

## TRANSFORMATION IN 100 DAYS

“Keith, my career has stalled. My team and I are not getting the results I want, and I have not reached the senior executive level that I aspired to. I want your help and this is a critical time. Can you help me transform myself in 100 days?”

Wow! How could we make a real difference in 100 days? Then in discussions with my business partner, Danielle Conroy, we started to see a path forward. We have both been coaching senior leaders for 25-30 years and while almost all of our clients report significant growth and exceptional results, our truly unique and powerful process required an extended period of time. We had been operating under the assumption that transformation takes time.

With this heartfelt request, we began to question that assumption. We looked specifically at what ‘creates’ real transformation, what conditions are required, and how could we support our clients seeing wider, deeper and further...faster.

We saw that a lot of the work happens in our coaching sessions with our clients, and many magical moments in between, and then weeks, months and even years after, even greater capacities are revealed.

However, when we looked at our most successful cases, we saw that those clients who were really committed, had something at stake, something they really cared about were the ones who moved the fastest. There were other insights we saw that, time and time again, produced breakthroughs and complete shifts in who the client was being, how they were thinking and what actions they were taking. As we examined our experience, a deeper, underlying pattern for rapid transformation began to reveal itself. We believe these patterns made a huge difference to the results our clients were able to achieve and sustain.

### ***Coaching for true and deep transformation in 100 days.***

Call us now for an obligation free one-hour discussion, where we will share the conditions necessary for accelerated transformation. You can reach Keith Merron at 415-342-1331 or Danielle Conroy at 415-450-7845.

If you decide to work with one of us, and we decide to work with you, we guarantee you will experience fundamental transformation, and a measurable change in your leadership and the results you are seeking, in 100 days.

If you are interested in becoming all that you can be as a leader; if you are interested in realizing your full potential; if you seek greatness in yourself, then call us now. Let’s talk!