Miss Oregon 2017: Navigating college, adult life, and Miss America as a narcoleptic

Narcolepsy Conference 2017
A bit about me...

- Arlington, VA → Springfield, OR
- University of Oregon (Go Ducks!)
Miss Oregon & Miss America

- Scholarship program
- Competition:
  - Talent
  - Interview
  - Evening wear
  - Fitness
  - On-stage question
The Job of Miss Oregon

- Appearing at fundraiser events
- Speaking around the state about the Miss Oregon Program and my personal platform
- Volunteering with nonprofits
  - Fundraising for and promoting the state platforms: the Children’s Miracle Network and Every Child
How I Stay Awake:

- By staying active, adventurous and creative!
Be active!

- Partner dancing:
  - It’s hard to fall asleep while salsa dancing.
  - The upbeat music and quick pace keeps you alert and constantly moving!
Be adventurous!

- Traveling and exploring new places
  - Using/learning another language
  - Experiencing new methods of transportation
  - Learning about different places, cultures, foods
Be creative & give back!

- Advocacy and community involvement
  - A place to focus energy, organize projects, build relationships
  - No Lost Generation UO - creative fundraising and awareness initiatives
Thank you for attending this presentation!

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