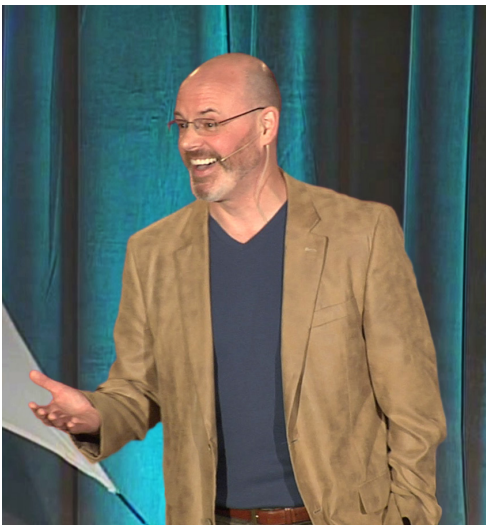




# The Best Speakers. Curated for Healthcare.

Find the perfect speaker for your next event with H Speakers, an initiative from the Massachusetts Health and Hospital Association.

## Steve Bedwell, M.D.



### Focus:

Professional Development | Decision-Making | Emotional Intelligence | Habit Changing | Motivation

### Education:

B.Sc. (HONS) in Clinical Biochemistry, Brunel University  
Medical Degree: Southampton University Medical School  
Post-Graduate Training: Royal London Hospital

### Background:

Steve Bedwell is a medical doctor with research training, an obsessive streak and a knack for applying complex scientific data to everyday problems. He's traveled the world conducting research in the U.S., Europe and Australia. Steve even found himself deep in the African jungle removing an appendix under the illumination from a car headlight. An experienced teacher—Dr.

Steve spent seven years explaining the complexities of medicine at the prestigious Royal London Hospital—he's also a stand-up comedian. Steve has an unparalleled ability to present cutting-edge content on professional development while being laugh-out-loud funny. This approach, education and entertainment in equal measure, has earned him rave reviews from associations, corporations, and healthcare audiences across the country.

Expect a speech that's riveting, provocative and explosively funny...and then watch Dr. Steve sweat spinal fluid to exceed your expectations.

## Signature Keynote: How To Screw Up, Stress Out & Get Nothing Done!

To be more successful, we need to understand why we sometimes fail. And so, in his signature presentation, Dr. Steve offers an hilarious, highly interactive masterclass in missing the obvious, upsetting yourself and procrastinating like a pro! Drawing inspiration from a ping-pong ball, a dead housefly and Shania Twain, Dr. Steve will make your attendees laugh harder during a business meeting than they ever thought possible. Then, after a roller coaster ride of "grab 'em by the eyeballs" fun, your audience will learn Habit Hacking: A three step system for responding to workplace (and personal) challenges more mindfully.

## How Will Your Attendees Change?

**Inside Out Thinking:** Your attendees will learn step-by-step tactics for reframing challenges, shattering blind-spots and outthinking the competition.

*(Find creative solutions and make insightful decisions in less time, with less sweat and far fewer dollars.)*

To book Steve Bedwell or for more information on finding the right speaker for your event please contact us on our website at [www.hspeakers.com](http://www.hspeakers.com) or call us at 857.770.1281.



## Steve Bedwell, M.D.

**The Emotion Equation:** Your healthcare professionals will learn how to recognize emotional triggers, unhook from frustrating situations and stay focused, optimistic and productive under pressure.

*(They'll set an inspiring example of emotional intelligence and be admired as natural leaders.)*

**The Habit Paradigm:** Dr. Steve will outline a science-smart approach for breaking bad workplace habits that doesn't rely on willpower.

*(Sure-fire tools for overcoming procrastination, matching energy to task and taking unflinching, game-changing action.)*

Your attendees will leave with startlingly-simple, evidence-based tools for building a better organization from the employee up...one habit at a time.



### Why Dr. Steve For Your Next Event?

Are you looking for something a bit different for your next meeting? Do you need a keynote speaker who'll connect with your healthcare audience with immediate credibility? Do you want to feel confident that you're leaving your attendees in capable hands? Then choose a speaker who has an outstanding track record at a wide range of healthcare events...

*You brought to our meeting exactly what I had hoped for – it was funny, exciting, inspiring. It was just fantastic, thank you so much. I'm just sorry I didn't find you sooner!"*

Vanessa Stafford - Director of Communications, New Hampshire Hospital Association

"I've never seen the process of being a leader explained more articulately or entertainingly than by Dr. Steve Bedwell."

Knox Singleton, CEO, Inova Health System