

UPDATED: November 11, 2017

**LOCAL-N-ORGANIC PRODUCE**

Red Radishes  
 Hong Vit Radishes  
 Black Radishes  
 Mixed Winter Radishes  
 Watermelon Radishes  
 Purple Daikon Radishes  
 Ping Pong Radishes  
 Tumeric Root  
 Red Chard  
 Yellow Chard  
 Young Green Chard  
 White Chard  
 Rainbow Chard  
 Mustard Greens  
 Green Curly Kale  
 Purple Curly Kale  
 Lacinato Kale  
 Red Russian Baby Kale  
 Collards  
 Red Beets  
 Gold Beets  
 Candy Stripe Beets  
 Red Slicing Tomatoes  
 Heirloom Cherry Tomatoes  
 Green Tomatoes  
 Heirloom Tomatoes  
 Red Veined Young Spinach  
 Spinach  
 Malabar Spinach  
 Green Arugala  
 Baby Dragon's Tongue Arugala  
 Watercress  
 Curly Cress  
 Butter Head Lettuce  
 Green Leaf Lettuce  
 Red Leaf Lettuce  
 Romaine Lettuce  
 Red Romaine Lettuce  
 Red Dandelion Greens  
 Parsnips  
 Turnips  
 Purple Top Turnips  
 Sweet Baby Hakurei Turnips  
 Rutabaga  
 Organic Homegrown Asparagus  
 Sugar Peas

Hull Peas  
 Red Peppers  
 Green Peppers  
 Orange Carrots  
 Celeriac Root  
 Tumeric Root  
 Green Beans  
 Yellow Wax Beans  
 Sweet Corn  
 Eggplant  
 Cucumbers  
 Cremini Mushrooms  
 Shiitake Mushrooms  
 White Mushrooms  
 Portabella Mushrooms  
 Garlic  
 Garlic Scapes  
 Shallots  
 Green Onions  
 White Scallions  
 Red Scallions  
 Yellow Onions  
 Red Onions  
 White Onions  
 Vidalia Onions from Georgia  
 Sweet Candy Onions  
 Leeks  
 Sweet Potatoes  
 Purple Sweet Potatoes  
 Purple Flesh Potatoes  
 Russet Potatoes  
 Yukon Gold Potatoes  
 Red Potatoes  
 Blue Potatoes  
 Redskin Gold Flesh Potatoes  
 Purple Viking Potatoes  
 Green and Red Cabbage  
 Brussel Sprouts  
 Broccoli  
 Purple Broccoli  
 Cauliflower  
 Romanesco Cauliflower  
 Guatemalan Blue Squash  
 Spaghetti Squash  
 Butternut Squash  
 Green Acorn Squash  
 Acorn Squash

Yellow Straight Neck Squash  
 Romanesco Zucchini  
 Zucchini  
 Baby Pie Pumpkins  
 Rhubarb  
 Strawberries  
 Red Raspberries  
 Blackberries  
 Jersey Blue Berries  
 Watermelons  
 Red Seedless Grapes

**KAUFFMAN'S**

Local Tree-ripened Peaches:  
 Free Stone  
 Donut Peaches  
 White Peaches  
 Flaming Fury  
 Glen Glo  
 Local Tree-ripened Plums:  
 Methley Plums  
 Shiro Plums  
 Castleton Prune Plums  
 Nectarines  
 Cherries (sweet & sour)  
 Pears (Shipped-in, In Stock)

**APPLES**

Sansa  
 Ginger Gold  
 Golden Supreme  
 Golden Delicious  
 Red Delicious  
 Stayman  
 Gala  
 Jonagold  
 Honey Crisp  
 Crimson Crisp  
 McIntosh  
 Cortland  
 Granny Smith  
 Fuji  
 Pink Lady  
 Cameo  
 Gold Rush  
 Braeburn  
 Empire  
 Jonathan  
 Diva

■ Local, In Season Organic  
 ■ Shipped-in Organic  
 ■ Out of Stock

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## RAW CHEESES

### COW (100% Grass Fed)

Gouda  
Bleu  
Smoked Cheddar  
Garlic-n-Chives  
Sharp Cheddar  
Mild Cheddar  
Colby  
Pepper Jack  
Herbal Jack  
Swiss Baby  
Yogurt Cheese

### GOAT

Gouda  
Pepper Jack  
Smoked Cheddar  
Sharp Cheddar  
Cheddar  
Feta  
Garlic-n-Herb

## RAW MILK

### COW

100% Grass-fed,  
Organic Raw Milk from Brown  
Swiss Cows  
Whole Milk ONLY. Available in  
Gallons, Half Gallons, Quarts,  
Pints

### GOAT

Available in Half Gallons and  
Quarts

### SHEEP

Available in Pints (Half Gallons  
and Quarts by order only)

## MILK

### Trickling Springs

Organic 2% Milk  
Organic Whole Milk  
Organic Nonfat Milk  
Organic Cream Pts.  
Organic Butter Salted 1 lb.  
Organic Butter No Salt 1 lb.  
Organic Butter Salted 1/2 lb.  
Organic Butter No Salt 1/2 lb.

