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## Nancy Sharp



### Focus:

Resilience | Change | Emotional Intelligence | Growth Mindsets | Professional Development

### Education:

Bachelor of Science in Speech, Northwestern University  
Master of Fine Arts, Creative Nonfiction, Goucher College

### Background:

Nancy Sharp is an award-winning author and nationally recognized speaker on resilience and making bold change. She never set out to change people's lives, but the hard experience of early widowhood led her on a journey of resilience to doing just that.

Today, she draws upon her story of loss, adversity, and the power

of choice--along with proven research, her innovative Resilience Framework™, and a variety of practical tools—to help individuals, teams, and organizations push beyond disruption toward growth and change. Nancy's motivational keynotes and training programs can be customized for audiences large and small and are ideal for conferences, leadership and educational symposiums, and retreats. Learning outcomes include greater emotional intelligence, engagement, productivity, and performance.

Select healthcare clients who have benefited from Nancy's programs include: Centura Health, American Academy of Psychotherapists, Association for Death Education Counseling, Livestrong Foundation, Kara Grief, Rocky Mountain Hospice & Palliative Care, St. Luke's Presbyterian, University of Colorado Hospital, and more. Nancy holds an MFA in Creative Nonfiction from Goucher College and coaches many professionals on their own book projects. It's this passion for the written and spoken word combined with her own impactful life story plus two decades in the communications industry and as a CEO speechwriter that distinguish Nancy from the crowd. Her debut memoir *Both Sides Now: A True Story of Love, Loss, and Bold Living* received eight literary honors including Books For A Better Life and the Colorado Book Award. *Both Sides Now* offers hard-won insights for anyone looking to rise strong after life hands you the unthinkable. Dr. Mehmet Oz featured excerpts of the book in the premiere issue of *The Good Life* and had this to say: "I adore Nancy's story because it speaks to something so important in being healthy, which is resilience. Nancy could have become stuck in her sadness but decided to move forward instead. That takes courage."

Nancy's newest book, *Because the Sky is Everywhere*, helps children and families accept that even though someone close to them dies, the love they feel can be everlasting. Directly inspired by Nancy's twins, *Because the Sky is Everywhere* is a valuable resource for educators, professionals, and groups who support grieving children and families.

Nancy blogs regularly for The Huffington Post and ESME.com and has been published in *The New York Times*, *Woman's Day*, *The Best Advice in Six Words*, and many other national media. She serves on the Boards of the Center for Bioethics and Humanities at the University of Colorado Hospital and the Invisible Disabilities Association.

To book Nancy Sharp or for more information on finding the right speaker for your event please contact us on our website at [www.hspeakers.com](http://www.hspeakers.com) or call us at 857.770.1281.

