Test	Prep Checklist:
	I reviewed the PDF's of the lecture notes at least once.
	I regularly reviewed the PDF's of the lecture notes (i.e., more than once).
	I looked at the videos under the "Supplementary Material" heading.
	I went to the instructor's office hours with questions.
	I read the assigned readings .
	I answered all the questions from the study guide with help from and in the
	language of the lecture notes.
	I re-answered all the questions from the study guide in my own words.
	I checked with a classmate or with the instructor that my answers were
	correct.
	I talked about the material with a classmate and/or the instructor.
	I gave myself several days to integrate the material (as opposed to
	cramming).