### Farm Friend

Chocolate Milk  
Buttermilk  
Dark Chocolate Milk  
Nonfat Milk  
2% Fat Milk  
Whole Milk  
Half-n-Half  
40% Heavy Cream  
Egg Nog (seasonal)

## ICE CREAM

Available in Quarts, Pints and  
6 and 2 oz. samples  
Peppermint  
Cookies-n-Cream  
Strawberry  
Blueberry (seasonal)  
Peach (seasonal)  
Raspberry (seasonal)  
Lemon  
Pumpkin  
Chocolate  
Chocolate Almond  
Chocolate Peanut Butter  
Ginger Cookies  
Peanut Butter  
Butter Pecan  
Coffee  
Vanilla  
Coconut  
Maple Walnut  
Black Cherry (seasonal)  
Banana

## YOGURT

**PEQUEA VALLEY** ALL flavors  
available in 32 oz and 6 oz.  
containers.

**SEVEN STARS ORGANIC  
YOGURT** Plain.

### GOAT KEFIR

## KOMBUCHA ON TAP

Hibiscus Mint  
Spearmint Splendor

■ *Item out of stock*

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## **POULTRY**

### **CHICKEN**

Whole  
Thighs  
Bone in Breasts  
Skinless and Boneless Breasts  
Legs & Thighs  
Drumsticks  
Wings  
Bone Broth Chicken  
Livers  
Hearts  
Feet  
Backs  
Chicken Patties with  
Peppers & Spinach

### **CHICKEN SAUSAGE**

Sage  
Rosemary-n-Fennel  
Garlic  
Hot Italian  
Sweet Italian  
Plain Ground Chicken

### **TURKEY**

Whole (by order)  
Thighs  
Tenderloin  
Bone in Breasts  
Legs & Thighs  
Drumsticks  
Wings  
Hearts  
Livers  
Gizzards  
Backs  
Scrapple

## **TURKEY SAUSAGE**

Sage  
Rosemary-n-Fennel  
Garlic  
Hot Italian  
Sweet Italian  
Plain Ground Turkey  
Can accomodate special requests

## **BEEF**

Beef Bone Broth  
Sirloin  
Hanger  
Sirloin Tip  
Petite Tender  
Filet Mignon  
Ground Beef  
Chipped Steak (for cheese steaks)  
Ground Beef with 20% Organ Meat  
Marrow Bones  
Soup Bones  
Ribs  
Delmonico  
NY Strip  
Bottom Round  
London Broil  
Flank  
Flat Iron  
Kielbasa  
Beef Tallow  
Ribs  
Eye Roast  
Hearts  
Tongue  
Livers  
Oxtail

## **PORK**

Ground  
Seasoned Ground  
Bacon  
Shoulder Roast  
Bone-in Ham (whole or half)  
Bone-in Ham Steak  
Smoked Ham Hocks  
Boneless Pork Loin  
Pork Loin (prime roast)  
St. Louis Style Ribs  
Baby Back Ribs  
Country Style Ribs  
Pork Chops  
Pork Tender Loin  
Pork Lard  
Leaf Lard

## **PORK SAUSAGE**

Rope  
Garlic  
Rosemary-n-Fennel  
Sage  
Hot Italian  
Sweet Italian  
Maple Breakfast Links

## **LAMB**

Ground  
Sholder Chops  
Shoulder Roast  
Leg of Lamb Chops  
Kidneys  
Livers  
Hearts  
Lamb Shank  
Lamb Breast/Ribs  
Whole Leg of Lamb  
Loin Roasts  
Loin Chops

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**FRESH ORGANIC HERBS**

Tarragon  
 Italian Parsley  
 Curly Parsley  
 Cilantro  
 Lemon Basil  
 Purple Basil  
 Sweet Basil  
 Spearmint  
 Peppermint  
 Chives  
 Sage  
 Rosemary  
 Thyme  
 Chamomile  
 Dill Weed  
 Dill Heads  
 Oregano  
 Lemon Balm  
 Savory  
 Lavender

**FRONTIER DRIED ORGANIC SPICES**

Black Peppercorns  
 White Peppercorns  
 Green Peppercorns  
 Ground Black Pepper  
 Ground Cumin  
 Whole Cumin Seed  
 Whole Bay Leaf  
 Cilantro Leaf  
 Pickling Spice  
 Italian Seasoning  
 Ground Sage  
 Rubbed Sage Leaf  
 Celery Seeds  
 Ground Cinnamon  
 Cinnamon Sticks  
 Ground Ginger  
 Whole Coriander  
 Ground Coriander  
 Caraway Seeds  
 Ground Mustard  
 Whole Mustard  
 Ground Tumeric Root  
 Pizza Seasoning  
 Thyme Leaf  
 Oregano  
 Garlic Powder  
 Granular Garlic  
 Fennel Seeds  
 Whole Nutmeg  
 Ground Nutmeg  
 Sweet Basil Leaf  
 Dill Weed  
 Dill Seed  
 Crushed Red Chili Pepper  
 Ground Cayenne Pepper  
 90,000 BTU's

Ground Cayenne Pepper  
 35,000 BTU's  
 Parsley  
 Curry  
 Paprika  
 Smoked Paprika  
 Chili Powder  
 Mace  
 Marjoram

**TEA**

Juniper Berries  
 Elder Berries  
 Dandelion Root  
 Golden Seal  
 Lemon Grass  
 Yarrow Leaf  
 English Lavender Flowers  
 Comfrey  
 Chai Tea  
 Spearmint  
 Catnip  
 Red Raspberry  
 German Chamomile  
 China Green Tea  
 Organic Senna Leaf  
 Sassafrass Root Bark  
 Nettle  
 Peppermint  
 Red Clover Blossoms  
 Pau D'Arco

- Local, In Season
- Out of season Local Organic, Shipped-in, In Stock Organic
- Out of Stock