

COLUMBIA COUNTY RESOURCES TO HELP RESIDENTS MANAGE THE CORONAVIRUS (COVID-19) CRISIS

How to Get Help and Ways to Help

We're providing the following resources to help you locate services, businesses, and recreational areas for your daily needs during the COVID-19 crisis. We hope you find this information helpful.

We are also providing a list of charities and volunteer organizations that are helping our community members in need. If you are able, please consider donating money, goods, or time.

Please contact us at issues@columbiacountydemocrats.org if you are aware of other resources we should add to this list or for any updates.

How to Get Help

- [Health and Safety](#) – physical (including domestic) and mental health
- [Financial Assistance](#) – grants, loans, business and individual
- [Food and Goods](#) – restaurants, grocery stores, food pantries, farmers markets
- [Other Assistance](#) – housing, pets, local helpers, other resource links
- [Green Spaces and Parks](#) – parks, conservation lands, open air areas

Ways to Help

- [Donate](#) – money, goods, services
- [Volunteer](#) – people power

Note: The CCDC does not endorse any of the organization, business, entities, or individuals listed in this resource guide. It is meant to be a directory to help people find information. The information was collected by and from a variety of sources.

HOW TO GET HELP

HEALTH AND SAFETY

Centers for Disease Control and Prevention (CDC)

- Web: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Provides extensive information about the Coronavirus (COVID-19), including its symptoms, how to protect oneself, what to do if you are sick, and the latest updates.

Washing Hands

CDC urges all individuals to take everyday preventive steps, including the following:

- Wash your hands frequently (additional information [here](#))
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces
- Most recently the CDC recommendation the use of cloth face coverings, especially in areas of significant community-based transmission

Face Coverings

- Web Overview: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>

CDC recommends that everyone wear a cloth face covering in public settings, such as in grocery stores and pharmacies. The use of simple cloth face coverings will also help slow the spread of the virus and help prevent those who may have the virus without knowing it from transmitting it to others. Even with a face covering, you must continue to social distance and keep six feet away from other people.

There are a couple of quick and easy ways to make your own face covering:

- Click [here](#) for instructions on how to make sewn and non-sewn face coverings, as well information on how to wear a face covering, remove it from your face, wash/sterilize it, and other important details.
- FAQ's on the use of cloth face covers can be found [here](#).
- Watch the U.S. Surgeon General make a face covering below or [here](#).

New York State Department of Health Coronavirus Information

- Web: <https://coronavirus.health.ny.gov/home>

New York State Coronavirus Hotline

- Phone: 888-364-3065
- Web: <https://coronavirus.health.ny.gov/form/ask-us-a-question>

Columbia County Department of Health

- Phone: 518-828-3358

- Web: <https://www.columbiacountynyhealth.com/home/coronavirus-covid-19>
- Facebook: <https://www.facebook.com/Columbia-County-Department-of-Health-469399129790791/>

Columbia County’s Department of Health provides local updates and information about how to get tested if you think you are sick with COVID-19.

Columbia Memorial Health

- Phone: 518-828-8249
- Web: <https://www.columbiamemorialhealth.org/more-information-about-coronavirus-covid-19/>

New York State Office of Mental Health Emotional Support Line

- Phone: 844-863-9314

The Emotional Support Line provides free emotional support, consultation, and referral to a provider to help callers experiencing increased anxiety due to the coronavirus emergency. Calls are confidential. It is staffed by volunteers, including mental health professionals, who have received training in crisis counseling.

Headspace for New Yorkers

- Web: <https://www.headspace.com/ny>

New Yorkers can get free meditation and mindfulness resources through Headspace.

