



Upland Highland Regiment Boosters



Quick Tips

Field Show / Competition Day Tips

- **Arrive Early** and watch other bands (allow time for parking and to purchase tickets).
- **Show School Spirit** - wear school colors or UHRB Spirit wear (available on Tuesday evenings).
- **Be an Example** – Stay positive, accept scores, keep quiet during performances.
- **Be Helpful** – call sheets are estimated times, be patient and help with unloading.

Join
Facebook
and UHRB
emails

What do I need to buy?

- Black Shorts (knee length)
- Black T-shirt (and long sleeve shirt)
- All white shoes
- Long white and black socks
- LARGE Water Jug

I can't afford this... should we drop out?

NO! Talk to someone about our **GREAT** fundraising opportunities. We have many opportunities to support the Regiment without costing you anything but some time!

- **Scrip** costs nothing but some time and planning (earn slower but more consistently and very little effort)
- **Concession stands** are fun and earn lots quickly!
- **Sales** (Discount cards, candy, Christmas trees, candy apples, etc) lots of opportunities and many sell themselves if you just let your friends know they are available.
- **Dine out nights and other opportunities arise all year long!**

What will I buy at Registration?

- Travels (pants and jacket)
- Drill Masters (shoes)
- T-shirts (Parade and Tour)
- Gloves
- Gear bag

Totals approximately \$175-\$200

What goes in the Gear Bag (for comp. days)

- Travel jacket and pants
- Tour T-shirt and shorts
- Drill Masters (Marching shoes) and Black socks
- Sunscreen (SPF30+)
- Water bottle
- Personal care items – Deodorant, Hair care items, etc.
- Money for dinner or snacks at break times

Before Call Time eat a healthy meal, drink lots of water or Gatorade (not soda), apply sun block and take a multivitamin.

What do I need for Band Camps?

- Sunscreen (30+)
- Bandanna or hat
- LARGE water jug full of ice and water
- Healthy snacks (granola bars, etc)
- Deodorant
- Wear athletic shoes (not vans or converse)
- Wear Shorts (not form fitting and no jeans)
- Dress comfortably

Before Band Camp eat a healthy meal, drink lots of water or Gatorade (not soda), apply sun block and take a multivitamin.

Tuesday nights

6:00-7:00 - Come to Round Table for fundraiser info, to make payments, ask questions, buy scrip, or find a board member.

8:00-9:00 – come to the field to watch the students practice finishing with a full run through and announcements at the end.

Most importantly Build Relationships

This is easiest done when you volunteer, do fundraisers, bake sales, join band dads or hair moms, come to parent meetings, or come watch the kids on Tuesday nights for the last hour of practice!

Meet people!

This will become your student's **family**. Have fun and make Regiment Boosters your **family** too!

Sign up for the **NEW PARENT CONNECTION**

Upland Highland Regiment Frequently Asked Questions

What is Regiment?

Regiment is the UHS marching band and color guard. The Regiment will perform and compete with a choreographed field show during the fall season. The Regiment will also perform at the following venues:

- All home football games during half time.
- March in the Ontario City Fourth of July Parade.
 - Note: Emergency forms must be completed and on record prior to the Fourth of July or your student will not march.
- March in the Upland Christmas Parade.

Regiment season ends in December.

When are practices and how long?

Summer band camp will be held in four sessions through the summer for both the band and the guard. The mini camps are required for all students who are in town and the final band camp is mandatory for all students who wish to participate in the program. There will be an hour dinner break where students need to bring their own food or purchase band dinners for \$50. The students will have other periodic breaks through out the day. It is vital that all students bring a LARGE water jug that holds ½ gallon of water OR MORE and some small snacks in their backpacks for during those times.

- June 12-14 2:00-5:00 PM
- June 27-30 5:00-7:00 PM
- July 3 5:00-9:00 PM
- July 10-14 5:00-9:00 PM PENDING
- July 17-21 5:00-9:00 PM PENDING
- August 7-11 1:00-10:00 PM MANDATORY
- August 14-18 1:00-10:00 PM MANDATORY

These dates and times are subject to change.

Once school has started, the practice schedule will be as follows:

The band:

- Mondays - After school until 5 PM
- Tuesdays - 5-9 PM
- Wednesdays - After school until 5 PM

The guard:

- Mondays - 4-8 PM
- Tuesdays - 5-9 PM
- Thursdays - 4-8 PM

During Regiment season there will be 2 Saturday practices in September and practices every Saturday before competitions. This practice schedule will continue until the Regiment's final competition. (Generally, through the third week of November.)

