# Arrowhead Region List of Caregiver Consultants and Care Consultants: Offering Guidance, Advice, and Connection to Resources for Family Caregivers and Older Adults

**Northeast Minnesota**

**KEY:**

1. Trained to assist **FAMILY CAREGIVERS** and other informal caregivers with assessing needs, problem solving, care planning and connection to resources. (Caregiver Consultant)

2. Trained to assist **OLDER ADULTS** with assessing risks and needs, problem solving, care planning and connection to resources through the **Live Well at Home** service model. For more info on Live Well at Home go to [http://www.mnlivewellathome.org/](http://www.mnlivewellathome.org/) (Care Consultant)

3. Trained to offer education and support to family caregivers who are supporting a person with Alzheimer’s disease or other forms of dementia using an evidence-based approach called **REACH – RESOURCES for ENHANCING ALZHEIMER'S CAREGIVER HEALTH.** (Caregiver Consultant)

## AITKIN COUNTY

<table>
<thead>
<tr>
<th>Name</th>
<th>Roles</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Kim Nutting</td>
<td>1,2</td>
<td><a href="mailto:aitkincountycare@gmail.com">aitkincountycare@gmail.com</a>, <a href="mailto:kiprogramdirector@gmail.com">kiprogramdirector@gmail.com</a></td>
</tr>
<tr>
<td>Lynne Jacobs</td>
<td>1,2</td>
<td>218-927-1383, <a href="mailto:aitkincountycare@gmail.com">aitkincountycare@gmail.com</a>, <a href="mailto:kiprogramdirector@gmail.com">kiprogramdirector@gmail.com</a></td>
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## CARLTON COUNTY

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<tr>
<th>Name</th>
<th>Roles</th>
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<tbody>
<tr>
<td>Kristine Dwyer</td>
<td>1,2,3</td>
<td><a href="mailto:kdwyer@vsci.com">kdwyer@vsci.com</a>, 218-393-7003 (cell)</td>
</tr>
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## COOK COUNTY

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<tr>
<th>Name</th>
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<th>Contact Information</th>
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<tbody>
<tr>
<td>Marnie Hovland</td>
<td>1,3</td>
<td><a href="mailto:RNcarepartners@boreal.org">RNcarepartners@boreal.org</a></td>
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## ITASCA COUNTY

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<th>Name</th>
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<tbody>
<tr>
<td>Kasey McCarroll</td>
<td>1,2,3</td>
<td>218-999-9233, <a href="mailto:ecircle@eldercircle.org">ecircle@eldercircle.org</a></td>
</tr>
<tr>
<td>Amber Dobson</td>
<td>1,2,3</td>
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<tr>
<td>Barb Watson</td>
<td>1,2,3</td>
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<tr>
<td>Danielle Hawkinson</td>
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## KOOCHICHING COUNTY

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<th>Name</th>
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<tbody>
<tr>
<td>Kristy Wagner-Werner</td>
<td>1,3</td>
<td><a href="mailto:Kristy.wagner@co.koochiching.mn.us">Kristy.wagner@co.koochiching.mn.us</a></td>
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## No. ST. LOUIS COUNTY

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<tr>
<th>Name</th>
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<tr>
<td>Lisa Porthan</td>
<td>1,2,3</td>
<td><a href="mailto:northwoodshrp@gmail.com">northwoodshrp@gmail.com</a></td>
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**Caregiver Consultant**

**Care Consultant**

**Live Well at Home**

**REACH – RESOURCES for ENHANCING ALZHEIMER'S CAREGIVER HEALTH**
So. St. LOUIS COUNTY

Mary Bovee 1,2,3
Beth Kaiser 2
Age Well Arrowhead
Allworth Building
306 West Superior St, Suite 10
Duluth, MN 55802
Karina 218-623-7807
Service Area: Duluth, Hermantown, Proctor
maryb@agewellarrowhead.org
bethk@agewellarrowhead.org

Stacy Stevens 1,2
Floodwood Services and Training
601 Ash Street, Floodwood, MN 55736
218-476-2230
Area: Floodwood, Meadowlands, Brookston, Cromwell and Surrounding Areas
sstevens@fst2b.org

LAKE COUNTY

Amy Renne 1
North Shore Area Partners
36 Shopping Center Road
Silver Bay, MN 55614
218-226-3635
Service Area: Silver Bay, Beaver Bay, Finland, Isabella, Little Marais
caregiver@nsapartners.org

Linda Kinnunen 1,2,3
Community Partners
417 South Avenue Two Harbors, MN 55616
218-834-8024
Service Area: Two Harbors Area
Linda@communitypartnersth.org

REGIONAL RESOURCES

Jenna Pogorels, Program Manager and Family Memory Care Consultant
Alzheimer’s Association
525 S Lake Ave. Ste. 214
Duluth, MN 55802
jpogorels@alz.org
218-722-4335
Help Line 1-800-272-3900

Senior LinkAge Line®
1-800-333-2433
www.MinnesotaHelp.info™

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Prepared by Arrowhead Area Agency on Aging 11/2/2020
Questions? Contact Rebecca Sash at rsash@ardc.org or 218-529-7522