Club Northwest Summer All-Comers Track \& Field Meets Presented by Road Runner Sports
NOTE: This year's listed sponsor, Stocks and Commodities Magazine, never paid their sponsorship after being billed three times. If you decided to give them business based on their 2005 sponsorship, we hope you will now give them "the business" about not fulfilling their obligations.

MEET 06 -- 06 JULY 2005
Sponsored by PacifiCare Torchlight Run at SEAFAIR
Shoreline District Stadium, Shoreline, Washington

## OUTSTANDING PERFORMANCES

Male -- Ryan Johnson (SETA) in the Men's 800-meters
Female -- Ashley Cormier (un) in the women's 200-meters and many kids events
TOTAL ENTRIES -- 244

## FIELD EVENT RESULTS

## Kids High Jump

1. Ashley Cormier (un/F13) 1.25m (4-1 1/4); 2. Tyler Newbould (un/M11) 0.94m (3-1); hn. Brad Riggs (un/M09).

## Women's High Jump

1. Liz Fuller (un/F18) 1.55m (5-1).

We apologize to our vaulters. Our stadium permit only allows us to be in this facility until 10 p.m. We understand a number of you are showing up later than 6 pm , anticipating that you are not vaulting until much later, but this slows the competition as you sign in with the judge. WE NEED MORE HELP for the vault, and until we get it, we will have to increase the increments to 20 cm from the current 15 cm . There were 155 vaults taken in 180 minutes -- not bad, but not enough for the size of the field!! Any vaulter who was here tonite and didn't finish vaulting will get free entry into a future meet this season.

## Women's Pole Vault

1. Kathleen Donoghue (un/F23) 3.35m (11-0); 2. Elina Ringa (un/F24) 3.20m (10-6); 3. Valan Calvo (un/F15) 2.75m (9-0 1/4); 4. Pam Trautmane (un/F47) 2.45m (8-0 1/2); 5. Susan Sifferman (un/F20) 2.45m (8-0 1/2); 6. Amy Colvin (un/F15) 2.45m (8-0 1/2); 7. Britney James (Snohomish/F15) 2.45m (8-0 1/2); 8. Allie Barner (un/F15) 2.15m (7-0 3/4); nh. Carly Dockendorf (un/F22), Stevie Marshalek (un/F20), Andrea Peterson (un/F19), and Kate Carlson (un/F23).

## Men's Pole Vault

1. (tie) Seth Cordell (Everett/M18) and Seth Marshalek (un/M22) 3.95m (12-11 1/2); 3. Bart Ong (un/ M33) 3.95m (12-11 $1 / 2$ ); 4. Josh Winters (Bothell/M17) 3.95m (12-11 1/2); 5. Sean Beighton (un/M16) 3.80m (12-5 1/2); 6. (tie) Viktor Grny (un/M16), David Pinkerton (Snohomish/M17), and Kurt Daniels (un/M18) 3.35m (11-0); 9. (tie) Jeff Merdich (FWTC/M16) and Zack Argyle (TJefferson/M17) 3.20m (10-6); 11. Paul Angell (un/M42) 3.20m (10-6); 12. Steve Marshalek (un/M??) 3.20m (10-6); 13. Vasili Ilanji (un/M17) 3.20m (10-6); 14. Sirak Chhae (un/M15) 3.05m (10-0); 15. Danny Coleman (Cedar Park/M15) 2.90m (9-6 1/4); 16. Joe Stride (Cedar Park/M16) 2.90m (9-6 1/4); 17. Mitch Sontra (Everett/M17) 2.90m (9-6 1/4); 18. Dave Butler (Cougar TC/M65) 2.75m (9-0 1/4); 19. Ray Rellich (Cedar Park/M15) 2.60m (8-6 1/4); nh. Ryan Vu (un/M17), Garet Handy (un/M16), Pat Licari (un/M37), and Charles Villagracia (un/M21).

## Kid's Long Jump

1. Ashley Cormier (un/F13) 3.83m (12-6 3/4); 2. Jonathan Moore (un/M09) 3.03m (9-11 1/4); 3. Alec Wade (un/M09) 2.59m (8-6); 4. Brad Riggs (un/M09) 1.98m (6-6); 5. Madison Licari (un/F05) 1.76m (5-9 1/4); 6. Dylan Tumbic (un/M09) 1.54m (5-0 3/4); 7. Ingrid Fosberg (un/F04) 1.21m (3-11 3/4); 8. Evan Brown (un/M03) 1.00m (3-3 1/4)..

## Women's Long Jump

1. Liz Fuller (un/F18) 5.01m (16-5 1/4); 2. Misha Dacy (un/F30) 4.58m (15-0 1/4); 3. Susan Sifferman (un/F20) 3.75m (12-3 3/4).

