



Network Victoria
UNIVERSITY OF THE THIRD AGE

U3A TUTOR BANK LIST OF TUTORS



1. Working with Wood

U3A Emerald – Blythe Osborne

| | |
|---------------------------------|---|
| Tutor's Name | Blythe Osborne |
| Home U3A U3A Emerald | Phone: 03 5968 5469 Email: u3ageemd@netspace.net.au |
| Course offered | Working With Wood A class which is an introduction to working in wood and learning how to safely use hand and power tools. Projects are entirely up to the student and guidance is offered by myself with a trade qualification as a cabinet maker (1967) with formal instructor qualifications in the past. Also on hand are hobby woodworkers with a vast portfolio of interesting projects they have completed. I get the students to make a dovetailed toolbox for carrying their projects and tools to and from the class. It also gives me a chance to observe their individual skill levels. |
| Other course information | <p>My class runs twice a month for three hours from February to early December and we don't formally take term breaks. Presently we share the facilities attached to the Emerald Men's Shed within Emerald U3A's premises. I bring well maintained and appropriate hand and portable power tools to the classes. That way I know the condition of the equipment is safe. When someone enrolls I supply safe working literature and a list of basic hand tools they might acquire. They may want to acquire other equipment as their skills develop, and I advise on appropriate needs. I also maintain a skills chart for the students as they become competent and safe, particularly with power tools. I have been running the class since 2008 with no injuries for which I am pleased.</p> <p>The students pay for their own materials and U3A supplies consumables. The projects they undertake are only limited by their imagination. Currently two are working on model boats, one powered and one sailing and both remote controlled. Another is making a dining table. The most interesting project is a cigar box guitar. One class</p> |

member is putting her own personality into the making of her toolbox and when it is finished I will send an image. Hopefully there will be images on the U3A Emerald website soon.

I am also involved in the restoration of the S.T. Wattle, an historic steam tugboat berthed at North Wharf in Docklands. The wheelhouse fit-out and restoration is my main task there.

“Working with Wood” in action at U3A Emerald Tutor: Blythe Osborne



2. Bridge

U3A Goulburn Valley – Derek Poulton

| | |
|--|---|
| Tutor Name | Derek Poulton |
| Home U3A U3A Goulburn Valley | Phone: 03 5821 333 Email: goulburnvalleyu3a@gmail.com |
| Course description | Beginner's Bridge |
| Other information | Beginner's Bridge follows the book by Paul Marston – Introduction to bridge – 5 card majors. We have power point and set hands in the book. I also do advanced bridge from time to time. I have partly completed ABF teacher program. We also teach bridge in schools. |

3. Climate Change – Course Planning Support

U3A Goulburn Valley – Derek Poulton

| | |
|--|--|
| Tutor Name | Derek Poulton |
| Home U3A U3A Goulburn Valley | Phone: 03 5821 333 Email: goulburnvalleyu3a@gmail.com |
| Course Description | Climate change Derek will work with U3As to design and support a course on the above topic. |
| Other course Information | Derek has many contacts to draw upon in the area of climate change. |

4. Soil Science – Course Planning Support

U3A Goulburn Valley – Derek Poulton

| | |
|--|---|
| Tutor Name | Derek Poulton |
| Home U3A U3A Goulburn Valley | Phone: 03 5821 333 Email: goulburnvalleyu3a@gmail.com |
| Course Description | Soil Science Derick's professional background is in Soil Science. |
| Other Course Information | Contact Derek if you would like him to run a course for you in this area. |

5. Writing Family History

U3A Glen Eira – Garry Fabian

| | |
|----------------------------------|--|
| Tutor Name | Garry Fabian |
| Home U3A U3A Glen Eira | Phone: 03 9572 0571 Email: course-co-ordinator@gleneirau3a.org.au |
| Course Description | This is an 8-week short course that outlines a series o of Steps in research methods, construction of a manuscript and possible production of a finished manuscript. |
| Other Course Information | I have run this course at Glen Eira U3A for the last 10 years, and also at U3A Port Phillip and U3A Nunawading U3A on several occasions. |

