



THE MEMBER'S CODE OF CONDUCT OF THE VIKING CANOE & KAYAK CLUB

This Code of Conduct applies to all members of the Viking Canoe & Kayak Club (*including general members, associate members, and Board members*) when participating in club activities or club-related events.

All Club activities will be conducted within an environment of mutual respect and courtesy.

IN GENERAL....

Members of the VCKC and other clubs, officials and spectators:

- should be treated with dignity and respect
- should have freedom from physical and verbal harassment

Members must:

- be responsible for their own actions
- follow club rules
- be co-operative with and respect the coaching staff
- respect the decisions of the Board of Directors, including those in the posted Club Policies
- refrain from rough play, throwing objects, and horseplay on the dock
- communicate courteously and avoid using any profane, vulgar, threatening, harassing or insulting expressions
- seek the assistance of staff, if needed, to resolve disagreements
- maintain a clean and safe environment
- show proper care and respect for club property and the property of others
- respect and abide by decisions regarding regatta entries and the crews for team boats made by the coaching staff
- not drink or smoke under-age, possess or use illegal drugs, or drive in a manner that could endanger other members (on water or on land) while engaged in club activities
- read and understand all club policies

Violence in any form will not be tolerated: verbal and physical intimidation or assault, etc.

Conduct contrary to the code above is "injurious to the Club" and can lead to suspension or termination of membership privileges.

Twenty Four (24) Hour Rule: Conflicts should not be dealt with during training sessions or at regattas. It is recommended that parties walk away from the conflict if safe to do so. The VCKC endorses the "24 hour rule" when launching a complaint against the Club or any of its members or coaching staff. This involves waiting a "cooling off" period of 24 hours following the "incident". After 24 hours, it is recommended that the member(s) speaks directly (preferably in person) to the party(ies) involved with the conflict. A third party may be brought in, if necessary, to try to resolve the issue.