## Men's Long Jump

1. Michael Lorovich (un/M19) 5.34m (17-6 1/4); 2. Gordon Lanser (un/M43) 5.17m (16-11 1/2); nm. Mark Conrad (un/M19).

## Women's Triple Jump

1. Liz Fuller (un/F18) 10.00m (32-9 3/4).

## Men's Triple Jump

1. Mark Conrad (un/M19) 12.73m (41-9 1/4); 2. Gordon Lanser (un/M43) 10.75m (35-3 1/4).

## Kid's Shot Put

1. Ashley Cormier (un/F13) 8.53m (27-11 3/4); 2. Imaj Christiansen (un/M12) 8.35m (27-4 3/4); 3. Nina Knight (un/F12) $7.19 \mathrm{~m}(23-7)$; 4. Joseph Moore (un/M11) 6.30m (20-8); 5. Brock Eager (un/M09) 6.09m (19-11 3/4); 6. Anna Moore (un/F13) 5.95m (19-6 1/4); 7. Tyler Newbould (un/M11) 5.61m (18-4 3/4); 8. Noah Knight (un/M09) 4.85m (15-11).

## Women's Shot Put

(4kg) 1. Liz Fuller (un/F18) 10.57m (34-8 1/4); 2. Anyka Ozog (un/F17) 9.95m (32-7 3/4); 3. Jenae Christiansen (un/F16) 9.17m (30-1); 4. Jaz'min Daiels (un/F17) 8.48m (27-9 3/4).

## Men's Shot Put

(16lb) 1. Marc Henner (un/M25) 13.88m (45-6 1/2); 2. Andrew Steiner (un/M24) 10.61m (34-9 3/4); 3. Chris Salas (un/M34) 8.46m (27-9).
(12lb) 1. Morris Korion (un/M17) 15.49m (50-9 3/4); 2. Jeremiah Olivarez (un/M16) 10.26m (33-8).
( 6 kg ) 1. Doug Korhel (un/M55) 10.55m (34-7 1/4)

## Women's Discus Throw

(1kg) 1. Anyka Ozog (un/F17) 30.00m (98-5); 2. Jaz'min Daniels (un/F17) 28.50m (93-6); 3. Jenae Christiansen (un/F16) 21.26m (69-9); 4. Rachel Olivarez (un/F14) 19.40m (63-7 3/4).

## Men's Discus Throw

(2kg) 1. Vince Radish (un/M20) 39.00m (127-11); 2. Andrew Steiner (un/M24) 37.28m (122-4); 3. Chris Salas (un/M34) 33.82m (110-11).
(1.6kg) 1. Morris Korion (un/M17) 53.95m (176-11); 2. Jeremiah Olivarez (un/M16) 36.43m (119-6).
(1.5kg) 1. Doug Korhel (un/M55) 36.90m (121-1).
(1.0kg) 1. Imaj Christiansen (un/M12) 17.84m (58-6 1/4); 2. Brock Eager (un/M9) 11.32m (37-1 3/4).

Kids TurboJav ${ }^{\text {TM }}$ Toss (measured in yards using football hashmarks)

1. Tyler Newbould (un/M11) 29y; 2. Taren Gorman (un/M11) 25y; 3. Sean Strecker (un/M9) 23y; 4. Nina Knight (un/F12) 18y; 5. Joseph Moore (un/M11) 15.5y; 6. Alec Wade (un/M09) 13.5y; 7. Haley Strecker (un/F07) 13y; 8. Noah Knight (un/M09) 9y; 9. Evan Brown (un/M03) 6y; 10. Ingrid Fosberg (un/F04) 2.5y.

## Women's Javelin Throw

(600g) 1. Lauren Sego (un/F17) 34.05m (11-8); 2. Elise Knutzen (un/F17) 29.92m (98-2); 3. Melissa Moore (un/F44) 27.88m (91-5); 4. Jaz'min Daniels (un/F17) 15.75m (51-8); 5. Anna Moore (un/F13) 14.99m (49-2 1/4); 6. Ashley Cormier (un/F13) 13.01m (42-8 1/4).

## Men's Javelin Throw

( 800 g ) 1. Tony Young (CNW / M43) 49.20m (161-5); 2. Dave Cudwort (un/M??) 44.96m (147-6); 3. Brad Newbould (un/M15) 17.36m (56-11 1/2).
(600g) 1. Tyler Newbould (un/M11) 20.88m (68-6); 2. Brock Eager (un/M09) 14.00m (45-11 1/4); 3. Joseph Moore (un/M11) 13.19 m (43-3 1/4); 4. Goran Tumbic (un/M11) 10.73m (35-2 1/2); 5. Dylan Tumbic (un/M09) 7.97m (26-1 3/4).

