



MORE THAN THE GAME

Our Tomorrow Man and Tomorrow Woman 'More than the Game' sporting club workshop helps to disrupt outdated stereotypes that can be destructive to team and club culture.

WHAT TO EXPECT

This workshop, run by one of our experienced facilitators, creates a judgement-free environment for teams to explore the impact of rigid gender stereotypes on club culture, and provides tools to build trust both on and off the field.

Throughout the workshop we explore how we can look after, not only ourselves, but also our friends, teammates, families, and communities better while creating our own version of the Aussie sports person.

Participants will build resilience and self-confidence, resulting in improved morale and cohesion, and in turn will strengthen the club's culture, performance, and social capital.

Our 'More than the Game' workshop can be delivered virtually or face to face.



I think it helped knowing everyone already for such a long time. Although, I was initially paired with a new player that I had only met 3 or 4 times and was able to connect with him very well in the one on one break out rooms, and still felt the genuine connection."

- Club participant

"A really great bonding session for the team. I hope no other club has done this because I reckon this could get us the flag cos we were so much closer afterwards"

- Club participant

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