Strengthening Families Framework

Everyday Actions That Help Build Protective Factors

- Demonstrate ways that parents are valued
- Honor each family’s race, language, culture, history and approach to parenting
- Support parents as decision-makers and help build leadership skills
- Help parents understand how to buffer their child during stressful times

- Help families value, build, sustain and use social connections
- Create an inclusive environment
- Facilitate mutual support around parenting
- Promote engagement in the community

- Model appropriate interactions with children
- Provide resources on parenting and child development
- Encourage exploration of parenting issues
- Provide opportunities to try out new strategies
- Address parenting issues from a strength-based perspective

- Respond immediately when families are in crisis
- Provide information and connections to other services in the community
- Help families to develop skills and tools they need to identify their needs and connect to supports

- Help Parents foster children socially and emotionally
- Model nurturing support to children
- Programs include social and emotional development activities
- Help children develop a positive cultural identity
- Respond proactively when social or emotional development seems to need support

Everyday Actions

- Parent Resilience
- Social Connections
- Knowledge of Child Development
- Concrete Support in Times of Need
- Social and Emotional Competence of Children

Strengthening Families

Optimal Child Development

Reduced Likelihood of Child Abuse and neglect