Columbia County Mental Health Centers

- Phone: 518-828-9446
- Web: <https://www.columbiacountymhc.com/>
- Facebook: <https://www.facebook.com/Columbia-County-Mental-Health-Center-977972835647295/>

Columbia County Mental Health Center operates a 24-hour crisis line to assist individuals and families who are experiencing a psychiatric emergency. Both physical locations are closed but all mental health staff are working from home. Therapists and prescribers will continue to provide all assistance using the telephone (telephonically) during this time as they have converted to phone telemental health sessions and web-based meetings.

Columbia County Sheriff’s Hotline for Elderly and Vulnerable

- Phone: 518-828-0601 x1400

A new hotline is available for the elderly and those with medical conditions, including people with disabilities, who would welcome a deputy checking on their well-being daily. Individuals are encouraged to leave a message, and someone will return your call. A time frame, morning or afternoon, will be established for when you would like the deputy to come to your residence. When the deputy comes by, he or she will knock on the door, then retreat to a safe distance and wait for someone to signal that all is well inside.

New York State Domestic and Sexual Violence Hotline

- Phone: 800-942-6906 (English & Español/Multi-language Accessibility)
- Deaf or Hard of Hearing: 711
- Web: <https://opdv.ny.gov/help/dvhotlines.html>

Columbia-Greene Domestic Violence

- Phone: 518-943-9211
- Web: www.cagcny.org
- Facebook: <https://www.facebook.com/COLUMBIAGREENEDV/>

Columbia-Greene Domestic Violence is the primary provider of comprehensive services for domestic violence victims and survivors in Columbia and Greene counties in New York.

Greener Pathways

- Phone: 518-822-7437, 518-291-4500
- Weekend/Evening Hotline: 518-822-0090
- Web: greenerpathways.org

Providing support to those with opioid and other drug addictions.

Columbia County Pathways to Recovery

- Phone: 877-467-3365
- Web: pathwaystorecovery.org/wp
- Providing support to those with opioid and other drug addictions.

Provides comprehensive resources for individuals and families impacted by the crisis of substance use disorder.

NY Connects-Columbia

- Phone: 518-828-2273 or 877-260-9244
- Web: <https://www.nyconnects.ny.gov/>
- Contacts: Lynda and Kelly McGiffert
- Email: lynda@columbiahealthnet.org

NY Connects serves older individuals and individuals with disabilities of all ages. Staff can help families, caregivers, and professionals while working from home. Leave a voicemail or email.

Alliance for Positive Health of Northeastern New York

- Phone: 518- 434- 4686
- Web: <https://www.allianceforpositivehealth.org/>
- Email info@allianceph.org

This organization provides a continuum of direct services to people living with or impacted by HIV/AIDS or other chronic illnesses residing in 15 counties in upstate New York, including Columbia County. Alliance for Positive Health's staff are providing telephonic care management services and can accommodate new referrals; however, they would be mailing any documents with pre-addressed envelopes for folks to mail back to them. They are not conducting any face to face visits with community members at this time.

Cornell Cooperative Extension – Parenting Education & Anger Management Programs

- Phone: 518-965-4068
- Web: <http://ccecolumbiagreene.org/>

The CCE offices are closed in both Columbia and Greene counties. However, staff and parenting educators are working at home and are still taking referrals (through email only) for

parenting education and anger management programs. Educators are delivering lessons remotely via the telephone and/or Facetime.

Referrals can be made to Rebecca Palmateer at rp328@cornell.edu.

Family and Consumer Services can also be reached at the above number.

The Healthcare Consortium:

- Phone: 518-822-8820
- Web: <http://www.columbiahealthnet.org/>

This is the official resource in Columbia and Greene counties for health insurance enrollment through New York State's Department of Health. The Healthcare Consortium can help individuals and families shop for and enroll in a health insurance program, including public health insurance programs such as Medicaid, the Essential Plan, and Child Health Plus, and commercial self-pay programs, called Qualified Health Plans.

While in-person visits are temporarily suspended, the Consortium will serve individuals by phone, which is being monitored Monday through Friday, 8:30 a.m. to 4:00 p.m.; voicemails can also be left at that number, and someone will respond to them daily.

