2022 ANNUAL REPORT

eliminating racism empowering women

YWCA

Greater Capital Region

YWCA IS ON A MISSION
YWCA of the Greater Capital Region is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.
Dear Allies,

I hope this letter finds you well, in the best of spirits, and knowing how much YWCA of the Greater Capital Region values YOU as a friend. Twenty Twenty-Two! The year that flew by, in the blink of an eye. Thanks to you, your love and support, and some historical events, we have proof it happened. First, however, I need to thank you and share our accomplishments. Now introducing: our 2022 Annual Report!

With your support, YWCA-GCR had another successful year providing sustainable services and programs, increased visibility within the Capital Region and capital improvements. We created and maintained positions, annual employee raises and healthcare contributions. Our donations and contributions more than doubled from 2021. THANK YOU! You helped us make a difference in over 300 women and children’s lives. Every. Single. Day. My hope is that you remain a passionate and powerful friend of YWCA-GCR. Your support is the reason for our success.

This year was both powerful and terrifying. We witnessed a record number of “first” women and people of color being elected to government, including our very own Governor Kathy Hochul. We sat terrified as we heard the Supreme Court’s decision to overturn Roe v. Wade, increased controversy over critical race theory, and labor unions. We collectively grieved the Robb Elementary School Shooting and the dozens more school shootings that we heard or read about. The senseless hate crimes, like the shooting in Buffalo, NY. Our love and thoughts will remain with all the families, friends, and persons affected by these horrific crimes. As if ALL that wasn’t enough, our community remains heavily impacted by the increasing cost-of-living.

Throughout 2022, we had some truly amazing and uplifting events. Our wellness event, Ride with YWCA-GCR was a great time at Corning Preserve with music, vendors, biking, and brought in over $40,000. We stood beside Upper Hudson Planned Parenthood as we brought awareness and support to women’s rights. The 22nd Annual Resourceful Women’s Awards presented by Nacy Warner Associates and Groff NetWorks, celebrated Dr. Angela Ledford as the 2022 Resourceful Woman of the Year, Mary Milone as the 2022 Woman of Inspiration, Kate Manley as Community Leadership awardee and 19 other phenomenal individuals who work to advance the empowerment of women and girls. The in-person return of BraVa! (our 7th annual) was well attended and raised hundreds of bras. Other impactful YWCA-GCR and community events such as our Adopt-A-Family program and the Collar City Clay Guild’s Empty Bowls fundraiser, exceeded our expectations.

With your continued support and generosity, YWCA-GCR will gain momentum, build capacity, extend our footprint, sustain our legacy, and welcome you into YWCA sisterhood. We know that working together, we can enhance and expand our programs to address critical needs and improve the circumstances of the many women we serve. Thank you for all you do for showing up in 2022 for YWCA-GCR. I am beyond amazed by the work and love that the staff poured into keeping our women, children, and community safe, fed, nurtured, and connected to family and services. I applaud all of you for your time and selflessness. Our 2022 data is a true testament to your dedication to our mission and the women and children we serve daily.

I know with our allies, Board of Directors, and staff, 2023 will be just as fulfilling as 2022, because we have you beside us. On a mission, giving hope, and changing lives.

With Gratitude,

[Signature]

Letter from our EXECUTIVE DIRECTOR
LETTER FROM OUR BOARD

Dear Friends,

As you read this annual report, you’ll notice two very important things: we have found new ways to live our mission of eliminating racism and empowering women, and we are financially sound. The former cannot happen without the latter. Over 350 people attended our three major events in 2022 and more than 400 donated to help continue our work. On behalf of the Board of Directors and the women and children the YWCA of the Greater Capital Region supports, we thank you. We are grateful to our volunteers and to all those who join us in this critical work. Together, we have celebrated our accomplishments and together, we will rise to meet the challenges ahead.

Sincerely,
Brittney Moore and Nicole Stein, Co-Vice Presidents, Board of Directors
SUPPORTIVE HOUSING PROGRAMS

WOMEN IN TRANSITION (WIT) is a 14-unit supportive transitional housing program for both homeless single women and families. WIT is a structured program that assists with multiple barriers to permanent housing, such as lack of employment and/or education, mental illness, prior incarceration, substance abuse and domestic violence. Women and families can reside for up to two years in WIT. During 2022, 46 women and 22 children resided in this program. The average length of stay is six months.

FAMILY APARTMENT PROGRAM provides four on-site one-bedroom apartments for previously homeless women with a small child. The families who enter this program have a physical or mental disability and are referred from Rensselaer County Continuum of Care Coordinated Entry Taskforce. During 2022, 6 women and 6 children resided in YWCA-GCR's Family Apartment Program. The average length of stay is two years.

