

## MEET 08 --- 12 JULY 2000

Edmonds District Stadium, Edmonds, Washington

### OUTSTANDING PERFORMANCES

Male --Lorenzo Hill of Club Ballard in the 200-meters and anchoring the 4x100m.

Female --Christine James in the 1500-meters.

**TOTAL ENTRIES** --370

### FIELD EVENT RESULTS

#### Kid's High Jump

1. Renee Gittins (un/F10) 1.01m (3-4); 2. Lauren Ingram (un/F10) 1.01m (3-4); 3. Jennifer Quick (un/F11) 0.96m (3-1 3/4); 4. Cacie Johnson (un/F10) 0.91m (2-11 3/4); 5. Adrianna Maraveller (un/F10) 0.86m (2-9 3/4); nh. Ariel Anfinson (un/F10).

#### Women's High Jump

1. Stephanie Jaross (un/F18) 1.52m (4-11 3/4); 2. Sarah Ingram (un/F17) 1.32m (4-4).

#### Men's High Jump

1. Kurt Spann (un/M31) 1.98m (6-6); 2. Senn Steck (un/M22) 1.98m (6-6); 3. Cresap Watson (un/M16) 1.73m (5-8); 4. Bruce McLean (CNW/M44) 1.57m (5-1 3/4); nh. Kirk Larson (WWU/M21).

#### Women's Pole Vault

1. Becca Gillespy (un/F18) 3.20m (10-6); 2. Marisa Omori (un/F19) 3.20m (10-6); 3. Tayler Wilkins (un/F18) 3.05m (10-0); 4. Kierstin Schvaneveldt (un/F18) 2.90m (9-6 1/4); 5. Stevie Marshalek (un/F15) 2.90m (9-6 1/4); 6. Lindsay Draper (un/F16) 2.60m (8-6 1/4); 7. Cari Loomis (un/F18) 2.45m (8-0 1/2); nh. Amy Schvaneveldt (un/F16), Hannah McHugh (un/F16), Merry Jane Bendico (un/F22), Alena Schlumpf (un/F21), and Kelly ? (un/F9).

#### Men's Pole Vault

1. Kumi Nagahisa (un/M18) 4.25m (13-11 3/4); 2. Jack Hoyt (un/M36) 4.25m (13-11 1/4); 3. Chris Comunale (un/M18) 3.80m (12-5 1/2); 4. Paul Peters (un/M27) 3.80m (12-5 1/2); 5. Charly Shugart (un/M old) 3.65m (11-11 3/4); 6. John Novack (un/M20) 3.50m (11-5 3/4); 7. Brian Scroggins (un/M16) 3.50m (11-5 3/4); 8. Steve Marshalek (un/M ) 3.35m (11-0); 9. Chris Cullison (un/M20) 2.90m (9-6 1/4); 10. Chris Wada (un/M15) 2.75m (9-0 1/4); 11. Alan Huynh (un/M14) 2.60m (8-6 1/4); nh. Robert Bartholomew (un/M16), Seth Marshalek (un/M17), and Ron Johnson (un/M?).

#### Kid's Long Jump

1. Sean Cameron (un/M10) 3.84m (12-7 1/4); 2. Kevin Callahan (un/M12) 3.57m (11-8 1/2); 3. William DiIrio (un/M8) 3.28 (10-9 1/4); 4. Jennifer Quick (un/F11) 3.03m (9-11 1/4); 5. Tyler Osborne (un/F11) 3.01m (9-10 1/2); 6. Derek Anderson (un/M9) 2.98m (9-9 1/4); 7. Lauren Ingram (un/F10) 2.77m (9-1); 8. Patrick Wickheiser (un/M9) 2.76m (9-0 3/4); 9. Cacie Johnson (un/F10) 2.29m (7-6 1/4); 10. (tie) Adrianna Maraveller (un/F10) and Gabriel DiIrio (un/M6) 2.27m (7-5 1/4); 12. Brittney Easter (un/F12) 2.05m (6-8 3/4); 13. Katie Callahan (un/F12) 1.89m (6-2 1/2); 14. Ariel Anfinson (un/F10) 1.88m (6-2); 15. Benna Norman (un.F15) 1.63m (5-4 1/4); 16. Lynnea Maraveller (un/F5) 1.43 (4-8 1/4); 17. CJ Easter (un/F8) .96m (3-1 1/4).

