



# The Best Speakers. Curated for Healthcare.

Find the perfect speaker for your next event with H Speakers, an initiative from the Massachusetts Health and Hospital Association.

## Karen Valencic



### Focus:

Leadership | Team Development | Change, Conflict, Innovation | Author | Speaker | Coach

### Education:

B.S. Mechanical Engineering- Tri-State University

### Background:

Karen Valencic is passionate about revealing the keys to mastering conflict so leaders can fast-track innovation and smooth the turbulence of change – thereby increasing momentum!

Karen's eye-opening presentations are uniquely grounded in martial arts and physics. Over two decades of experience with developing collaborative high-performing teams informs her content.

Karen is a 2nd-degree black belt in Aikido and a degreed engineer. She is the founder and president of Spiral Impact, a performance improvement company, established in 1992. She is the author of "Spiral Impact: The Power to Get It Done with Grace" and "Giving Deliberate Feedback for Leaders." Karen's extensive work in hospitals and healthcare companies makes her a favorite speaker at healthcare-related conferences. She has individually coached many C-Level Administrators and Physicians and facilitated Executive Board Retreats. Her topics include:

### **In Power Together**

Alignment - being in power together - happens when people set aside force and bring forth the elements of real power in relationships. This interactive action-oriented presentation demonstrates how force separates and how real power creates collaboration.

### **Momentum at the Intersection of Change, Innovation, and Conflict**

The world compels us to speed up, do more, create more. But going faster isn't the answer. What we need is momentum. Speed eventually peters out — but not before it burns us out, killing our creativity and productivity along the way.

### **Mastering the Art of Conflict**

Conflict is the spark that lights the fire of innovation. However, the flames of conflict can also destroy trust and vitality that are essential to bringing out the best in people to create high performing teams and successful relationships.

### **The Art of Influence or The Power to Get It Done with Grace**

Why keep on pushing to make things happen? Instead, learn to harness the power of a spiral and practice the art of influence to achieve outcomes with grace and **ease**.

Please visit <https://karenvalencic.com/speaking/> for more information.

To book Karen Valencic or for more information on finding the right speaker for your event please contact us on our website at [www.hspeakers.com](http://www.hspeakers.com) or call us at 857.770.1281.