SINGLE ROOM OCCUPANCY (SRO), our on-site, 76-unit permanent supportive housing program is safe, affordable and the most effective method to address homelessness and meet the diverse needs of our residents. Communal living provides shared bathrooms, kitchens, laundry, and a lounge. YWCA-GCR Housing Coordinators and support staff are available to all residents around the clock for assistance at various levels. During 2022, 102 women resided in our SRO program. The average length of stay is five years.

APARTMENT PROGRAM provides ten scattered-site apartments across Rensselaer County for homeless families with a disability and their children. Many of these women face multiple barriers to maintaining permanent, stable housing. The Housing Coordinator also provides case management services and mediation between the tenant and the landlord, as needed. During 2022, 16 women, 3 men and 32 children resided in YWCA-GCR Apartment Program. The average length of stay is 9.5 years.

One of the 76 single-room occupancy (SRO) rooms at 21 First St.

2022 HOUSING DEMOGRAPHICS

Length of Stay

Condition

Age

Race
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ELIMINATING RACISM. EMPOWERING WOMEN.

SUPPORTIVE SERVICES

SCRC has a lounge area where residents can visit with family and friends or meet with providers. We strive to provide connections to any resources in the community that a resident or guest might need.

WEEKLY COMMUNITY MEAL is held each week and is free and open to the public. In 2022 the meal moved from Thursday to Tuesday nights from 5 to 6PM. Community members, residents, staff, and volunteers such as college students and local businesses participate in the meal preparation, serving and clean up. YWCA-GCR often hosts speakers, health insurance companies, and outreach coordinators from outside agencies on topics such as education, wellness, health insurance, preventive services and more. A total of 4,820 meals were served in 2022.

JAMISON-ROUNDS READY FOR WORK TECHNOLOGY CENTER provides nine computers with internet access for Jamison-Rounds Ready for Work classes. They are available by appointment to residents and community members enrolled in online college courses, conducting research, performing job searches, seeking housing, or honing computer skills. The tech center was utilized 300 times in 2022 by 5 women.

JAMISON-ROUNDS READY FOR WORK PROGRAM (JR-RFW) is a 14-week long program that provides women with job readiness training in the form of skill-building workshops and on-site work experience at YWCA-GCR’s front desk, food pantry, and other community internships. During 2022, we re-opened the program after a long hiatus caused by the onset and duration of the COVID-19 pandemic. Visitors to our building were limited in 2022 and we began with a small class of five women on September 19, 2022. On December 9, 2022, a graduation ceremony for four women was held (one needed to withdraw and has maintained steady employment for many months).

FOOD PANTRY provides a three-day emergency food package, consisting of nine meals, for both YWCA-GCR residents and the Greater Capital Region community. The food pantry is open weekly, Monday through Thursday from 1 to 4PM. During 2022, 20,880 meals were provided.

SALLY CATLIN RESOURCE CENTER (SCRC) is open during regular business hours, and some evenings, to our residents as well as members of the community, including men. There are four computers with internet access that can be utilized for goal-oriented and/or personal usage such as job and apartment searching, sending emails, or connecting with family and friends on social media.
JAMISON-ROUNDS READY FOR SCHOOL PROGRAM (JR-RFS) encourages educational growth while providing support, resources, and skills women need to further their education, overcome barriers, and reach their educational and life goals. The JR-RFS program is designed to give women the opportunity to further their education by putting them on the road to a successful career and life. Due to the pandemic, all on site TASC preparation classes were suspended and the program was put on hold.

HOMELESSNESS PREVENTION PROGRAMS provide case management and financial assistance to low-income individuals and families in the community who are facing eviction, and those affected by the COVID-19 pandemic who are currently in shelters or street homeless with obtaining permanent housing. Participants learn new budgeting strategies, communication skills, and home organization techniques. The Emergency Solutions Grant from the city of Troy encourages community resource connections regarding subsidized housing, appropriate benefit and entitlement procurement, medical care, mental health care, substance abuse treatment, and health insurance. In 2022 YWCA-GCR assisted 24 households including 28 adults and 38 children with permanent housing.

Employees from Regeneron Pharmaceuticals served up a delicious community meal in October 2022 for their Days for Doing Good volunteerism campaign.
RIDE with YWCA-GCR

Our 2nd Annual biking fundraiser RIDE with YWCA-GCR was a huge success and a beautiful time. Over 100 riders from across the Capital Region participated in this family-friendly bike ride held along the Mohawk-Hudson Bike Path at Corning Preserve in Albany. We enjoyed concessions from the Iron Works Grill Food Truck, music by DJ Lovely Candela and Troy Samba!, face painting from Meg Jala, and local vendors Afrikan Queens boutique, Null Void, and Hypersaturation.