6. Walking Group

U3A Nunawading – Lily van Ryswick

| | |
|---------------------------------|--|
| Tutor Name | Lily van Ryswick |
| Home U3A Nunawading | Phone: 03 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Course description | Rediscovering Melbourne via parks, gardens and lakes around Melbourne metropolitan area. Small groups of 18, must have a car to meet at various locations. Depending on the group fitness, a tailored walk would be created. |
| Other course information | Also, happy to help set up a walking group for a local leader to run within their U3A. I have been walking for 12 years with Nunawading group and leading for 5 years, it's a wonderful activity enjoyed by all. |

7. Textile Art for a Summer School

U3A Nunawading – Lily van Ryswick

| | |
|-------------------------------|---|
| Tutor Name | Lily van Ryswick |
| Home U3A Nunawading | Phone: 03 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Course offered | Textile & Fibre Art Summer School This would be a one-off project over the summer holidays, can run for 2 hours once a week or 2 weeks (this is the format at U3A Nunawading) |
| Other information | Sample of Textile & Fibre Art: Textile weaving Felted Jewellery Felted Pods They are small projects and a lot of fun. |

8. Movies Through the Decades

U3A Nunawading – Albert Isaacs

| | |
|---------------------------------|---|
| Tutor Name | Albert Isaacs (Albert lives in Hawthorn) |
| Home U3A Nunawading | Phone: 03 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Courses offered | Movies Through the Decades (films from my large collection plus discussion (ongoing)) |
| Other course information | MOVIES THROUGH THE DECADES A large variety of films to choose from, from 1913 to the 21 st century. I can show one movie, or we can have an ongoing series of films from a wide variety of eras. In 2 hours, we can show a 90 minute film and have an interesting discussion. |

9. Radio Broadcasting in Australia

U3A Nunawading – Albert Isaacs

| | |
|---------------------------------|--|
| Tutor Name | Albert Isaacs (Albert lives in Hawthorn) |
| Home U3A Nunawading | Phone: 03 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Courses offered | Radio Broadcasting in Australia – History plus audio of historic programs. (3 or 4 sessions) |
| Other course information | RADIO BROADCASTING IN AUSTRALIA: The first session would be a PowerPoint presentation on the full history of Australian radio. This could be followed by a number of sessions in which we listen to radio broadcasts from the 1930s to the 1960s. There are sessions on Australian broadcasts, including, Jack Davey, Bob Dyer, Nicky & Graham, <i>Dad and Dave, Yes What!</i> I also present sessions featuring classic BBC comedies, panel shows and dramas, most of which were heard on the ABC and 3DB. Most of these courses are one off sessions of about 90 minutes duration. |

10. Sydney Vs Melbourne, 1835-1960s

U3A Nunawading – Albert Isaacs

| | |
|---------------------------------|---|
| Tutor Name | Albert Isaacs (Albert lives in Hawthorn) |
| Home U3A Nunawading | Phone: 03 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Courses offered | Sydney Vs Melbourne, 1835 – 1960 (1 session) |
| Other course information | <p>SYDNEY Vs MELBOURNE, 1835-1960s: This one-off session was originally prepared as part of a U3A series on the history of the 1960s. It looks at the differences between Sydney and Melbourne in that decade and covers the following subjects: Federal Politics; State Politics (Bolte Vs Askin); the Post-War Land Boom; Australia's Northern and South/West Divide and the Different Football Codes; Public Transport; etc. To put the 1960s into context, the session also looks at the history of the Sydney/Melbourne divide, going back to 1835, but also having a bit of a look at how 1901 Federation affected both cities.</p> <p>Most of these courses are one off sessions of about 90 minutes duration.</p> |