Clients of the Consortium's Transportation Program, CARTS, should call 518-822-8020.

Hudson River Healthcare

- Phone: 844-474-2273
- Web: <https://www.hrhcare.org/healthcenters/health-center-at-hudson/>

HRHCare providers work together to bring individuals coordinated medical, dental, and behavioral health care. The staff speak many languages and provide translation services available to make sure you receive care in the language of your choice.

At this moment, all HRHCare sites are open and are testing for COVID19. But in order to limit exposure, HRHCare has protocols put in place. For any patient wanting to be seen with respiratory symptoms, please call the clinic first.

Hand Sanitizer

Individuals should wash hands often, including immediately after removing gloves and after contact with an ill person, by [washing hands](#) with soap and water for 20 seconds. If soap and water are not available, and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water.

Harvest Spirits Distillery

Golden Harvest Farms

3074 US Route 9, Valatie, NY 12184

Phone: 518-758-1776

Web: <http://www.harvestspirits.com/>

Facebook: <https://www.facebook.com/harvestspirits>

They have retooled their batch brandy production line into the making of liquid hand sanitizer. If you don't need any, better to stay at home and keep the extra for first responders. Check website for availability, pricing, and pickup protocols.

Town Supervisors

Hand Sanitizer may also be available through the State at the request of Town Supervisors. Current inventories vary by Town and not all Towns have elected to distribute to the public. Towns known to have recently distributed free sanitizer to their residents include Austerlitz, Chatham, Gallatin, Germantown, Ghent, and New Lebanon.

Gallatin

Gallatin Town Hall

- Address: 667 County Route 7, Gallatin
- Phone: (518) 398-7519
- Web: <https://gallatin.yourtownhub.com/>

Hand sanitizer available at the Town Hall.

Internet hot spot available in Town Hall parking lot.

Germantown

Hand Sanitizer provided by NY State.

Available at

- Food Pantry, Wednesday 4/8 1:00 – 5:00 pm
- Palatine Park Pavilion, Saturday 4/11 10:00 am – 12 noon.

FINANCIAL ASSISTANCE

Federal Assistance

Congress passed three laws to address major issues resulting from the coronavirus crisis.

- The first law provides \$7 billion in low interest loans to small businesses affected by the virus.
- The second law expands unemployment insurance, nutrition assistance for children and seniors, emergency sick leave—including reimbursing small businesses for this cost.
- The third law, called the CARES Act provides more than \$375 million in additional grants and loans for small businesses and farmers, many of whom are self-employed.

Congressman Antonio Delgado’s Office – Coronavirus Resources and Information

- Web: <https://delgado.house.gov/coronavirus>
- Resource Guide: <https://delgado.house.gov/coronavirus-resource-guide>
- Resources for Small Businesses: <https://delgado.house.gov/coronavirus-resources-and-information/resources-small-businesses>
- Resources for Veterans: <https://delgado.house.gov/resources-veterans>
- Phone: 845-443-2930

If you’re a small business owner whose operation has been harmed by the coronavirus outbreak, please contact Congressman Antonio Delgado’s office to learn about these available resources.

State Assistance

New York State Department of Labor

- Phone: 888-209-8124
- Web: www.labor.ny.gov

To file for unemployment benefits, call or visit their website.

New York State has waived its usual seven-day waiting period for unemployment insurance benefits for those who are out of work due to COVID-19 closures. On April 8, 2020, Governor Cuomo directed the State Department of Labor to immediately make \$600 in additional weekly unemployment benefits available to all New Yorkers. The additional benefits were included in the Federal CARES Act, but, unlike other states, New York began delivering the extra unemployment insurance to unemployed individuals before Federal funds are disbursed to the states. New York is also extending the period covered by unemployment benefits for another 13 weeks, for a total of 39 weeks.

