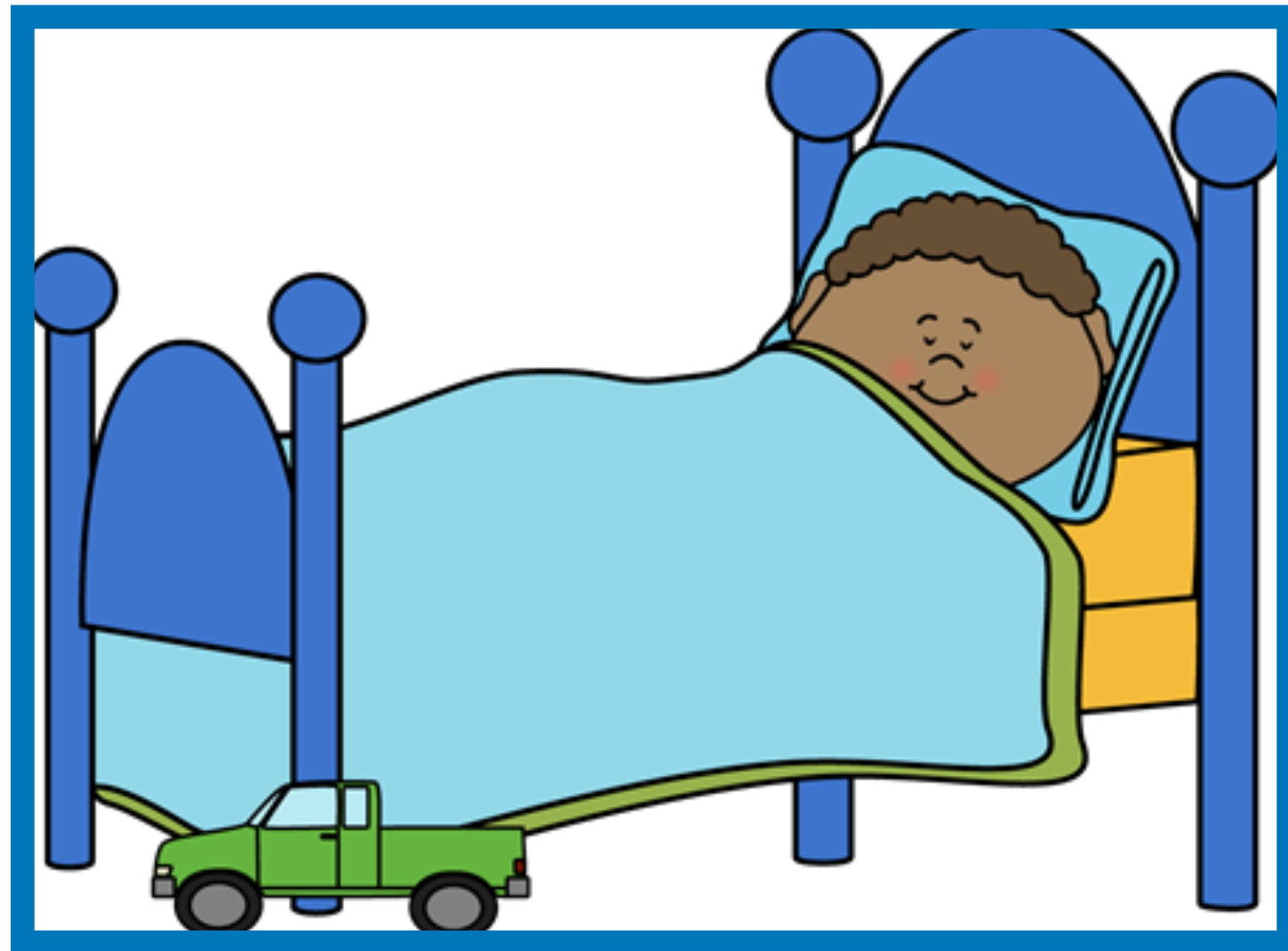
We use our inside voice when we are in the car!



We use our inside voice when we are at the grocery store!



It is very important to use our inside voice when we are going to bed, or when someone is sleeping!



Great job using your inside voice!



Brought to you by: Olive Behavior Care

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