#### Women's Long Jump

1. (tie) Sarah Ingram (un/F17) and Susan Quick (un/F14) 3.99m (13-1); 3. Laura Cobb (un/F19) 3.89m (12-9 1/4); 4. Kelly Wright (un/F19) 3.62m (11-10 1/2); 5. Amy Huynh (un/F17) 2.97m (9-9).

#### Men's Long Jump

1. Garron Smith (un/M37) 4.61m (15-1 1/2); 2. Demetri Maraveller (un/M37) 4.52m (14-10); 3. Dan Ingram (un/M39) 3.38m (11-1).

#### Women's Triple Jump

1. Laura Cobb (un/F19) 8.48m (27-9 3/4); 2. Kelly Wright (un/F19) 7.87m (25-9 3/4); 3. Amy Huynh (un/F17) 7.57m (24-10).

#### Men's Triple Jump

1. Alan Huynh (un/M14) 9.46m (31-0 1/2).

#### Women's Shot Put

(4.0kg) 1. Megan Kruse (un/F17) 10.99m (36-0 3/4); 2. Alexis Hartwell (un/F18) 10.73m (35-2 1/2); 3. Jamie Morgan (un/F17) 9.14m (29-11 3/4); 4. Erin Heia (un/F19) 8.81m (28-10 3/4).

#### **Men's Shot Put**

(12lb) 1. David Phaxayseng (un/M16) 13.14 (43-1 1/4); 2. Matt Montzingo (un/M17) 11.94m (39-2); 3. Jeff Stevens (un/M41) 11.07m (36-3 3/4).

(16lb) 1. Christian Salas (un/M29) 12.97 (42-6 3/4); 2. Andrew Steiner (un/M19) 10.52m (34-6 1/4).

#### **Women's Discus Throw**

(1.0kg) 1. Megan Kruse (un/F17) 30.50m (101-1); 2. Jamie Morgan (un/F17) 24.20 (79-5); 3. Erin Heia (un/F19) 23.60m (77-5); 4. Tina Perle (un/F44) 22.96m (75-4); 5. Erin Dixon (un/F15) 14.98m (49-2).

#### **Men's Discus Throw**

(1.0kg) 1. Dick Dow (un/M62) 39.66m (130-1).

(1.6kg) 1. Jeff Fate (un/M18) 41.38m (135-9); 2. David Phaxayseng (un/M16) 39.32 (129-0); 3. Geoff O'Neil (un/M17) 32.10m (105-4); 4. Ian Jeffries (un/M17) 28.32m (92-11); 5. Matt Montzingo (un/M17) 26.98m (88-6); 6. Jeff Stevens (un/M41) 24.58m (80-8); 7. Yale Varty (un/M14) 10.23M (33-7).

(2.0kg) 1. Christian Salas (un/M29) 39.10m (128-3).

#### **Kid's Softball Throw**

1. Kevin Callahan (un/M13) 40.24m (132-0); 2. (tie) Chris Marshalek (un/M11) and William DiIrio (un/M8) 32.92m (108-0); 4. Patrick Wickheiser (un/M9) 31.10m (102-0); 5. (tie) Chad Morgan (un/M8), Derek #2 (un/M9), and Tyler Osborne (un/M11) 28.34m (93-0); 8. Katie Callahan (un/F14) 25.60m (84-0); 9. Lauren Ingram (un/F10) 20.11m (66-0); 10. Renee Gittins (un/F10) 19.20m (63-0); 11. Cacie Johnson (un/F10) 16.46m (54-0); 12. Apri? (un/M6) 15.54m (51-0); 13. Barrett ?(un/M7) 14.63m (48-0); 14. (tie) Brittney Easter (un/F10) and CJ Easter (un/M8) 10.97m (36-0); 16. Michael ? (un/M7) 6.40m (21-0).