11. The 1923 Victorian Police Strike

U3A Nunawading – Albert Isaacs

| | |
|---------------------------------|---|
| Tutor Name | Albert Isaacs (Albert lives in Hawthorn) |
| Home U3A Nunawading | Phone: 03 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Courses offered | The 1923 Victorian Police Strike (1 session) |
| Other course information | <p>The 1923 Victorian Police Strike is the only Police strike in Australia’s history. Learn about the politics leading up to the Strike and the repercussions – including looting in Bourke St! The only infrastructure destroyed was..... the Royal Park Zoo horse drawn tram. Find out more about the tram too.</p> <p>Most of these courses are one off sessions of about 90 minutes duration.</p> |

12. Ancient Civilisations

U3A Darebin - Dr Jone Gaillard

| | |
|---------------------------------|---|
| Tutor Name | Dr Jone Gaillard |
| Home U3A U3A Darebin | Phone: 03 9489 2103 Email: info@u3adarebin.com.au |
| Course description | History: Ancient Civilisations |
| Other course information | <p>I’d like to offer my courses at the U3As closest to Kew.</p> <p>(U3A Darebin comment: “Jone is a great lecturer. She has an enthusiastic following at U3A Darebin.”)</p> |

13. Florence of Medici

U3A Darebin - Dr Jone Gaillard

| | |
|--------------------------------|--|
| Tutor Name | Dr Jone Gaillard |
| Home U3A U3A Darebin | Phone: 03 9489 2103 Email: info@u3adarebin.com.au |
| Course description | Florence of the Medici |
| Other information | I'd like to offer my courses at the U3As closest to Kew. (U3A Darebin comment: "Jone is a great lecturer. She has an enthusiastic following at U3A Darebin.") |

14. History of Opera

U3A Darebin - Dr Jone Gaillard

| | |
|---------------------------------|--|
| Tutor Name | Dr Jone Gaillard |
| Home U3A U3A Darebin | Phone: 03 9489 2103 Email: info@u3adarebin.com.au |
| | History of Opera |
| Other course information | I'd like to offer my courses at the U3As closest to Kew. (U3A Darebin comment: "Jone is a great lecturer. She has an enthusiastic following at U3A Darebin.") |

15. History of the Crusades

U3A Darebin - Dr Jone Gaillard

| | |
|--------------------------------|--|
| Tutor Name | Dr Jone Gaillard |
| Home U3A U3A Darebin | Phone: 03 9489 2103 Email: info@u3adarebin.com.au |
| Course description | History of the Crusades |
| Other information | I'd like to offer my courses at the U3As closest to Kew. (U3A Darebin comment: "Jone is a great lecturer. She has an enthusiastic following at U3A Darebin.") |

16. Health Emotional Freedom Technique (EFT)

U3A Nunawading – Colin Carter

| | |
|---------------------------------|--|
| Tutor Name | Colin Carter |
| Home U3A Nunawading | Phone: 03 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Course description | Emotional Freedom Technique (EFT). This is a self-help way to quickly deal with anger, worry, anxiety, guilt, frustration, phobias. Clear out past negative memories. Clear out what stops you from achieving changes you want in yourself. Stop worrying about the future. Or just use it for relaxing the mind and body, anytime, anywhere. Based on an Eastern form of mind-body therapy. |
| Other course information | Colin is a member of the EFT Australian Practitioners Association (EFTAP) |

17. First Steps with Your iPhone

U3A Nunawading – Helen Smith

| | |
|-----------------------------------|---|
| Tutor Name | Helen Smith |
| Home U3A U3A Nunawading | Phone 9878 3898: Email: courseadmin@u3anunawading.org.au |
| Course Description | First steps with your iPhone |
| Other Course information | I am happy to develop and present computer courses covering a range of topics, including Windows-based courses in Word or Excel as well as Apple devices and general courses relating to online activities. |

