

Hello REVIVE Family!

Today we will be looking at the purpose of lent in the Bible and our own lives as we continue our series “Rhythms of Grace”. Read and reflect on the verse and how you can implement new rhythms in your life as we start the Lenten journey.



Joel 2:12-14

“Even now,” declares the LORD, “Return to me with all your heart, with fasting and weeping and mourning.” Rend your heart and not your garments. Return to the LORD your God, for He is gracious and compassionate, slow to anger and abounding in love, and He relents from sending calamity. Who knows? He may turn and relent and leave behind a blessing – grain offerings and drink offerings for the LORD your God.”



Small Group Questions

1. What have you given up for Lent in the past? Was it beneficial?
2. What (if any) have you added to your life for Lent in the past?
3. Reflect on the next 40 days, what area of your life does God want you to improve on?
4. Declare a statement of purpose out loud for yourself. "For this Lenten season I would like to...."