

SMALL PLATES TO SHARE OR AS A STARTER

TRENCH PLATTER £12.95

Jerk wings, pork ribs, sweetcorn fritters, garlic flatbread, herb mayo and supa green salad.

DUCK ROLL £5.10

Shredded duck, with sweet onion, soy sauce & chilli, in toasted flatbread, with orange chutney.

FIERY FRIED SQUID £5.10

Coated in panko, with mango mole, coriander and lime mayonnaise.

IT'S SO BAIT £5.10

Panko coated crispy whitebait served with coriander and lime mayonnaise.

GARLIC AND CHILLI BBQ KING PRAMNS £5.10

Shell-on king prawns BBQ'd then pan fried in a herb and chilli garlic butter, served with roti.

TRENCHTOWN JERK WINGS £4.50

24 hour marinated jerk wings, pit grilled, served with caramelised orange chutney.

Choose your jerk:
Pineapple, Coconut or Classic

BABI BAK RIBS £5.10

Grilled baby back pork ribs, homemade lime, watermelon and green herb chow.

Choose your jerk:
Pineapple, Coconut or Classic

GARLIC AN' HERB ROTI £4.25

'Nuff said. (V)

PEPPER ROTI £5.10

Flatbread stuffed with cheese, carrots, spicy potatoes and crispy onions, served with scotch bonnet and herb mayonnaise. (V)

TRINIDADIAN DOUBLES £5.10

Bara roti flatbreads, spiced chickpeas, mango chutney and fresh shredded coconut. (V)

SWEETCORN FRITTERS £4.25

Small fried batter coated bites, served with spiced mango and lime sauce. (V)

OKRA FINGA £4.25

Panko coated lady fingers served with lime and coriander mayonnaise. (V)

BEACH BOD SALAD £7.50

Avocado, mango, carrot & butternut squash ribbons, crispy gem, sugar snap peas, beets, shaved coconut and rocket with a citrus lime dressing. (VE)

SPINACH, RAINBOW BEETS & WATERMELON SALAD £7.50

Spinach, watermelon, mixed greens, rocket, spiced pineapple chunks, beetroot shavings, crispy gem, & crispy chickpeas with a citrus lime dressing. (VE)

Add one or more to any of our Trench Salads:

GARLIC & CHILLI PIT PRAMNS £3.00

CRISPY CHILLI SQUID £3.00

GRILLED JERK CHICKEN BREAST £2.50

FRESH MANGO & GOAT'S CHEESE £2.50

WHAT'S YOUR JERK?

There as an option to choose how spicy you want it from the pit grill. Classic is spicy. Coconut is milder. Pineapple is fruity. Upgrade to sweet potato fries for an extra £1.50

BABI BAK RIBS £10.25

Baby back pork ribs glazed with jerk, fresh coconut shavings and sour orange chutney. Served with a side of spicy fries and Caribbean 'slaw.

Choose your jerk:
Pineapple, Coconut or Classic

BEEF RIBS £13.95

Jerk pit grilled, sweet onion chutney and trini green seasoning. Served with a side of spicy fries, lime and coriander chow and dressed salad.

Choose your jerk:
Pineapple, Coconut or Classic

JERK PORK BELLY £12.50

Slow braised and pit grilled. Served with a side of sweet onion chutney, trini green seasoning, and sweet potato mash.

Choose your jerk:
Pineapple, Coconut or Classic

RED SNAPPER £12.50

Baked in West Indian curry spices, scotch bonnet, garlic and thyme. Comes with steamed rice and fresh pineapple chow.

ISLAND JERK SALMON £12.50

Crispy skin on salmon. Served with a side of coconut rice an' peas, and greens.

MONTEGO STYLE CHICKEN £10.45

Jerk glazed chicken breast cooked in spiced cream coconut sauce. Comes with a side of coconut rice an' peas, sweet plantain and greens.

LAMB RUMP STEAK £15.95

Served with sweet potato mash, Caribbean 'slaw and green seasoning.

Choose your jerk:
Pineapple, Coconut or Classic

BONE JERK CHICKEN

Pit grilled, served with a side of coconut rice an' peas, Caribbean 'slaw, sour orange chutney and fresh coconut shavings.

Choose your jerk:
Pineapple, Coconut or Classic

Whole £17.50

Half £10.50

Quarter £7.60

Breast £9.95

TRINI WATERMELON CHOW £2.80

Marinated diced watermelon, coriander and fresh lime juice. (VE/GF)

TRINI PINEAPPLE CHOW £2.80

Marinated diced pineapple, coriander, garlic, fresh lime juice and scotch bonnet. (VE/GF)

SUPA GREEN SALAD £2.80

Rocket, sugar snap peas, red onion, tomato and baby spinach (VE/GF)

All below: £2.80

SWEET PLANTAIN

CHEESY JERK-SWEET POTATO FRIES (V)

SWEET POTATO MASH (V/GF)

SWEET POTATO FRIES

All below: £2.50

STEAMED RICE (GF)

FESTIVAL DUMPLINGS

SPICED FRIES

COCONUT RICE AN' PEAS (GF)

CARIBBEAN SLAW (V/GF)

PARATHA ROTI (V)

(V) Vegetarian (VE) Vegan (GFO) Gluten Free Option (GF) Gluten Free

PIT GRILLED BURGERS

Served with homemade 'slaw and spicy fries or greens

MASHUP JERK CHICKEN BURGER £8.50

Panko crumbed jerk chicken burger with pulled jerk chicken, lettuce, fresh pineapple chow and a spread of herb mayo.