Small Business Disaster Loans

- Web – Overview: <https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>
- Web – District Office Locator: <https://www.sba.gov/local-assistance>
- Web – Schedule an Appointment with local SBDC: <http://nyssbdc.org/appointment.html>

The SBA has declared an economic disaster in New York State. If you are a small business owner in NY-19, you are eligible for an SBA economic injury disaster loan. Applicants are encouraged to submit their application online. If you have questions or need assistance compiling

the financial information, please contact the local SBA District Office or your local small business development center.

[SBA EIDL Fact Sheet regarding New York Declaration 16346](#)

Six months of SBA payments on qualified SBA Loan payments

The CARES Act includes the Small Business Repayment Relief Act. This triggers an automatic six-month payment (covers principal, interest, and fees) by the Small Business Administration on all current and new qualified SBA loans.

No applications required, just immediate assistance for our struggling small business owners.

Emergency Economic Injury Grants

Independent contractors, self-employed, private non-profits, and small businesses and medium sized businesses with up to 500 employees, including startups, cooperatives, and ESOPs are eligible for a new emergency grant. Grants of up to \$10,000 will be provided to eligible individuals *within three days* of verifying the business's eligibility. *For information on applying, please contact the local SBA District Office or your local small business development center.* Visit www.sba.gov/local-assistance to find local help. Visit

<http://nyssbdc.org/appointment.html> to schedule an appointment with your local SBDC.

Paycheck Protection Program

This new SBA loan program allows small businesses to immediately cover up to 2.5 months of payroll during the immediate crisis. Small and medium sized businesses of up to 500 employees, non-profits, independent contractors and self-employed workers are eligible for no-fee loans of up to \$10 million, with repayment deferred for at least six months. If the small business retained the same number of employees when they received the loan, *up to 100% of the loan may be forgiven.* *For information on applying, please contact the local SBA District Office or your local small business development center.* Visit www.sba.gov/local-assistance to find local help. Visit <http://nyssbdc.org/appointment.html> to schedule an appointment with your local SBDC.

Additional Small Business Resources

Click on the name for more information.

- [Small Business Owner's Guide to the CAREs Act](#)
- Flow Chart: [The Coronavirus Aid, Relief and Economic Security Act, CARES Act for Small Businesses](#)
- [Centers for Disease Control and Prevention for businesses and employers](#)

County Assistance

Columbia Economic Development Corporation (CEDC) & Berkshire Taconic Community Foundation (BTCF)

- CEDC:
 - Web: <https://www.columbiaedc.com/>
 - Facebook: <https://www.facebook.com/Columbiaedc>
 - Email: info@columbiaedc.com
- BTCF:

- Web: <https://www.berkshiretaconic.org/Home/COVID-19Response.aspx>

Columbia County COVID-19 Business Continuity Fund

- Web: <https://www.berkshiretaconic.org/bLearnAboutBTcf/COVID-19Response/ColumbiaCountyBusinessContinuityFund.aspx>
- **Donate to the Emergency Response fund by April 15.**

The fund will support small businesses with 1) fewer than 10 employees and 2) less than \$1 million in annual revenue that are open to the public and are reliant on foot traffic for customers. All donations will go directly toward supporting small businesses in Columbia County.

CEDC Columbia County Business Continuity Grant Fund

- Web: <https://www.berkshiretaconic.org/bLearnAboutBTcf/COVID-19Response/ColumbiaCountyBusinessContinuityFund.aspx>
- **Applications due by 4pm, April 15.**

The County Business Continuity Fund was created to provide cash grants to small businesses in our communities most affected by the COVID-19 crisis. This Fund will award grants from \$1,000 to \$5,000 on a competitive basis to applicants that meet the core criteria and are seeking immediate assistance to retain and pay their employees, stay current on rent, and cover other fixed costs related to their operations.

CEDC COVID-19 Information and Business Resources

- Web: <https://www.columbiaedc.com/covid19resources/>

This is a more comprehensive list of business resources.