## TRACK EVENT RESULTS

## Kid's 100-meter Dash

1. Ashley Cormier (un/F13) 13.9h; 2. Ted Baird (un/M11) 15.1h; 3. Sean Strecker (un/M09) 16.4h; 4. Julia Tumbic (un/F14) 16.8h; 5. Jonathan Moore (un/M09) 17.2h; 6. Alec Wade (un/M09) 17.3h; 7. Alex Lanser (un/M08) 17.6h; 8. Christian Hinrichsen (un/M08) 18.5h; 9. Goran Tumbic (un/M11) 19.5h; 10. Dylan Tumbic (un/M09) 19.8h; 11. Ben Tuberg (un/M08) 20.8h; 12. Ingrid Fosberg (un/F04) 25.2h; 13. Evan Brown (un/M03) 27.9h; 14. Mikayla Goodwin (un/F04) 28.5h; 15. Vijay Slupski (un/M06) 34.9h.

## Kid's 50-meter Dash

1. Ted Baird (un/M11) 7.5h; 2. Taren Gorman (un/M11) 7.7h; 3. Sean Strecker (un/M09) 7.8h; 4. Julia Tumbic (un/F14) 7.9h; 5. Jonathan Moore (un/M09) 8.0h; 6. Alec Wade (un/M09) 8.1h; 7. Christian Hinrichsen (un/M08) 8. Ben Tuberg (un/M08) 8.9h; 9. Goran Tumbic (un/M11) 9.1h; 10. Haley Strecker (un/F07) 9.5h; 11. Dylan Tumbic (un/M09) 9.9h; 12. Ingrid Fosberg (un/F04) 11.5h; 13. Mikayla Goodwin (un/F04) 13.2h; 14. Evan Brown (un/M03) 13.7h.

## Kid's 200-meter Dash

1. Ashley Cormier (un/F13) 28.0h; 2. Ted Baird (un/M11) 34.5h; 3. Alex Lanser (un/M08) 36.9h; 4. Christian Hinrichsen (un/M08) 40.6h; 5. Katey Licari (un/F09) 47.4h; 6. Goran Tumbic (un/M11) 44.8h; 7. Madison Licari (un/F05) 55.1h; 8. Jonathan Robinson (un/M05) 60.2h; 9. Ingrid Fosberg (un/F04) 60.6h; 10. Vijay Slupski (un/M06) 80.2h.; 11. Gabe Robinson (un/M02) 86.3h.

## Kid's Mile Jog

1. John Fowler (un/M12) 6:29.7h; 2. Katey Licari (un/F09) 9:22.0h.

## Co-ed Mile Race Walk

1. Ann Tuberg (un/F45) 8:32.3h.

## Men's 400-meter Hurdles

(33") 1. Russ Jacquet-Acea (un/M52) 67.9h.

## Women's 200-meter Dash

1. Ashley Cormier (un/F13) 27.7h; 2. Julia Tumbic (un/F14) 37.6h.

## Men's 200-meter Dash

1. Marques Lang (un/M19) 23.3h; 2. Mark Conrad (un/M19) 24.4h; 3. Tony Young (CNW/M43) 25.0h; 4. Michael Lorovich (un/M19) 25.6h; 5. Gordon Lanser (un/M43) 25.8h; 6. Rod Wilcox (un/M39) 26.1h; 7. Aaron Cupp (un/M29) 26.5h; 8. Derek Yamamoto (un/M14) 27.3h; 9. Russ Jacquet-Acea (un/M52) 28.0h.

Co-ed Jogger's Mile (listed by order of best prediction)