RIDE with YWCA-GCR raised over $40,000 to support the work and mission of YWCA-GCR. Thank you to all of our generous sponsors, honorary committee members, and participants for helping to make this such a successful event!

Thank you to our generous sponsors:

- Regeneron
- Groff NetWorks
- Godfrey Financial Associates
- Meier Law Firm, PLLC
- Ungerman Electric
- Heartspace Yoga & Healing Arts
- Corey Jamison Consulting
- Collar City Cold Pressed
- Made in Truth Clothing
- Tyler Ki-Re Photography

RIDE with YWCA-GCR Honorary Committee

- Albany Bicycle Coalition
- Kathleen & Peter Crouse
- Joan & Don Csapos
- Hope DeRocha
- Daquetta P. Jones
- Lisa Lagon
- Theresa B. Marangas, Esq.
- Theodora Marangas, Esq.
- Marshall & Sterling Employee Benefits
- Nora McDowell
- Mission Accomplished Transition Services
- Brittnay Moore
- Krystal Moore
- Robert C. Parker School
- Sherry Rounds
- Pam Skripak & David Gordon
- Starletta Smith
- Nicole Stein
- Hannah Stenzel
- Stragility, LLC
- Jeannine Trimboli
- UBS Financial Services
- Unity House
- YWCA of Northeastern NY

Saturday
05/21/22
10AM - 2PM
Corning Preserve
Quay St.
Albany, NY
We were so pleased to bring back our 22nd Annual Resourceful Women’s Awards, presented by Nacy Warner Associates and Groff NetWorks after a hiatus and scaling back in 2020 and 2021. The event moved from a luncheon to a dinner at Franklin Plaza in Troy on October 19, 2022. Over 225 people gathered for a wonderful party, empowering remarks, and community building. The event raised nearly $75,000 for YWCA-GCR.

Dr. Angela Ledford was honored as the 2022 Resourceful Woman of the Year and Mary Milone was the Woman of Inspiration. Twenty other women and young girls were honored as well.

We would like to thank Kathleen McLean, 2022 Honorary Chair, our dedicated staff, talented photographer, Lauren Hunn of Lauren Keeps Time photography, the volunteer students from Emma Willard, A’Livija Mullins Richard, and our generous sponsors and supporters and all who attended.

Dr. Angela Ledford, 2022 Resourceful Woman of the Year (foreground) and her mother Juretta Gonzales (background).

Honorary Committee

Kathleen McLean - chair
Academy of the Holy Names
Breathe Massage Therapy
Leslie Cheu
The College of St. Rose
Phyllis Conroy
Joan & Don Csaposs
Daquetta P. Jones
Jennifer Lawrence
Francesca Lo-Porto Brandow
Theresa Marangas, Esq.
Brittney Moore
Willie Moore
Annette Nanes
NFP Corporate Services
Honorable Nina Nichols
Taryn Rackmyer
Starletta Renee Washington
Shavina Richardson
Sherry Rounds
Harris A. Sanders, Architects
Nico Me Stein
Hannah Stenzel
Walter Thorne
Congressman Paul Tonko

ELIMINATING RACISM. EMPOWERING WOMEN.
CONGRATULATIONS TO OUR 2022 HONOREES

ACTIVISM
Jarin Ahmed, JAAGO Hudson & Columbia County Sanctuary Movement
damaris miller, Troy 4 Black Lives

ARTS
Meg Jala, Multidisciplinary Artist & Storyteller
Michelle Polacinski, 518 Film Network

EDUCATION
Zanetta Graham, Upper Hudson Planned Parenthood

EMERGING PROFESSIONAL
Emani Anderson, Joseph’s House & Shelter
Shaletha Peppers, South End Children’s Cafe

ENTREPRENEUR
Genika Blandshaw, Founder/Owner, Juice Factory VII
Liska Wilson, Founder, She’s a Boss & Stiletto Brunch

FRONT LINE
Hannah Kreiger, Samaritan Bariatric & Metabolic Care

HEALTH & HUMAN SERVICES
Dr. Briana Byrnes, Adams-Byrnes Dentistry
Omiyea Stanford, Upper Hudson Planned Parenthood

MANAGEMENT
Tandra LaGrone, In Our Own Voices
Crickett Thomas O’Dell, Workforce Development Institute