Columbia Chamber of Commerce

- Web: <https://columbiachamber-ny.com/>

Hudson Business Coalition

- Web: <https://visithudsonny.com/register>
- Facebook: <https://www.facebook.com/VisitHudsonNY/>

Berkshire Taconic Community Foundation Relief Funds

- Web: <https://www.berkshiretaconic.org/Home/COVID-19Response.aspx>

BTcf is actively working with their network of generous partners around our four-county region to raise resources and get help to nonprofits and vulnerable neighbors during this outbreak. View their website for grants and ways to donate.

Emergency Response Fund – for nonprofits

- Web: <https://www.berkshiretaconic.org/bLearnAboutBTcf/COVID-19Response/ColumbiaCountyEmergencyResponseFund.aspx>

Berkshire Taconic has launched the Columbia County COVID-19 Emergency Response Fund to rapidly deploy flexible resources to nonprofit organizations working with individuals and families who are disproportionately impacted by the coronavirus and the economic consequences of this outbreak.

FOODS AND GOODS

Includes government assistance, food pantries, farmers markets, restaurants, grocery stores.

Office for the Aging – Meals on Wheels

- Phone: 518-828-4258
- Office Hours: Monday-Friday, 8am-4pm
- Web: <https://sites.google.com/a/columbiacountyny.com/columbia-county-office-for-the-aging/>

Although all county meal sites are closed until further notice, Meals on Wheels continues to deliver. Recipients are asked to put a small table or chair outside near their front door. The delivery person will ring the bell, back up, and wait for someone to appear.

Catholic Charities

- Phone: 418-828-8660

At this time, Catholic Charities in Hudson is providing food pantries; people should call to make an appointment. For individuals who wish to apply for emergency assistance or enroll in SNAP benefits, please call.

WIC

- Phone: 518-828-9668

WIC is open. This Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. The majority of appointments can be done over the phone at this time. Call to schedule an appointment.

Columbia Opportunities Inc. – Hudson Community Action Center

- Web: <https://www.columbiaopportunities.org/>
- Facebook: <https://www.facebook.com/columbiaopportunities/>
- Phone: Leave a message if no one answers.
 - Emergency Assistance, Food Pantry, & HEAP: 518-828-4611

Food Pantries and Soup Kitchens

- Web: <https://1drv.ms/x/s!AiWnlQFPJvgwhY1FElc7Lmy4-Zaldg?e=zfdIr>
- Web: <https://columbiacountyfood.blogspot.com/2020/04/food-pantries-and-soup-kitchens-in.html>
- Web: <https://regionalfoodbank.net/agency-list-by-county/columbia/>

For a list of food pantries and soup kitchens in Columbia County, visit these sites.

Restaurants

- Web: https://1drv.ms/x/s!AiWnlQFPJvgwhY1DfZcQW9G_9zQ1XA?e=7V2A8U
- Web: <https://ginsbergs.com/restaurants-takeout-delivery/>
- Web: <https://imby.com/ghent/article/update-the-state-of-our-food-world-2/>

- Web – Hudson: <https://columbiacountyfood.blogspot.com/2020/04/udson-breakfast-and-lunch-restaurants.html>
- Web – Hudson: <https://columbiacountyfood.blogspot.com/2020/04/udson-dinner-restaurants.html>

Many of the county's restaurants have adapted their menus and their work schedules to offer good food that you can enjoy at home. Please check out the links above to find out which Columbia County restaurants are open. The information was accurate at the time of publication. We will do our best to update the information, but we recommend you contact the establishment directly for the most up to date information on hours, menus, ordering options, and safety protocols.

Grocery Stores

- Web: <https://1drv.ms/x/s!AiWnlQFPJvgwhY1E1Xd04xDcTYjmXA?e=3Fzbrk>

Check the website for a list of grocery stores in Columbia County, including which offer special hours, delivery/shipping, and curbside pickup.

