

Consultation Agreement

This document describes the consultation services and business policies of Jacqueline B. Persons, Ph.D.

CONSULTATION: Dr. Persons will provide case consultation and training in cognitive-behavior therapy and related topics in individual and/or group formats.

TRAINING AND EXPERIENCE: Dr. Persons is a psychologist licensed to practice in California. She graduated from the University of Pennsylvania with a Ph.D. in Clinical Psychology in 1979. She is Clinical Professor in the Department of Psychology at the University of California at Berkeley. She has more than 30 years of experience providing cognitive-behavior therapy to treat depression, anxiety, and related problems in adults, and more than 20 years providing consultation and supervision. She does not have extensive training or expertise in treating couples, families, children, adolescents, schizophrenia, developmental disorders, or substance abuse.

HOURS AND AVAILABILITY: Dr. Persons is usually available in the office from 8:00 a.m. until 6 p.m. Monday through Friday at 510-662-8405 ext 1. She can generally be reached outside those hours by cell phone at 510-390-4721. She is also available by e-mail, at persons@oaklandcvt.com.

RESPONSIBILITY: Dr. Persons assumes no legal, ethical, or professional responsibility for treatment you provide based on consultation she provides.

CONFIDENTIALITY: Dr. Persons will keep confidential all the material you discuss with her in your consultation sessions except as required by law or as described below in the sections titled RESEARCH, WRITING, TEACHING, and CONSULTATION. To maintain your patients' confidentiality, please don't give more than the patient's first name during consultation sessions.

In the event that group consultation services are provided, you agree to keep confidential all communications regarding patients, and all material relating to fellow group members that is discussed in the group. Dr. Persons cannot be held responsible for a breach of confidentiality on the part of group members.

E-MAIL COMMUNICATION: Dr. Persons will often communicate with you via e-mail. Although she will make every effort to keep the correspondence confidential, she cannot guarantee confidentiality of e-mail communications. If you communicate with Dr. Persons via e-mail, you agree to accept the risk that a breach of confidentiality may occur. Dr. Persons will also, at times, include you in group e-mails she sends to all the clinicians to whom she provides consultation.

RESEARCH, WRITING, TEACHING: Dr. Persons conducts research, training, and supervision, and writes for professional and lay audiences. Your signature below gives Dr. Persons permission to use information about you and your consultation in any of these ways, provided that she does not reveal any information that would identify you or any of your patients. If you prefer not to give this permission, draw a line through this section of the Consultation Agreement and initial it.

RECORD-KEEPING: Dr. Persons maintains a written record for each consultee that describes the material discussed in the consultation sessions. The record is maintained in a password-protected file

in software tool (OneNote) that is stored on Dr. Persons' laptop computer that is itself password-protected and is stored in a locked file cabinet when Dr. Persons is not in the office. A backup of the software document is made periodically and stored on a password-protected flashdrive that is stored in a locked file cabinet at Dr. Persons' home.

CONSULTATION: Dr. Persons may wish to consult with other professionals, especially her colleagues at the Oakland Cognitive Behavior Therapy Center, about issues that arise in her consultation sessions with you. Your initials here and your signature below give Dr. Persons permission to do this, provided that she takes reasonable efforts to protect your identity.

_____ (initial)

FEES: Dr. Persons' fee is \$200 per 50-minute individual consultation session and \$240 to \$250 (divided among the group members) per 50-minute group consultation. The fee for group consultation sessions is pro-rated depending on the length of the group and the number of the members. Group sessions generally last for 80 minutes or 110 minutes, and the fee for those groups is 1.5 or 2 times the 50-min individual fee. Thus, for example, if the group meets for 110 min (just under two hours) and has 4 members, the fee to each member will be \$120.

Group consultation sessions are generally scheduled monthly. Unless another arrangement has been made, participants in group consultation pay for all monthly sessions except that they are allowed to miss one session per calendar year without paying for the session.

PAYMENT: Payment is due at the time of the session unless another arrangement has been made. Dr. Persons will send you a monthly statement if you request one. You may be billed for an individual consultation session that you cancel with less than 24 hours notice.

TERMINATION: You may discontinue your consultation sessions with Dr. Persons at any time. If you withdraw from a consultation group, it is helpful to Dr. Persons and the group if you are able to give several weeks' notice so that arrangements can be made to find another professional to take your place in the group.

I have read this Consultation Agreement and had my questions answered to my satisfaction. I understand and agree to abide by the terms of this agreement.

Name of Consultee (please print): _____

Signature of Consultee: _____

Date: _____