#### **Women's Javelin Throw**

1. Megan Kruse (un/F17) 30.47m (99-11); 2. Erin Dixon (un/F15) 24.55m (80-6); 3. Robin Dixon (un/F?) 19.86m (65-2).

#### **Men's Javelin Throw**

1. Don Fate (un/M51) 48.38m (158-9); 2. Phillip Pohl (un/M18) 41.34m (135-7); 3. Rod Wilcox (un/M34) 40.46m (132-9); 4. Jeff Fate (un/M18) 33.20m (108-11); 5. Evan Freeman (un/M17) 32.44m (106-5) 6. Daunte Gouge (un/M30) 32.35m (106-1); 7. Bryan Dondoyano (un/M32) 31.36m (102-10).

### **TRACK EVENT RESULTS**

#### **Kid's 100-meter Dash**

1. Sean Cameron (un/M10) 15.7h; 2. Matt Goiney (un/M12) 15.9h; 3. Kevin Callahan (un/M12) 16.1h; 4. Chad Morgan (un/M8) 16.2h; 5. Derek Anderson (un/M9) 16.6h; 6. (tie) Renee Gittins (un/F10), Lew Winney (un/M11), and William DiIrio (un/M8) 17.4h; 9. Monica Shuck (un/F9) 17.5h; 10. Tyler Osborne (un/M11) 17.9h; 11. Patrick Wickizer (un/M9) 18.2h; 12. Rebecca Henschman (un/F9) 19.0h; 13. Michael Hutchinson (un/M7) 23.7h; 14. (tie) LiLi Simon (un/F6), Sonja Miranda (un/F5), Ryan Kangas (un/M5), and Travis Hanson (un/M4) 25.5h; 18. CJ Easter (un/M8) 28.5h.

#### **Kid's 50-meter Dash**

1. Derek Anderson (un/M9) 8.7h; 2. Kevin Callahan (un/M9) 9.1h; 3. Rita Troup (un/F13) 9.2h; 4. Jennifer Quick (un/F11) 9.4h; 5. (tie) Monica Shuck (un/F9), Ariel Anfinson (un/F10), and Lauren Ingram (un/F10) 9.5h; 8. Patrick Wickizer (un/M9) 9.7h; 9. Tyler Osborne (un/M11) 9.8h; 10. Adrianna Maraveller (un/F10) 10.1h; 11. Brittney Easter (un/F10) 10.2h; 12. Rebecca Henschman (un/F9) 10.3h; 13. Ryan Kangas (un/M5) 12.1h; 14. Lauren Anderson (un/F6) 12.4h; 15. LiLi Simon (un/F6) 9.5h; 16. Michael Hutchinson (un/M7) 12.8h; 17. Lynnea Maraveller (un/F5) 13.6h; 18. Travis Hanson (un/M4) 13.9h.

#### **Kid's 200-meter Dash**

1. Sean Cameron (un/M10) 32.3h; 2. Chad Morgan (un/M8) 35.2h; 3. Jennifer Quick (un/F11) 38.2h; 4. Monica Shuck (un/F9) 38.4h; 5. Michael Hutchinson (un/M7) 54.1h.

#### **Kid's Mile Jog**

1. JT Troup (un/M9) 6:31.9h; 2. Matt Goiney (un/M12) 6:41.7h; 3. Rita Troup (un/F13) 7:21.2h; 4. Lew Winney (un/M11) 7:26.6h; 5. Tyler Osborne (un/M11) 7:51.7h; 6. Monica Shuck (un/F9) 7:52.2h; 7. Brittney Easter (un/F10) 8:07.5h; 8. Adrianna Maraveller (un/F10) 8:30.0h; 9. Kevin Callahan (un/M12) 9:54.5h; 10. Rebecca Henschman (un/F9) 10:39.3h;