PHILANTHROPY
Jammella Anderson, Free Food Fridge Albany

PUBLIC SERVICE
Jamaica Miles, Co-Founder, All of Us
Sophonie Pierre-Michel, NYS Executive Chamber

YOUNG GIRLS ON A MISSION
Sandra Odom
Selma Rose Osei

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THANK YOU TO OUR SPONSORS

PRESENTED BY

PERSIMMON SPONSOR

SOLIDARITY SPONSORS

EMPOWERMENT SPONSORS

COMMUNITY SPONSORS

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Thank you to our incredible Emcee, Angelique Powell, our friends at the Arts Center of the Capital Region, Sound Engineer, Sam Torres, and co-creator, Marion Roach Smith for helping us make the 7th Annual BraVa! possible. We are also so appreciative and amazed by all the talented writers who contributed this year. Thanks also to Godmother Elizabeth Walsh for underwriting the delicious food spread!

This year’s event was the first return to in-person BraVa! since the COVID-19 pandemic and it raised hundreds of bras for our community. Thank you!!!
OUR GENEROUS 2022 SUPPORTERS

Mary Abbott
Adams-Byrnes Dentistry
Albany NY Chapter - Delta Sigma Theta Sorority
Liz Alterman
Amazon Smiles
Ambient Environmental architecture+
Emani Anderson
Jacqui Anscombe-Waring
April
Elizabeth & John Armstrong
Ann Averill
David Bach
Jennifer Bach
Zonnita Banks
Samone Baptiste
Andrea Bartfeld
Caroline Bell
Pamela Bentien
Casey Bernstein
Brittany Beyus
Anita Blandshaw
Dante Blandshaw
Clyanna Blyanna
Boggess Family Trust
David Bolaski
Breathe Massage Therapy
Broadview FCU
Jill Bryce
BST & Co. CPAs
Dona S. Bulluck
Julie Bush
Business for Good Foundation Inc
Carolyn Burton
Nick Butkowski
Diane Cameron-Pascone
Patricia B. Carley
Griffin Carvell
CDPHP
CDTA
Jennifer Chapman
Leslie Cheu
Joan & Michael Clifford
Logan Coggins
Community Reformed Church of Colonie
Danielle Colin
Collar City Hard Pressed
College of St. Rose
Commission For Economic Opportunity
Phyllis Conroy
Corey Jamison Consulting
Joan Corey
Jamie Crous
Kathleen & Peter Crous
Don & Joan Csapos
Emily Curro
Sarah Darby
Anna Davenport
Hope DeRoche
Betty DiMaria
Mary Dirolf
Stacey P. Draper
James Dreimiller
Dr. Mara Droge
Tyler Drollette
Mark Duffy
Carmen Duncan
Tabatha Dunn
Dwight Plumbing & Heating
East Side Quilters
Julie Elson
Fagan Associates
Priscilla Fairbank
Faith Lutheran Church
Tommy Falk
Maxine Fantroy-Ford
Christina Farinacci
Louise Farrell
Risa Fausette
Connie Fenton
Ann M. Finnegan
First United Presbyterian Church
D. Fox
Karla Gareau, MBA
Lilian Garland
Callie Gaspary
Marie Gavazzi
Jae Gayle
Godfrey Financial Associates Inc
Juretta Gonzales
Jane Gottlieb
Marie Grabber
Zanetta Graham
Jasper Graves
Kelsey Gray
Deirdre Greco
Erica Grimes
Kelly Gross
Lise Hafner
Elizabeth Haller
Amy Halloran
Hannaford
Azra Haqqie
Erin Harkes
Harris A. Sanders, Architects, P.C.
Colleen Hatman
Heart Space Yoga & Healing Arts
Dahlia Herring
Andrea Hersh
Deborah Hoffman
Kenny Hohman
Charlene Holmes
Cass Hooley
Lisa Hotte
Annette Hoult
Candace Hunt
Karen Hyman-Gentner
Corey Jamison
Daquettia Jones
Ebony Jones
Margaret E. Joos
Alison Joseph
Julie Kahng
Elizabeth Kasius
Lily Kasius
Julie Keegan
Sopris Kent
Key Bank National Association
Emily Kidd
Judy Kilday
Celeste Knight
Katrina Knox
Jason Konzak
Beth Koury
Hannah Kreiger
Matthew Kreiger
Lisa Lagon
Beverly LaRose
Karen Lartin
Deborah Lawrence
Jennifer Lawrence
Zhenelle & Charles LeBel
Leslie LeBon
Dr. Angela Ledford
Orah LeHockey
Bonnie Lichak
Alexandra List
Local 81408
Teresa Lukacko
Julie Maio
Kate Manley
Theodora Marangas
Theresa B. Marangas, Esq.
Marshall & Sterling, Inc
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Mission Accomplished

