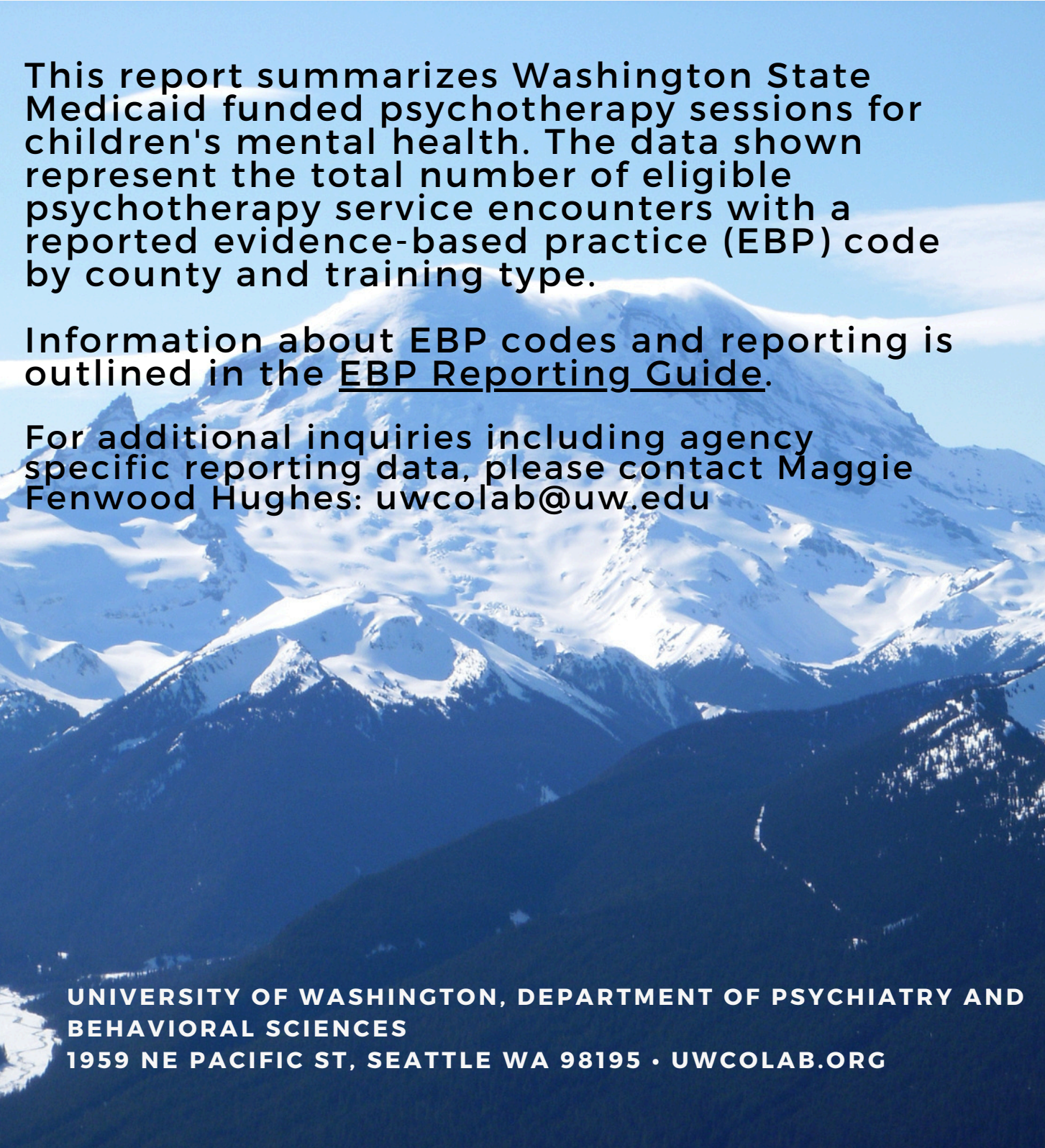


QUARTER THREE 2024

Evidence-based mental health services for youth and children in Washington State

Performance Report

**DATA WERE EXTRACTED BY THE WASHINGTON STATE
HEALTH CARE AUTHORITY (HCA). REPORTED EBPS MAY
NOT REFLECT ALL SERVICES PROVIDED IN A REGION OR
BY AN INDIVIDUAL AGENCY.**



This report summarizes Washington State Medicaid funded psychotherapy sessions for children's mental health. The data shown represent the total number of eligible psychotherapy service encounters with a reported evidence-based practice (EBP) code by county and training type.

Information about EBP codes and reporting is outlined in the [EBP Reporting Guide](#).