11. Katelin Licari (un/F4) 12:28.1h.

### **Co-ed Mile Race Walk**

1. Ann Tuberg (un/F40) 8:38h.

### **Women's 200-meter Dash**

1. Sarah Ena (un/F17) 29.0h; 2. Jen Sires (un/F17) 29.8h; 3. Susan Quick (un/F14) 30.7h.

### **Men's 200-meter Dash**

1. Lorenzo Hill (Club Ballard/un/M28) 22.4h; 2. Alfonso Peterson (CB/M23) 23.2h; 3. Jed Seres (un/M21) 23.9h; 4. Matt Hart (un/M18) 24.0h; 5. (tie) Jim Rhodes (un/M17) and Musa Kebbeh (un/M23) 24.4h; 7. (tie) Anthony Miranda (un/M15), Brian Hunter (un/M17), and Mike Gagnon (un/M18) 24.5h; 10. (tie) Trevor Sharp (Sharp/M21) and Shane Carothers (un/M19) 24.8h; 12. Philip Pohl (un/M17) 25.1h; 13. Rod Wilcox (Kitsap Track Club/M34) 25.7h; 14. CJ Watson (un/M16) 25.8; 15. (tie) John Chang (un/M15) and Daunte Gouge (Kitsap Track Club/M30) 25.9h; 17. Ryan Doran (un/M18) 26.1h; 18. Geoff Weatherbie (un/M19) 26.8h; 19. Brad Bull (un/M41) 26.9h; 20. Cy Cy Bell (un/M32) 27.0h.

### **Co-ed Jogger's Mile (listed by order of best prediction)**

1. (tie) Devin Paschke (un/M16) 6:00-5:59 **-1**, Geoff Weatherbie (un/M19) 7:00-7:01 **+1**, Erik Simon (un/M27) 6:15-6:14 **-1**, Eric Hruschka (un/M27) 6:15-6:14 **-1**, and Bill Cusworth (un/M32) 5:59-6:00 **+1**; 6. (tie) Mark Kraft (un/M19) 6:30-6:28 **-2**, Robert Bartholomew (un/M16) 6:05-6:07 **+2**, Kevin Sanford (un/M47) 5:30-5:32 **+2**, and Sophia Hayes (un/F26) 6:40-6:42, **+2**; 10. Pat Searing (un/M16) 6:15-6:12 **-3**; 11. (tie) Michelle Halsne (un/F31) 8:01-8:05 **+4**, Brett Sanford (un/M15) 5:20-5:24 **+4**, Justin Weeks (un/M17) 6:10-6:06 **-4**; 14. (tie) Morlin Elias (un/M34) 6:00-5:55 **-5**, Brett Moquin (un/M17) 5:29-5:24 **-5**, and Jesse Burson (un/M17) 5:29-5:25 **-5**; 17. (tie) Royce Cameron (un/M38) 6:45-6:39 **-6**, Shane Carothers (un/M19) 6:59-7:05 **+6**, Lana Rigelman (un/F17) 6:59-7:05 **+6**, and Liz Stahl (un/F32) 7:00-6:54 **-6**; 21. (tie) Ryan Seamster (WWU/M19) 6:00-5:52 **-8** and Gary Fox (un/M16) 6:00-5:52 **-8**; 23. Meat Monger (un/M24) 6:00-5:51 **-9**; 24. Sean Cameron (un/M10) 6:45-6:34 **-11**; 25. (tie) Brandon Renfrow (un/M16) 6:15-6:03 **-12** and Derek Maynes (un/M?) 6:15-6:03 **-12**; 27. (tie) Adam Lawless (un/M17) 6:57-6:44 **-13**, Judy Pruitt (un/F47) 8:40-8:27 **-13**, and Jack Carney (un/M?) 9:00-8:47 **-13**; 30. (tie) Ryan Choi (Oops All Berries/M16) 6:58-6:44 **-14** and Shooter McGavin (un/M21) 7:03-6:49 **-14**; 32. (tie) Ivan Shiras (un/M18) 7:00-6:45 **-15** and Jake Haskins (un/M17) 5:29-5:14 **-15**; 34. (tie) Bethany Galchto (un/F14) 6:05-6:22 **+17**, Laura ? (F/38) 6:45-7:02 **+17**, and Mitch Leffler (un/M29) 7:00-6:43 **-17**; 37. Terry Goiney (un/F42) 7:00-6:41 **-19**; 38. (tie) Simeon Man (un/M17) 7:10-6:50 **-20** and Kirk Larson (un/M21) 6:03-5:43 **-20**; 40. Robin Dixon (un/F?) 7:10-6:49 **-21**; 41. Mark Alexander (un/M35) 7:15-6:52 **-23**; 42. Holly Ojatchi (un/F12) 7:30-7:55 **+25**; 43. Joanna ? (un/F13) 7:30-7:56 **+26**; 44. Joel Hamilton (un/M27) 6:20-5:53 **-27**; 45. (tie) Matt Hart (un/M18) 6:30-6:02 **-28** and David Leparke (un/M?) 6:30-6:02 **-28**; 47. Julie Van Pelt (un/F33) 7:15-6:40 **-35**; 48. Traci Bianchini (un/F33) 7:15-6:38 **-37**; 49. John Chang (un/M15) 6:30-7:21 **+51**; 50. O'Connor (Discount/M26) 7:00-6:06 **-54**; 51. Brian Hafferty (un/M18) 7:00-6:05 **-55**; 52. Emilie ? (Un/F9) 7:30-8:27 **+57**; 53. Jordan Hamm (un/M17) 5:59-7:02 **+1:03**