What happens if you must miss practice or a competition??

First off, **don't!**

Each person on the field has an important role in our field show. If one person is missing it leaves a noticeable gap in the show. Please make every attempt to schedule appointments and activities so that they do not interfere with practices and competitions.

When practice is over, why does it take my child 20-30 minutes to get out to the car?

When a practice time is given, that is the actual time the students are practicing. The students need to be ready with their equipment and on the field at the start of the appointed practice time.

It is generally recommended that students arrive at school 15 minutes prior to the scheduled start time in order to put away their belongings and be ready to begin promptly at the schedule practice time.

When practice ends, typically the director/instructors will have a brief meeting with the students. After that, they are dismissed to put equipment away and clean up their area. This can sometimes take up to a half hour.

Why is Band Camp important?

Band camp lays the groundwork for our field show competition season. Students will learn:

- The music for the field show.
- Exercises that improves performing abilities.
- Positions and moves for the field show

Once school starts so does our season. It takes many hours to learn and perfect our show, so that we are competition ready. Attending band camp directly affects the students' grade.

What if my student is struggling with the schoolwork load and band schedule?

One of the main benefits of Regiment is that your child will learn good time management skills. You can help your child by monitoring their school progress if you sign up and actively use **School Loop**. School Loop gives you direct access to your child's schedule, homework assignments, current grades, any missing assignments and email access to all of your child's teachers.

What is a Call Sheet (Call Time)?

The Call Sheet will specify:

- Time students need to be at school on the day of a competition.
- Time the buses will leave for the competition.
- Estimated time of arrival at the competition site.
- Performance time.
- Estimated time the Regiment will leave the competition site and arrive back at the high school.

The Call Sheet will have other important information such as "Things To Bring" and event details. Call times are the time you need to be at the school on the field and ready to practice. Typically this is before one of our competitions.

Call Sheets will be available (usually the Tuesday before a performance):

- Call Sheets will be "School Looped" to parents and students.
- They will be posted in the Regiment Facebook group
- They are also available on the uhrb.org website. It is normally posted the Tuesday prior to a competition.

Where/How do I obtain information and regular scheduling updates about Regiment?

The website www.uhrb.org gives updated information about the Regiment calendar, competition dates and call sheets, fundraising opportunities, and family events. By visiting the website, you can opt to sign up for weekly **emails** that will remind you of the upcoming events and important dates. You can also download call sheets and other documents, make payments toward your student's account, and contact members of the Boosters. This website is an invaluable tool and every parent and student should be a part of it.

There is also a **Facebook** open group for more info, pictures, and posts. Upland Highland Regiment Band

Why is fundraising important/necessary to participate in?

Currently, by being a member of the Regiment, the breakdown of expenses for each student is about \$1,150.00. This dollar amount covers uniform maintenance and accessories, bus transportation, assistant instructor salaries and other fees (etcetera). This means that if the parents and families of each student **do not** contribute through donations and fund raising toward the Regiment program, the program will cease to exist. A detailed list of expenses for running the Regiment program is available for you to review.

Especially during economic times as these, fundraising can be difficult and time consuming for families. This is why the UHRB has designed a fundraising program to help you raise money. Many fundraising events that you participate in will raise money for the Regiment General Fund and support your student. Each student is issued a student ID number that is used when you and your family raise extra dollars, to keep an accounting of donations for the regiment in your student's account.

For a complete list of fundraising opportunities available to you and your family, please visit www.uhrb.org and click on Scrip for more information.

How can I participate in UHRB? How can I be part of my child's Regiment experience??

The Upland Highland Regiment Boosters (parent volunteer organization) welcomes every parent, grandparent, and any other family member to join us in making Regiment a successful and meaningful experience for our children.

Many volunteer opportunities exist:

- Loading equipment and instruments during competitions season.
- Preparing uniforms.
- Hair dressing for competitions.
- Assisting in fundraising.
- Serving meals to the students.
- Donating and/or selling at Bake Sales

Please come to the parent meetings, held on the 1st Thursday of each month.

You can contact Allison Roberts, the Volunteer Coordinator, for more information about where you can help.

Are there refunds?

There are no refunds on ordered clothing and items once they have been personalized with your child's name on them.

Any questions regarding payments or refunds must be discussed with the UHRB Treasurer. The treasurer can be reached through the UHRB website or is usually found at Round Table on Tuesday nights from 6-7 PM during Scrip sales.