For additional inquiries including agency specific reporting data, please contact Maggie Fenwood Hughes: uwcolab@uw.edu

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TABLE 1: EBP PSYCHOTHERAPY SERVICES PROVIDED TO ELIGIBLE CLIENTS BY COUNTY FOR Q3 2024: 7/1/2024 - 9/30/2024

| County | Total Eligible Service Encounters | Total Qualifying EBP Service Encounters | Percent of Qualifying EBP Services Provided |
|--------------|-----------------------------------|---|---|
| Adams | 380 | 4 | 1.1% |
| Asotin | 247 | 0 | 0.0% |
| Benton | 4,015 | 589 | 14.7% |
| Chelan | 2,238 | 271 | 12.1% |
| Clallam | 998 | 314 | 31.5% |
| Clark | 10,131 | 284 | 2.8% |
| Columbia | 105 | 18 | 17.1% |
| Cowlitz | 3,149 | 114 | 3.6% |
| Douglas | 1,204 | 151 | 12.5% |
| Ferry | 130 | 0 | 0.0% |
| Franklin | 1,517 | 203 | 13.4% |
| Garfield | 14 | 0 | 0.0% |
| Grant | 1,530 | 21 | 1.4% |
| Grays Harbor | 1,655 | 14 | 0.8% |
| Island | 661 | 2 | 0.3% |
| Jefferson | 352 | 4 | 1.1% |
| King | 18,691 | 1,388 | 7.4% |
| Kitsap | 2,298 | 7 | 0.3% |
| Kittitas | 550 | 180 | 32.7% |
| Klickitat | 275 | 4 | 1.5% |
| Lewis | 2,106 | 455 | 21.6% |
| Lincoln | 259 | 4 | 1.5% |
| Mason | 794 | 3 | 0.4% |
| Okanogan | 1,025 | 5 | 0.5% |
| Pacific | 700 | 4 | 0.6% |
| Pend Oreille | 294 | 2 | 0.7% |
| Pierce | 12,259 | 140 | 1.1% |
| San Juan | 170 | 0 | 0.0% |
| Skagit | 1,621 | 28 | 1.7% |
| Skamania | 115 | 0 | 0.0% |
| Snohomish | 9,063 | 144 | 1.6% |
| Spokane | 19,427 | 1,837 | 9.5% |
| Stevens | 621 | 62 | 10.0% |
| Thurston | 4,463 | 263 | 5.9% |
| Wahkiakum | 124 | 0 | 0.0% |
| Walla Walla | 1,085 | 128 | 11.8% |
| Whatcom | 4,087 | 69 | 1.7% |
| Whitman | 572 | 0 | 0.0% |
| Yakima | 7,475 | 4,124 | 55.2% |
| Unknown | 19 | 1 | 5.3% |
| Total | 116,419 | 10,837 | 9.31% |

TABLE 2: TYPE OF EBP CODES REPORTED IN ELIGIBLE PSYCHOTHERAPY SERVICE ENCOUNTERS (Q3 2024)

TOTAL ELIGIBLE SESSIONS WITH AN EBP CODE REPORTED IN Q3, 2024 = 10,837

| EBP Code | EBP Code Description | Number of agencies reporting with EBP code | Total reported EBP sessions for each code |
|---------------------|--|--|---|
| 860010000 | Brief Strategic Family Therapy (BSFT) | 2 | 14 |
| 860035000 | Coping Cat | 1 | 1 |
| 860043000/870001598 | Eye Movement Desensitization and Reprocessing (EMDR) for Child Trauma | 11 | 142 |
| 860073000 | Incredible Years Parent Training | 2 | 4 |
| 860091000 | Multimodal Therapy (MMT) for Children with ADHD | 3 | 15 |
| 860136000/870001595 | Trauma Focused CBT for Children | 18 | 709 |
| 860140000 | Triple-P/Parent Behavioral Therapy | 1 | 39 |
| 860148000 | Parent Behavioral Therapy | 17 | 2,807 |
| 860151000/870001555 | CBT for Anxiety | 31 | 3,161 |
| 860153000/870001566 | CBT for Depression | 32 | 2,022 |
| 860155000/870001588 | CBT for Trauma | 26 | 1,223 |
| 860157000 | Coping Cat/Koala Back Based Model | 1 | 13 |
| 860159000 | Coping with Depression – Adolescents | 2 | 2 |
| 860160000 | Dialectic Behavior Therapy (DBT) for adolescent with self-harming behavior | 7 | 404 |
| 860180000 | Multi-systemic Therapy (MST) for Youth with Serious Emotional Disturbances (SED) | 1 | 38 |
| 860186000 | Parent Child Interaction Therapy (PCIT) for Children with Disruptive Behavior Problems | 6 | 185 |
| 860187000 | Parent Cognitive Behavioral Therapy (CBT) for Children with Anxiety | 1 | 1 |
| 860188000 | Parent Management Training (PMT) | 1 | 45 |
| 860200000 | Child Life and Attention Skills (CLAS) | 1 | 12 |

TABLE 3: TREND OVER TIME