### **Co-ed 4x100-meter Relay**

1. Club Ballard Friends (Smith, Peterson, Hill) 49.3h; 2. Rabbits (Doran, Bukovinski, Gagnon, Jefferies) 50.1h; 3. E&I (Heather, Michelle, Rod, Daunte) 51.3h; 4. Country Cookin' (Lawless, Choi, Ivar, Bobby Robbie McNobbie) 51.9h; 5. DJC 57.3h; 6. Warm Cheese (Leffler, Varty, Dixon, Edwards) 61.7h.

### **Women's 1500-meter Run**

1. Christine James (un/F26) 4:59.4h; 2. Andrea Honshel (un/F22) 5:22.0h; 3. Christy Pruitt (un/F17) 5:30.5h; 4. Beth Cordy (un/F41) 5:41.7h.

### **Men's 1500-meter Run**

1. Matt Vincent (WWU/M19) 4:18.86h; 2. Steven James (un/M39) 4:20.16h; 3. Steve Owens (Parkland Harriers/M28) 4:24.04h; 4. Kirk Larson (WWU/M21) 4:25.70h; 5. Joel Hamilton (un/M27) 4:32.16h; 6. Mark Alexander (un/M35) 4:34.91h; 7. Chris Goiney (Shorewood/M15) 4:37.19h; 8. Zach Collings (un/M17) 4:40.14h; 9. Arny Stonkus (un/M45) 4:41.22h; 10. Ken Franklin (un/M39) 4:46.79h; 11. Billy Blue (Whazzup/M21) 4:48.12h; 12. Ben Slonike (Mine/M19) 4:51.91h; 13. Jake Haskins (un/M17) 4:53.65h; 14. Jesse Burson (un/M17) 4:53.92h; 15. Kevin Sanford (un/M47) 4:54.17h; 16. John Jordeth (Snohomish TC/M54) 4:55.06h; 17. Wes Westerman (un/M16) 5:06.24h; 18. Ryan Delaney (un/M15) 5:19.14h; 19. M. Jurkovic (Croatia/M16) 5:51.56h; 20. Phil Welch (Snohomish TC) 5:58.88h; 21. Adam Redmond (un/M13) 5:58.58h; 22. Nick Welch (RCF/M12) 6:00.97h.

### **Women's 400-meter Dash**

1. Sarah Leonard (un/F30) 63.3h; 2. Joanna Tona (un/F13) 86.1h.

### **Men's 400-meter Dash**

1. Erik Simon (un/M27) 57.5h; 2. (tie) Evan Freeman (un/M17), Steve Ross (un/M15), and Kevin Eiene (un/M32) 58.2h; 5. Brad Bull (un/M41) 59.3h; 6. Cresap Watson (un/M16) 59.7h; 7. Nick Bagarella (un/M17) 61.1h; 8. Simeon Man (un/M17) 61.2h; 9. Brett Moquin (un/M17) 61.7h; 10. Mladjan Jurkovic (un/M16) 63.7h; 11. Rick Hammond (un/M48) 64.4h; 12. Gary Fox (un/M15) 64.9h.

