

Healthy Living Introduction

Utilizing the #1 Prestige Clean Brand

What makes Arbonne products superior?

They are naturally inspired and scientifically tested. By integrating the most beneficial botanical ingredients from nature with the principles of green chemistry—we craft products with integrity, expertise and innovation and we do it responsibly—taking care of our earth at the same time.

Arbonne Clients love our products and trust them for their families. They simply can't do without them so they buy them over and over. They are steadfast and loyal because they trust our brand. They believe in it.



pure

We develop each product with meaningful ingredients from nature, chosen for their effectiveness and safety. We continually raise our standards to find the perfect balance between what is pure and what is efficacious.



safe

Our products are safe, nontoxic, and committed to being eco-friendly. We're vigilant about the newest research regarding chemicals to ensure we're being mindful and cautious. We proactively search for the purest, most unadulterated botanical ingredients from natural sources.



beneficial

Our core commitment is to provide effective products that deliver a true benefit. Products everyone should have and will desire. As trailblazers, we must educate, empower and inspire people to make better choices for the beauty, health and wellness of their families and friends.

Ingredient Policy

Transparency and honesty. For over 38 years, this has been the hallmark of our product integrity. From the beginning, Arbonne has developed products by combining the best of nature with leading science. Our mission is to always improve and evaluate our ingredient policy as an ever-evolving standard of excellence. This means we continuously challenge ourselves to do better and better.

We formulate without

animal products or by-products | artificial flavors | artificial sweeteners | benzene | bisphenol-a | carbon black | formaldehyde-donating preservatives | hydroquinone | mineral oil | parabens | petrolatum | phthalates | sodium laureth sulfates (SLES) | sodium lauryl sulfate (SLS) | synthetic dyes | talc | triclosan | triethanolamine (TEA), and so much more ...

Addressing Key Areas of Healthy Living (Arbonne 30-Days & beyond):

- Decrease intake of toxins
- Increase nutrition intake/absorption
- Improve elimination of toxins
- Balance blood sugar
- Online support & guidance
- Meal plan & shopping lists
- Motivation, accountability and support
- No diets—creating a new lifestyle

Arbonne addresses healthy living both inside—what you put in your body—and out—what you put on your body. The skincare sample you received with this package includes instructions for use.

Nutrition Information:

□ Protein Shake Mix

Do the daily shake with delicious, nutritious perfectly balanced chocolate or vanilla shake mix. Provides 20 grams of vegan protein from pea, rice and cranberry that is easily digestible and provides essential amino acids plus more than 20 essential vitamins and minerals per serving. Clinically tested and certified to have a low glycemic index, which has little effect on blood sugar levels and does not cause a spike in blood sugar. Mix one serving with 9oz of water or add non-dairy milk for thicker consistency. For best results use in a shaker cup or blend in a blender. Protein mix is versatile and can be used in more than just smoothies or shakes—ask your consultant how!

□ Energy Fizz Sticks

When you start to feel tired—temporarily help promote alertness and enhance cognitive performance, help promote endurance, enhance motor performance and help reduce fatigue. Contains antioxidants and a botanical blend of green tea, rhodiola, guarana and ginseng, combined with B6 & B12 vitamins and chromium, to help support energy. *Note: Combine one packet with 16oz or more of water. Avoid pouring this into a full water bottle as it may activate and spill over. Allow powder to dissolve completely and enjoy! Can be taken 2-3 times per day.

□ Herbal Detox Tea

Drink to your health. Take time each day to enjoy this delicious, mild, caffeine-free herbal tea with 9 botanicals that support the liver and kidneys. Contains: Milk Thistle, Peppermint (leaf), Dandelion (root), Sweet Fennel, Elder (flower), Parsley (leaf), Walnut (leaf), Uva Ursi (leaf), Licorice (root). Use: steep in 8oz of freshly boiled water for 3-5 minutes and enjoy. (Also good iced and combined with a fizz stick as a substitute for coffee.)

□ Digestion Plus

Prebiotics, probiotics and 11 digestive enzymes to help support optimal digestive health. For amazing benefits add one packet to at least 4 ounces of room temperature water and stir until mixed. Take once daily.

□ Daily Fiber Boost

Supplements daily fiber intake while assisting with appetite control. A natural blend of soluble fiber derived from fruits and grains. A tasteless and convenient powder, it can be added to any beverage or soft food. Start with 1/4-1/2 scoop and slowly increase to one scoop per day.

□ 7-Day Body Cleanse

Use for gentle elimination of toxins and support of internal antioxidant activity along with gastrointestinal and liver health. Use: Shake vigorously before use. Add one serving (1 fl. oz.) of concentrate to a quart (32 fl. oz.) of water. Shake to mix. Drink one full bottle of concentrate mixed with one quart of water throughout the day, every day, for 7 consecutive days. Do not use for more than 14 consecutive days. Can be used once every 30 days.

I'm ready to start

After experiencing a taste of some of the #1 Prestige Clean Brand nutritionals and feeling the difference of the Healthy Aging products, you may be wondering how you can get plugged into the 30-days and beyond program. We are proud to offer package pricing on our most popular lines. For more information on how to obtain the best deal on your products, or for more information on how you can get involved in building a business with Arbonne, contact your Independent Consultant below.

Consultant Information



These materials have been produced by Independent Consultants for Independent Consultants in Spirit Wings Nation and are not official materials prepared or provided by Arbonne International, LLC.