OTHER ASSISTANCE AND RESOURCES

Columbia County Food, Housing, Transportation, and Other Support

- Phone: 2-1-1 or 1-888-399-3211
- Web: <https://211neny.communityos.org/cms/node/1>

2-1-1- is the number to call to find or give help in the Capital District area, including Columbia County. They offer free and confidential community referrals that connects callers with resources providing food, shelter, rent assistance, clothing, childcare options, and other types of community assistance. Trained referral specialists are multi-lingual and available to help individuals find the help they need.

Columbia Opportunities Inc. – Hudson Community Action Center

- Web: <https://www.columbiaopportunities.org/>
- Facebook: <https://www.facebook.com/columbiaopportunities/>
- Phone: Leave a message if no one answers.
 - Emergency Assistance, Food Pantry, & HEAP: 518-828-4611
 - Family Literacy and Early Literacy & Network: 518-828-8951
 - Head Start: 518-828-6312
 - Weatherization: 518-672-7268

As of March 23rd, only the Hudson Community Action Center located at 540 Columbia Street, is open from 10:30 am – 2:30 pm, Monday through Friday. These hours are subject to change. The Center is available to assist individuals by telephone and in person-scheduled appointments when necessary. The Head Start program is closed. The Family Literacy staff are also staying in touch with families by phone but are not offering English Language classes or home visits.

Hudson Housing Authority

- Phone: (518) 828-5415
- Web: <https://www.hudsonhousingauthority.com/>

The office is still open as of now, working out a plan.

Schuyler Center for Analysis and Advocacy

- Web: <https://scaany.org/covid-19/covid-19-resources/>
- Facebook: <https://www.facebook.com/schuylercenter/>

They have links to various resources on multiple topics regarding COVID-19 that you may find helpful.

Paul Weiss COVID-19 Resource Center

- Web: <https://www.paulweiss.com/practices/transactional/coronavirus-covid-19-relief-center/practice-overview/new-york-state>

Local Assistance

Philmont Community Action Neighbors (P-CAN) – Philmont Help Line

- Email: philmont.can@gmail.com
- Facebook:

- Phone:

Neighborhood network to provide support to those in need of a extra help, including sick individuals, local elders who are particularly susceptible to the virus, families with children and limited access to transportation, or anyone else who has a need.

If you need assistance, reach out via email and provide the following information:

1. Name
2. Are you homebound and/or high risk?
3. Best way to contact you:
 - a. Mailing address:
 - b. Phone number:
 - c. Email:
 - d. Social media:
4. Specific needs:
 - a. Groceries:
 - b. Mail:
 - c. Phone call:
 - d. Other:

Doorstep Deliverers

- Web: <https://www.doorstepdeliverers.org/>

Delivers items to people's homes in Craryville, Copake, Hillsdale, Egremont, & Great Barrington.

Pet Services

Veterinarians

Chatham's Small Animal Hospital

4042 Route 203

North Chatham, NY 12132

Phone: 518-766-4600

Fax: 518-766-4601

Email: frontdesk@chathamssmallanimalhospital.com

Website: <https://chathamssmallanimalhospital.com/>

Columbia Greene Humane Society/SPCA Low Cost Clinic

111 Humane Society Rd

Hudson, NY 12534

Phone: 518-828-7709

Email: info@cghs.org

Website: <https://cghs.org/low-cost-clinic/>

Copake Veterinary Hospital

7915 State Rte. 22

Copake Falls, NY 12517

Phone: 518-329-6161

Fax: 518-329-1393
Email: copakevethospital@yahoo.com
Website: <https://copakevethospital.com/>

Hudson Veterinary Clinic
263 Fairview Avenue
Hudson, NY 12534
Phone: 518-671-6000
Fax: 518-203-3513
Website: HUDSONVETERINARYCLINIC@gmail.com