1. Uli Steidl (SRC/M33) 6:20-6:20 ZERO!; 2. (tie) Shane Carothers (un/M24) 7:40-7:38-2 and Ann Tuberg (un/F45) 7:557:57 +2 and Eric Bone (CNW / M31) 6:50-6:48-2 and Bill Cusworth (un/M37) 6:50-6:48-2 and Jason Polverari (un/M28) 7:15-7:17 +2 and Beth Cordy (un/F46) 8:00-8:02 +2; 8. Marcus Yamamoto (un/M18) 6:00-6:04 +4; 9. (tie) Jeff Rasor (un/M21) 6:02-5:57-5 and Jeremy Rasor (un/M16) 6:30-6:25-5; 11. Kyle Rasor (un/M13) 6:30-6:22 -8; 12. Mark Alexander (un/M40) 7:56-8:05 +9; 13. (tie) Brad Newbould (un/M15) 7:15-7:04-11 and Eric Newbould (un/M49) 7:15-7:04 -11 and Tom Skinner (un/M52) 8:00-7:49 -11 and Sasha Skinner (un/F17) 8:00-7:49 -11; 17. Matt Hart (un/M23) 8:00-7:47 -13; 18. Michael Allison (CNW /M53) 7:54-8:08 +14; 19. Susan Sifferman (un/F20) 7:20-7:39 +19; 20. Calvin Grover (un/M14) 5:20-5:40 +20; 21. Sue Grigsby (un/F48) 7:45-7:24-21; 22. Kevin Rovegno (un/M16) 6:40-7:02 +22; 23. Lacey Cotterill (un/F15) 6:10-6:33 +23; 24. (tie) Patrick Lindsay (un/M33) 7:40-8:07 +27 and Jack Prestrud (CNW / M48) 6:49-6:22 -27; 26. Dean Koga (un/M54) 7:45-7:16-29; 27. Shelby Schenck (un/M38) 7:45-7:14-31; 28. Tony Robinson (CNW / M38-TODAY) 7:00-7:32 +32; 29. Tony Young (CNW/M43) 7:10-6:33-37; 30. Nina Knight (un/F12) 7:20-6:32 -48; 31. Ron Knight (un/M37) 8:00-6:34-1:26.

## Women's 1500-meter Run

1. Sue Grigsby (un/F48) 5:48.0h; 2. Sherri Prather (CNW/F51) 6:42.6h.

## Men's 1500-meter Run

1. Eric Garner (un/M24) 3:59.6h; 2. Matt Goiney (CNW/M17) 4:31.1h; 3. Jason Wimbish (un/M16) 4:35.0h; 4. Abe Wehmiller (un/M31) 4:35.3h; 5. Shelby Schenck (un/M38) 4:36.7h; 6. Patrick Lindsay (un/M33) 4:44.9h; 7. Calvin Grover (un/M14) 4:48.2h; 8. Michael Allison (CNW/M53) 4:49.0h; 9. Mark Alexander (un/M40) 4:49.6h; 10. Joey Dominguez (un/M16) 5:04.7h; 11. Rick Garrison (un/M52) 5:07.0h; 12. Tony Robinson (CNW/M38-TODAY) 5:15.1h; 13. Bob Prather (CNW / M49) 6:42.1h..

## Women's 400-meter Dash

1. Ashley Cormier (un/F13) 64.5h.

## Men's 400-meter Dash

1. Tony Young (CNW / M43) 53.4h; 2. Shane Carothers (un/M24) 57.3h; 3. Ron Knight (un/M37) 66.7h; 4. Will Leslie (un/M59) 69.2h.

## Women's 800-meter Dash

1. Emily McClure (un/F16) 2:51.7h; 2. Sue Grigsby (un/F48) 2:58.3h.

Men's 800-meter Dash

1. Ryan Johnson (SETA/M20) 1:53.1h; 2. Jeremy Rasor (un/M16) 2:08.4h; 3. Dan Myers (un/M18) 2:10.4h; 4. Jeff Rasor (un/M21) 2:12.4h; 5. Jason Wimbish (un/M16) 2:13.7h; 6. Bryan Burdo (CNW/M48) 2:14.9h; 7. David Martin (CNW / M27) 2:15.2h; 8. Eric Bone (CNW/M31) 2:19.2h; 9. Joey Dominguez (un/M16) 2:23.0h; 10. Tom Skinner (un/M52) 2:23.7h; 11. Lance Albertson (un/M43) 2:27.8h; 12. Dean Koga (un/M54) 2:30.8h; 13. Kevin Roegno (un/M16) 2:37.8h.

## Women's 3000-meter Run

1. Beth Cordy (un/F46) 12:55.3h.

## Men's 3000-meter Run

1. Bob Prather (CNW /M49) 9:25.3h; 2. Tyler Hart (un/M18) 9:46.5h; 3. Abe Wehmiller (un/M31) 10:06.9h; 4. Eric Bone (CNW / M31) 10:07.5h; 5. Joshua Simons (un/M15) 10:17.8h; 6. Bill Cusworth (un/M37) 10:21.0h; 7. Patrick Lindsay (un/M33) 10:23.8h; 8. Michael Allison (CNW / M53) 10:41.6h; 9. Eric Newbould (un/M49) 10:52.5h; 10. Steven James (un/M44) 11:29.8h; 11. Mark Alexander (un/M40) 11:41.9h; 12. Brad Newbould (un/15) 11:53.1h.

## No Entrants

Men's High Jump, Women's 400-meter Hurdles, Co-ed 4x100-meter Relay, Co-ed 4x400-meter Relay.

