

# ALL DAY MENU • THE RUCK • TROY, NY

Founded in 1998, The Ruck is the embodiment of Craft culture.

From the beer we serve and the food we make, to the atmosphere we create; each detail is carefully considered to make your experience exceptional, and true to our historic Troy roots.

Our knowledgeable staff is ready to be your guide as you explore our beer and food menus.

Now raise a glass, eat, drink, and be merry as we welcome you to "Get Rucked" with us! Cheers!

## SMALL PLATES & APPETIZERS

- TRADITIONAL or BONELESS WINGS** \$11
- Berben & Wolff's SEITAN "WINGS" {V}** \$13
- Your Choice of Mild, Medium, Hot, BBQ, BBQ Hot
- + \$1** Vegan Buffalo Sauces, Garlic Parm Butter, Sauce of the Day, Honey Mustard, Brother Rob Hot, Buffalo Garlic Parm, Gold Sauce
- SOUP OF THE DAY** cup \$5/ bowl \$8
- Constantly Changing Chef Inspired Soup, Chili or Stew
- WINGBURGA CHILI** cup \$7/ bowl \$10
- Our Classic Spicy Beef & Bean Chili, topped with Ruck Blue, Wing Sauce, and House Tortilla Chips
- C\*H\*I\*P\*S** \$8
- House Tortilla Chips. Green Chili & Beer Queso. Beet Salsa
- NO SUBSTITUTIONS \*** \$10
- Half Dozen Dry Rub Smoked & Fried Wings. Spice Salt Lick. Gold Sauce.
- BUMPIN' DUMPLIN' {VG}** \$11
- Fried Cheddar Cheese Pierogies. Beet Salsa. Sour Cream
- BABY SHARKS** \$10
- Spicy Nashville Hot Battered Fish Bites. Ranch. Wing Sauce
- SH'PIEDIES {GF} {DF}** \$10
- Marinated Grilled Chicken Skewers. Lemon Tahini Drizzle

## FULLY LOADED

**WHITE GUY WASTED \$12** : Ruck Classic Smothered Tots with Bacon, Cheddar Jack, Beer Cheese, and Ranch

**WALKING TACO \$13** : Fritos Corn Chips Topped with ReFried Beans & Greens, Chipotle Braised Chicken, Cheddarjack, Green Chili & Beer Queso , Beet Salsa

**MAYOR McCHEEZE \$13**: House Tortilla Chips Topped with Bacon, Cheddarjack, Wing Burger Chili, Green Chili & Beer Queso, Fried Pickles, Spidah Sauce Drizzle

**POULTRY SLAM: \$14**: Tater Tot Super Poutine: Topped with Beans & Greens, Stuffing, Chipotle Chicken, Cheese Curds, Turkey Gravy, and Cranberry Sauce

## GET CRISPY

- NAKED HOUSE FRIES {V}**
- \$4 /sm
- \$6 /lg
- TATER TOTS {V}**
- \$5 /sm
- \$7 /lg
- ONION RINGS**
- \$6 /sm
- \$9 /lg
- Lemon Horseradish Dip*
- SWEET POTATO WAFFLE FRIES {V}**
- \$6 / sm
- \$9 /lg
- Chipotle Sugar \* Melba*
- MOZZARELLA STICKS**
- \$7
- Choice of Marinara or Melba*
- DEEP FRIED PRETZEL BITES**
- \$7
- IPA Mustard Dip*
- BOAT o' TORTILLA CHIPS**
- \$4

## GET CRISPIER

- MAKE 'EM CHEESE or GRAVY**
- sm/add \$1
- lg/add \$2
- MAKE 'EM VEGAN CHEEZ {V}**
- DISCO or HOT {VG}**
- sm/add \$2
- lg/add \$3

## SALADS & FLATBREAD

FLATBREADS TOPPED WITH DRESSED GREENS  
\$1 MAKES IT GF WITH OUR CAULIFLOWER FLATBREAD

- CAPRESEBALLS FLATBREAD** \$13
- House Ground & Seasoned Chicken Meatballs. IPA Pesto. Fresh Mozzarella. Tomato. Shaved Parmesan. Balsamic Glaze
- HUMMUS N' CHILL FLATBREAD{V}** \$12
- Classic Housemade Hummus. Grilled Onion. Cucumber. Tomato. Roasted Red Peppers. Garlicky Lemon Tahini Drizzle.
- TROY PHILLY FLATBREAD** \$13
- Shaved Beef. Sauteed Spinach & Onion. White Garlic Sauce Roast Red Peppers. Melty Provolone. Shaved Parmesan
- SHWARMA ROUND SALAD {DF}** \$13
- Marinated Grilled Chicken. Tomatoes. Onions. Chopped Lettuce. Garlicky Lemon Tahini Dressing. Griddled Flatbread
- GET HIM TO THE GREEK SALAD { VG}** \$13
- House Hummus. Feta. Grilled Onion. Tomato. Kalamata Olives. Cucumbers. Baby Spinach. Cucumber Yogurt Dressing
- BOHO CHIC SALAD {VG}** \$14
- Chopped Romaine. Roast Pork. Cheddar Cheese Pierogies. Beans & Greens. Beet Salsa. Dijon Vinaigrette. Sour Cream