#### **Women's 800-meter Dash**

1. Jen Fisher (un/F26) 2:31.3h; 2. Michelle Halsne (un/F31) 2:32.2h; 3. Laurel Gordon (un/F17) 2:37.5h; 4. Bethany Ojalehto (un/F14) 2:43.6h; 5. Abby Tybur (un/F12) 2:46.5h; 6. Julie Thompson (un/F15) 2:47.2h; 7. Lisa Sabin (un/34) 2:52.9h.

#### **Men's 800-meter Dash**

1. John Cote (un/M20) 1:59.6h; 2. Jonathan Gibson (un/M18) 2:00.1h; 3. Naz Merchant (un/M27) 2:03.1h; 4. Andrew Robinson (un/M16) 2:03.8h; 5. Adam Roe (un/M16) 2:13.3h; 6. Seth Varty (Cracker Co./M17) 2:14.5h; 7. James Bukovinsky (un/M17) 2:16.1h; 8. Jake Haskins (un/M17) 2:17.4h; 9. Ash Gilmore (?) 2:22.1h; 10. Rod Wilcox (Kitsap Track Club/M34) 2:34.6h; 11. Jesse Burson (un/M17) 2:26.1h; 12. Daunte Gouge (un/M30) 2:37.8h; 13. Marty Stitsel (un/M54) 2:40.6h.

#### **Co-ed 4x400-meter Relay**

1. Speedsters (Weatherbie, Kraft, Carothers, Hart) 4:10.0h; 2. Chicken Chasers (Moquin, Burson, Sanford, Haskins) 4:30.7h.

#### **Women's 3000-meter Run**

1. Julie Thompson (un/F15) 10:59.4h; all other times were trapped inside the timer, which wouldn't give them out: 2. Kelly Wright (un/F19); 3. Sarah Leonard (CNW/F30); 4. Beth Cordy (un/F41); 5. Mindy Leffler (CNW/F28); 6. Laura Cobb (un/F19); 7. Danielle DePew (un/F13).

#### **Men's 3000-meter Run**

1. Robert Bartholomew (un/M16) 10:03.6h; 2. Chris Goiney (un/M15) 10:04.2h; 3. Ben Sloniker (un/M17) 10:04.8h; 4. Devin Paschke (un/M16) 10:13.8h; 5. Brett Sanford (un/M15) 10:22.0h; 6. David Whitespin (un/M39) 10:24.7h; 7. Ryan Choi (Oops! All Berries/M16) 10:26.0h; 8. Jake Haskins (un/M17) 10:26.4h; 9. Gilmore (un/M17) 10:31.1h; 10. Matt Kite (Team Rehab/M32) 10:38.7h; 11. Ivan Shiras (un/M18) 10:40.1h; 12. Brian Burdo (un/M43) 10:48.4h; 13. Kevin Sanford (10:55.7h); 14. Jesse Burson (un/M17) 10:58.4h.

#### **Women's 10000-meter Run -- SPECIAL EVENT**

1. Julie Roddick (un/F25) 40:47.6h; 2. Sophia Hayes (un/F26) 47:35.2h.

#### **Men's 10000-meter Run -- SPECIAL EVENT**

1. Eric Bone (CNW/M28) 34:05.1h; 2. Floyd Bangerter (un/M19) 34:13.3h; 3. Dan Hayes (CNW/M26) 36:29.9h; 4. Bill Cusworth (CNW/M32) 36:36.2h; 5. Patrick Lindsay (un/M28) 36:45.7h; 6. Scott Harpell (un/M18) 41:27.7h; dnf. Zach Collings (un/M17), Ryan Delaney (un/M15), and Mladjan Jurkovic (un/M16).

#### **No entries**

Kid's Shot Put, Men's 400-meter Hurdles, and Women's 400-meter Hurdles.