KINGSTON KING BURGER £8.50

Beef burger topped with fiery pulled jerk pork, lettuce, sweet onion chutney and a spread of herb mayo.

PULLED PORK BUN £7.50

Fiery pulled jerk pork, served with sweet onion chutney and a spread of herb mayo.

GOATS CHEESE AND MUSHROOM BURGER £8.00

Jerk glazed portobello mushroom, served with grilled goats cheese, lettuce, tomato and red onion chutney, coconut and a spread of herb mayo. (V)

TRENCHTOWN GOAT CURRY £9.95

House blend of curry spices, scotch bonnet, citrus juice and fresh ginger. Served with a side of coconut rice an' peas, sweet onion chutney, green seasoning and Caribbean dumplings. (GFO)

CARIBBEAN RUNDOWN £9.95

Sweet potato, butter beans, corn cobbles and carrots, cooked in a coconut sauce. Served with a side of coconut rice an' peas and roti. (GFO)

SPINACH, SWEET POTATO AND AUBERGINE CURRY £9.95

Cooked in a light curry sauce with green beans, kidney beans and sugar snap peas. Served with a side of steamed rice and roti. (GFO)

THE ORIGINAL TRINI CHICKEN CURRY £9.95

Chicken breast cooked in coconut milk with mango. Served with a side of coconut rice an' peas and roti. (GFO)

CARIBBEAN BROWN CHICKEN £9.95

Marinated chicken with fresh thyme, ginger, pimento, scotch bonnet. Served with a side of coconut rice an' peas and Caribbean dumplings.

CURRY FISH £10.80

Snapper fillet in a light coconut curry sauce, garlic, ginger and scotch bonnet. Served with a side of steamed rice and roti. (GFO)

SEA ME SHRIMPING £10.80

King prawn, shrimp, mango, and sweet potato in Caribbean spices. Served with fresh green seasoning, sweet onion chutney, steamed rice and roti. (GFO)

DESSERTS

BANANA AND TOFFEE CHEESECAKE £4.95

CHOCOLATE BROWNIE AND VANILLA ICE-CREAM £4.95

BBQ PINEAPPLE AND COCONUT ICE CREAM £4.95

COCONUT ICE CREAM £4.95

COCKTAILS

REDEMPTION ROJITO £7.45

Bacardi, fresh fruit, fresh mint, lime juice, sugar, soda water.

JAMAICAN STRAWBERRY MULE £7.45

Fresh strawberries, Appleton Estate rum, lime juice, sugar syrup, Angostura bitters, Old Jam ginger beer.

PINA COLADA £7.45

Bacardi Carta Blanca, Koko Kanu, cream, pineapple juice.

TRENCH ICE TEA £7.45

Gin, vodka, light rum, Tequila Blanco, Triple Sec, fresh lemon, cola.

MI BRODA COLLIN £7.45

Myer's Dark Rum, fresh lemon, Gomme, soda water.

JAMMIN' DAIQUIRI £7.45

Havana 3yrs, fruit liqueur, Gomme, fresh fruit & lime.

TRENCHTINI £7.45

Gosling's Rum, Chambord, pineapple juice.

RON RARGARITA £7.45

Ron Zacapa, Triple sec, fresh lime served with a salted rim.

BERRY CAIPIRINHA £7.45

Cachaca, fresh berries, Chambord, lemon juice, demerara sugar.

MOCKTAILS

APPLE PILAR £6.45

Fresh mint, apple juice, cane syrup, ginger ale.

PLANTER'S PUNCHLESS £6.45

Fresh lime, apple juice, grenadine, lemonade.

TRENCHING £6.45

Fresh mint, lemon juice, elderflower syrup, tonic water, lemonade.

BEERS

BRAHMA £3.20

(330ml)

BANKS CARIBBEAN LAGER £3.95

(330ml)

BRENDOG NANNY STATE £4.65

(non alcoholic)

SAVANNA DRY CIDER £4.30

(500ml)

RED STRIPE DRAUGHT £3.85

(Pint)

SOFTS

TING £1.95

COKE (330ml) £2.95

IRN BRU (330ml) £2.95

COKE ZERO (330ml) £2.95

J20 APPLE AND MANGO £2.95

J20 ORANGE AND PASSION FRUIT £2.95

ORANGE, APPLE OR PINEAPPLE JUICE £2.75