{V} VEGAN {VG} VEGETARIAN {DF} DAIRY FREE {GF} GLUTEN FREE

# HOUSE BURGERS & SANDWICHES

CHOOSE YOUR SIDE  
CUP OF SOUP OF THE DAY \* FRITOS  
TORTILLA CHIPS\* DRESSED GREENS \*HOUSE FRIES

## ROXANNE and the RED LIGHT Burger \$15

Brioche Bun. Smoked Gouda. Baby Spinach. Candied Bacon.  
Roasted Red Peppers. Garlic & Red Pepper Aioli

## TRUE AMERICAN Burger \$14

Classic Kaiser. American. Spidah Sauce. Lettuce & Tomato.  
Pickle Chips. Crispy Onion

## OK BOOM BOOMER Sandwich \$14

Spicy Battered Fish Bites. Lettuce & Tomato. Boom Boom Sauce.  
Griddled Brioche Roll. Crispy Onion.

## CHICKEN BOMB BOMB (lettuce) Wrap {GF} \$13

Beer & Chipotle Braised Chicken. Roasted Red Peppers.  
Grape Tomato. Crumbled Feta. Crispy Onion. Classic Wing Sauce.

## ONE TRICK PONY Broiled Sandwich \$14

Hoagie Roll. IPA Pesto. House Chicken Meatballs. Baby Spinach.  
Tomato & Ale Jam. Melty Fresh Mozzarella & Provalone.

## BAD SANTA Wrap \$14

House Roast Turkey. Chipotle & Ale Braised Chicken. Spinach.  
Smoked Gouda. Herb Stuffing. Spicy Cranberry Mayo.

## SOW DELICIOUS Sandwich \$13

Griddled Brioche. Cider Roast Caraway Pork Loin. Candied Bacon  
IPA Mustard. Sautéed Apples & Onions. Melty Swiss.

## TREE HUGGER Broiled Sandwich {V} \$13

Hoagie Roll. Baby Spinach. Smoked Tofu. Refried Beans & Greens.  
Beet Salsa. Grilled Onions . Tomato & Ale Jam. Vegan Cheez Sauce.

{consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of foodborne illness}  
{GF indicates those items are prepared gluten free,yet there may be unavoidable cross contact w/ gluten containing food}

# BUILD YOUR OWN

KAISER . LETTUCE . TOMATO . PICKLE CHIPS  
\$10

## CHOOSE YOUR MAIN

Tri Blend BeefPatty {GF} \*\* House Vegan Beet & Black Bean Patty {GF} {V}  
Grilled House Smoked Tofu {V} {GF}  
Grilled Spiedie Marinated Chicken {GF}  
Sliced Caraway Roast Pork {GF} \*\* Shaved Steak {GF}

## TOP IT / CHEESE

+1  
American/ Cheddar/ Swiss/ Vegan Cheez Sauce  
+2  
Smoked Gouda/ Fresh Mozzarella / Provalone  
Crumble Blue/ Shred Cheddar Jack

## PUT A SANDO ON IT

+1  
Brioche Bun . Hoagie Roll.  
Garlic Pesto Wrap  
+3  
Gluten Free Roll

## ADD DRESSING

+1  
IPA or Honey Mustard / Dijon Vinaigrette / Traditional Wing Sauce  
+2  
Red Pepper Aioli/ Spidah Sauce/ Ruck Blue/ Cucumber Yogurt/ Boom Boom Sauce  
Tomato & Ale Jam/ IPA Pesto/ Specialty Wing Sauce / White Garlic Sauce

## TOP IT/ EXTRAS

+1  
Crispy Onions / Grilled Onions / Roast Reds / Roast Beet Salsa  
+2  
Fried Egg / Bacon / Onion Rings / ReFried Beans & Greens/ Hummus  
+3  
Candied Bacon /Fried Pierogies/ Chipotle Braised Chicken/ WingBurga Chili

## CHOOSE YOUR SIDE

Cup of Soup \* Fritos \* Tortilla Chips \* Dressed Greens \* Handcut Fries  
+2  
Upgrade to Tots or Sweet Potato Fries  
+3  
Upgrade Onion Rings or Pretzel Bites