Integrative Animal Care
Dr. Tina Aiken – not currently taking new clients
Phone: 518.329.5213
Fax: 518.329.0026
3051 State Route 82
Ancramdale, NY 12503
Website: <https://www.integrativeanimalcare.com/>

Kinderhook Animal Hospital
74 Chatham Street
Kinderhook New York 12106
Phone: 518-758-6162

Mountainview Animal Hospital
4141 US Route 9
Hudson, New York
Phone: (518) 828-1622

Roundtop Animal Hospital
71 Palatine Park Road, Suite 8
Germantown, NY 12526
Phone: 518-537-7387
Website: <http://roundtopanimalhospital.com/>

Sheep Meadow Animal Hospital
1315 State Route 66
Ghent, NY 12075
Email: sheepmeadow1@gmail.com
Phone: 518.828.2701
Website: <https://www.sheepmeadowanimal.com/>

Dr. Nancy Ying – does housecalls
Wellness Mobile Veterinary Care, PLLC
3055 State Route 82
Ancramdale, NY 12503

Phone: 914-281-1155
Email: drnancy.wmvc@gmail.com
Website: www.nyhousecallvet.com

Wood Hill Veterinary Clinic
650 Route
295 Old Chatham, NY 12136
Phone: 518-392-6224
Website: <https://woodhillvetclinic.com/>

Emergency Veterinary Clinics

NOTE: Most practices will only see established clients for off-hour emergencies. The four closest Emergency Vet Hospitals are:

Animal Emergency Clinic of The Hudson Valley – two locations:
Kingston:
1112 Morton Blvd
Kingston, NY 12401
Phone: (845) 336 0713

Poughkeepsie
84 Patrick Lane
Poughkeepsie, NY 12603
Phone: (845) 471-8242
Website: <http://www.aechv.com/>

Capital District Animal Emergency Clinic
222 Troy-Schenectady Road
Latham, NY 12110
Phone: 518 785 1094
Fax: 518 785 5363
Website: <https://capitaldistrict.ethosvet.com/>

Upstate Veterinary Specialties
152 Sparrowbush Road
Latham, NY 12110
Phone: 518-783-3198
Website: <https://www.uvsonline.com/specialty/24-hour-animal-emergency-and-critical-care-service/>

GREEN SPACES AND PARKS

Columbia County has a number of green spaces for walking to enjoy clean fresh air. If you can visit a site below, please keep your safe 6 feet of distance from others. Be sure to double check the websites to see if the hours have changed or how visitation has been affected by COVID-19.

Park Name	Website	Address	Town
New York State Parks	https://parks.ny.gov/parks/		
Lake Taghkanic State Park	https://parks.ny.gov/parks/laketaghkanic/	1528 Route 82	Ancram
Taconic State Park – Copake Falls Area	https://parks.ny.gov/parks/taconiccopake/	253 Route 344	Copake Falls
Borden’s Pond	https://clctrust.org/public-conservation-areas/bordens-pond/	1628 Route 203	Ghent
Drowned Lands Swamp	https://clctrust.org/public-conservation-areas/drowned-lands-swamp/	645 County Route 3	Ancram
Greenport Conservation Area	https://clctrust.org/public-conservation-areas/greenport/	319 Joslen Blvd.	Hudson
Hand Hollow Conservation Area	https://clctrust.org/public-conservation-areas/hand-hollow/	4079 County Route 9	East Chatham
Harris Conservation Area	https://clctrust.org/public-conservation-areas/harris/	105 Bloody Hollow Road	Austerlitz
High Falls Conservation Area	https://clctrust.org/public-conservation-areas/high-falls/	540 Roxbury Road	Philmont
Ooms Conservation Area	https://clctrust.org/public-conservation-areas/ooms/	480 Rock City Road	Chatham
Overmountain Conservation Area	https://clctrust.org/public-conservation-areas/overmountain-conservation-area/	138 Catalano Road	Ancram
Schor Conservation Area	https://clctrust.org/public-conservation-areas/schor/	58 Cemetery Road	Canaan
Siegel-Kline Kill Conservation Area	https://clctrust.org/public-conservation-areas/siegel-kline-kill/	1452 County Route 21	Ghent
Hudson River Islands State Park	https://parks.ny.gov/parks/hudsonriverislands/	Hudson River	Coxsackie