Transition Services

Brittney Moore

Willie Moore

Mosaic Associates Architects

Jamal Mosely

Theresa Moroukian

Cheryl Mugno

MVP Healthcare

Nacy Warner Associates LLC

Annette Nanes

NBT Bank

National Philanthropic Trust

NFP Corporate Services

Katie Nare

Network For Good

Nina Nichols

Jacqueline O’Donnell

Mary O’Grady

Geraldine O’Neill

Eugene O’Neill

Organ Colossal

Kingsley Osei

Our Lady of Victory

Rebecca Paavola

Denise M. Padula

Colleen Paratore

Dylan Paratore

Margie Parillo

James Patrick

Pawling 765 LLC

Ruth Pelham

Ethel Peppers

Linda Petrucelli

Dan Phifer

Sam Phillips

Susan L. Phillips

Erin Pihlaja

Edward Plotrowski

Jean Poppei

Alissa Quinn

Katherine Quinn

Quinn Wealth Management Group

Taryn Rackmyer

Abigail Radliff

Rags Ragiaccci

Patricia Rand

Ellen Randolph

Laura Rappaport

Milinda Reed

Liz Reiss

Regeneron Pharmaceuticals

Shavina Richardson

Nancy Rider

Robert C Parker School

Marion Roach Smith

Markeia Robinson

Joan Rogers

Mary Ann Ronconi

Kimberly Roselle

Peggy Ross

Marguerite Roth

Sherry Rounds

Sandra Rouse

Alice Rudnick

Russell Sage College

Isabel Rutkey

Sabic Innovative Plastics

Michelle & Danny Sanders

Amy Salamone

Tracey Schmidbauer

Anna Schupack

SEFCU Credit Union

Shaker Logistics

She’s A Boss And Stiletto Brunch

Alison Sifflet

Marggie Skinner

Pamela Skripak

Rachelle Smith-Stallman

Marian Sole

Spring City Development Group, LLC

Dianne Stancato

Barbara Stein

Nicoie Stein

Hannah Stenzel

Samuel Stouffer

Stephanie Stoyte

Stragility LLC

Erica Straus

Ryanne Straus

Street Taco VII Inc

SWBR

Michael Tanenblatt

Thomas Taliesin

Iman Temple

The Basement On First St

The Foroulis Private Foundation

The Kaleel Jamison Consulting Group

The McLean Group

Crickett Thomas-O’Dell

Walter Thorne

Samuel Torres

Congressman Paul Tonko

Tri-City Rentals

Jeannine Trimboli

Troy Area United Ministries

Judge Beth Walsh

Jackie Weaver

Demery Weeks

Jack Weeks

Michael Welch

Tyler West

Troy Web Consulting, LLC

Whiteman, Osterman & Hannah, LLP

Amanda Williams

Tabetha Wilson

Natalie Winne

Serena White-Lake

Karina Wojnar

Kate Wood

Workforce Development Institute

Windy Wyczawski

Nancy Uber

Ungerman Electric

Susan E. Ungerman

Unity House Of Troy

Upper Hudson Planned Parenthood

Deborah Vogel

YWCA Of Schenectady

YWCA USA

Zonta Club Of Albany
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2022 IN PICTURES

Students from Mater Christi School drop off stockings for Adopt-a-Family.

Russell & Scarlet Crouse at Ride with YWCA-GCR at Corning Preserve.

YWCA-GCR staff at our 17th Annual BraVa!

Executive Director, Starletta Smith on right with Florencia Feleder from Senator Gillibrand’s Office.

Students from the Robert C. Parker School donated toys for YWCA-GCR children.

Students from Emma Willard School at the 23rd Annual Resourceful Women’s Awards.

2022 FINANCIALS

REVENUE

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<th>Source</th>
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<tr>
<td>Government Funding &amp; Grants</td>
<td>$769,810</td>
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<td>Program Revenue</td>
<td>$434,547</td>
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<td>Donations &amp; Contributions</td>
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<td>Daycare Rental</td>
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EXPENSES

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Increase (decrease) in net assets: $74,858

Net assets at beginning of year: $4,996,646

Net assets at end of year: $5,071,504

*This report is based on non-audited information

** Expenses include $149,758 for depreciation which is a non-monetary expense and gets added back into total assets at the end of the year.