Resilience Resources for CHA Employees
KGA Employee Assistance Program
https://kgreer.com/; 800-648-9557
24/7 program of confidential, professional, short-term counseling and referral.

Victim Resource Center
617-665-2992
Phone support, safety planning, and triage for counseling about trauma and violence.

Employee Spiritual Support
617-665-2266
Leave a message and a member of our non-denominational spiritual support team will return your call the same day.

Center for Mindfulness & Compassion
https://www.chacmc.org/
A CHA interdisciplinary center that cultivates mindfulness and compassion learning and practice in workplace well-being for CHA staff and clinicians.

CHA Peer Support Program
peersupport@challiance.org
Peer Supporters are providers and staff from across the organization who have been trained to help their colleagues by offering confidential, non-judgmental listening and resources.

Clinician Health Committee
Carl Fulwiler MD, PhD, 617-271-3342 (c)
Liz Gaufberg, MD, MPH, 781-454-8749 (c)
Confidential resource for clinicians or leaders with serious concerns about a medical staff member’s well-being, professionalism, or ability to function. Self-referrals are welcome.

CHA Employee Wellness
wellness@challiance.org
Employee Wellness offers programs, discounts, and resources to support employees with self-care, movement, and nutrition. Visit the "wellness corner" from Staffnet to learn more.