Martin Van Buren National Historic Site - Lindenwald Wayside Trail	https://www.nps.gov/mava/planyourvisit/outdooractivities.htm	1013 Old Post Rd.	Kinderhook
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WAYS TO HELP

DONATE

Personal Protective Equipment (PPE)

Columbia County Emergency Management Office

- Phone: 518-828-1212

Those wishing to make donations of Personal Protective Equipment (PPE), such as N95 masks, face shields, and gowns, please call the Emergency Management Office. If no one answers, leave a message and someone will return the call. Nitrile gloves are considered suitable for medical use, while other types of gloves must explicitly state they are for medical use.

Monetary donations intended for the purchase of much-needed equipment for emergency responders, medical personnel, and others on the front lines of the coronavirus fight can be made by sending a check

- Payable to:
Columbia County, with coronavirus noted in the memo field
- Mail check to:
Columbia County Controller's Office, 401 State Street, Hudson, NY 12534

All money received is being placed in a dedicated account.

Food

The following organizations and government agencies are collecting food, goods, and money to purchase food and goods for those in need.

Office for the Aging

- Phone: 518-828-4258
- Web: <https://sites.google.com/a/columbiacountyny.com/columbia-county-office-for-the-aging/>

Food Pantries

Columbia County Food Pantries

- Web:

Please view the website for a list of food pantries in Columbia County and how to donate food and/or money directly to them.

Regional Food Bank of Northeastern NY

- Web: <https://regionalfoodbank.net/>
- Online donation: <https://regionalfoodbank.net/donate-money/>
 - You can designate where you want the money to go.

Blood

- Web: <https://nybc.org/donate-blood/> or <https://www.redcrossblood.org/>

There is an urgent need for regular blood donations. If you are healthy, please consider donating.

Plasma Donations from Recovered COVID-19 Patients

- Web – Overview (NYCB or Red Cross):
 - <https://nybc.org/donate-blood/covid-19-and-blood-donation-copy/>
 - <https://www.redcrossblood.org/donate-blood/dlp/plasma-donations-from-recovered-covid-19-patients.html>
- Web – COVID-19 Donor Request Form (NYBC or Red Cross):
 - <https://nybc.org/donate-blood/convalescent-plasma-covid-19-donor-request-form/>
 - <https://www.redcrossblood.org/donate-blood/dlp/plasma-donations-from-recovered-covid-19-patients.html>

To help develop a treatment, Governor Cuomo is asking all New Yorkers who have recovered from COVID-19 to contact the state and donate blood. Individuals who tested positive and then recovered from the virus may have convalescent plasma in their blood, which has antibodies against the virus and could help with the development of a treatment for the virus. More information about how to donate is available [here](#).

VOLUNTEER

Mask Making

- Contact: Dara Lurie
- Phone: 646-707-4958
- Email: djlurie@gmail.com

If you are interested in making masks, please call or email for details.

General Assistance

Philmont Community Action Neighbors (P-CAN) – Philmont Help Line

- Email: philmont.can@gmail.com
- Facebook: <https://www.facebook.com/PhilmontCAN/>

Neighborhood network to provide support to those in need of a little extra help - sick individuals, local elders who are particularly susceptible to the virus, families with children and limited access to transportation, or anyone else who needs something.

If you are able to volunteer and help coordinate efforts, please email.

Doorstep Deliverers

- Web: <https://www.doorstepdeliverers.org/>

Delivering items for people in Craryville, Copake, Hillsdale, Egremont, & Great Barrington.