18. First Steps with Your iPad

U3A Nunawading – Helen Smith

| | |
|-----------------------------------|---|
| Tutor Name | Helen Smith |
| Home U3A U3A Nunawading | Phone 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Course Description | First steps with your iPad |
| Other Course information | I am happy to develop and present computer courses covering a range of topics, including Windows-based courses in Word or Excel as well as Apple devices and general courses relating to online activities. |

19. Create safe and memorable passwords

U3A Nunawading – Helen Smith

| | |
|-----------------------------------|---|
| Tutor Name | Helen Smith |
| Home U3A U3A Nunawading | Phone 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Course Description | Create safe and memorable passwords |
| Other Course information | I am happy to develop and present computer courses covering a range of topics, including Windows-based courses in Word or Excel as well as Apple devices and general courses relating to online activities. |

20. Keep Safe On-Line

U3A Nunawading – Helen Smith

| | |
|-----------------------------------|---|
| Tutor Name | Helen Smith |
| Home U3A U3A Nunawading | Phone 9878 3898: Email: courseadmin@u3anunawading.org.au |
| Course Description | Keep safe On-line |
| Other Course information | I am happy to develop and present computer courses covering a range of topics, including Windows-based courses in Word or Excel as well as Apple devices and general courses relating to online activities. |

21. Manage Your Digital Legacy

U3A Nunawading – Helen Smith

| | |
|-----------------------------------|---|
| Tutor Name | Helen Smith |
| Home U3A U3A Nunawading | Phone 9878 3898 Email: courseadmin@u3anunawading.org.au |
| Course Description | Manage your digital legacy |
| Other Course information | I am happy to develop and present computer courses covering a range of topics, including Windows-based courses in Word or Excel as well as Apple devices and general courses relating to online activities. |

TUTOR BANK - Additional Classes / Activities

October 2017

22 Absolute Beginners - Bicycle Maintenance

U3A Yarra City Ross Armstrong

| | |
|-----------------------------------|---|
| Tutor Name | Ross Armstrong |
| Home U3A U3A Yarra City | Phone: (03) 9416 3443 Email: u3ayarracity@gmail.com |
| Course Description | Bicycle basic maintenance and repairs for ABSOLUTE BEGINNERS – A one-day practical hands on workshop for seniors |
| Other Course Information | Ross is an experienced and qualified outdoor recreation guide, instructor and leader with a special interest in outdoor recreation for seniors. |

23 Bushwalking for Seniors

U3A Yarra City Ross Armstrong

| | |
|-----------------------------------|---|
| Tutor Name | Ross Armstrong |
| Home U3A U3A Yarra City | Phone: (03) 9416 3443 Email: u3ayarracity@gmail.com |
| Course Description | With a backpack on my back – An introduction (or re-introduction) to easy, safe and enjoyable bushwalking for seniors. |
| Other Course Information | Ross is an experienced and qualified outdoor recreation guide, instructor and leader with a special interest in outdoor recreation for seniors. |

24 Setting up a Seniors' Bike Group

U3A Yarra City Ross Armstrong

| | |
|-----------------------------------|---|
| Tutor Name | Ross Armstrong |
| Home U3A U3A Yarra City | Phone: (03) 9416 3443 Email: u3ayarracity@gmail.com |
| Course Description | Setting up and running a safe, successful and enjoyable seniors bike group- A half day practical hands on workshop. |
| Other Course Information | Ross is an experienced and qualified outdoor recreation guide, instructor and leader with a special interest in outdoor recreation for seniors. |

25 Introduction to Flying Radio Controlled Model Aeroplanes.

U3A Yarra City Ross Armstrong

| | |
|-----------------------------------|---|
| Tutor Name | Ross Armstrong |
| Home U3A U3A Yarra City | Phone: (03) 9416 3443 Email: u3ayarracity@gmail.com |
| Course Description | Up, up and away – A half day practical hands-on introduction (or re-introduction) to flying radio controlled model aeroplanes for seniors. |
| Other Course Information | Ross is an experienced and qualified outdoor recreation guide, instructor and leader with a special interest in outdoor recreation for seniors. |