



BREAKFAST

AVOCADO TOAST

Avocado on toast with marinated chickpeas, ricotta cheese & pesto **V**

BRAISED BEEF JUEVOS RANCHEROS

Beef chorizo, corn, potato hash, guacamole & chickpeas

FRENCH TOAST

French toast with caramelized banana & Maple syrup **V**

FRUIT SALAD **V**

GRANOLA

Homemade granola with berry compote & natural yoghurt **V N**

PANCAKES

Buckwheat berry pancakes with crème anglaise **V**

PORRIDGE

Oats served with fruit compote & honey **V**

TOAST

Homemade selection of breads & preserves **V**

CHECK OUR COUNTER FOR OUR RANGE OF HOMEMADE BAKED GOODS

48

FULL BREAKFAST

48

42

THE FULL URBAN

58

Two eggs anyway, beef bacon, Cumberland sausage, tomato mushrooms, baked beans, fried potatoes & toast + choice of tea, coffee or fresh juice

NORWEGIAN

58

Two poached eggs, Salmontini smoked salmon, sliced avocado tomato + choice of tea, coffee or fresh juice

URBAN

48

Two eggs, baked vine tomato, mushrooms, spinach fried potatoes & fresh avocado slices + choice of tea, coffee or fresh juice **V**

EGGS

ALL EGGS SERVED ARE FREE RANGE

EGGS ANYWAY

Two free range eggs anyway with toast **V**

BENEDICT

Two poached eggs served on an English muffin topped with hollandaise sauce & beef bacon

FLORENTINE

Eggs florentine with baby spinach, topped with hollandaise sauce on English muffin **V**

ROYALE

Eggs royal with smoked salmon, topped with hollandaise sauce on English muffin

BAKED EGGS

Oven baked eggs in avocado, parmesan with tomato salsa & toast **V**

THREE EGG OMELET WITH TOAST

Egg whites & crispy kale **V**

Beef bacon & cheddar cheese

Mushrooms, tomatoes & spinach **V**

26

46

42

52

48

36

42

38

SIDES

BAKED BEANS / MUSHROOMS / SPINACH

8

AVOCADO / BEEF BACON / CUMBERLAND SAUSAGE

12

GRAB & GO

CAN'T STAY ?

TAKE IT AWAY

BEEF BACON & SCRAMBLED EGG CROISANT

26

BREAKFAST BURRITO

32

GRANOLA POT

26

VEAL HAM & CHEESE CROISANT

24

YOGURT & FRUIT COMPOTE POT

20

WE USE ORGANIC, LOCALLY SOURCED AND SUSTAINABLE PRODUCTS WHERE POSSIBLE

DRINKS

FRESH JUICES

Beetroot, Orange & Ginger

24

Celery, Cucumber, Spinach, Mint & Green Apple

22

Orange / Grapefruit / Carrot

18

SMOOTHIES

Mixed Berries

22

Peanut Butter & Banana **N**

20

Strawberry & Banana

18

Salted Caramel

22

ORGANIC COFFEE

Americano

13

Café Latte

15

Cappuccino

15

Espresso - single

11

Espresso - double

14

Flat White

16

ADD 5 AED FOR ALMOND OR SOYA MILK

FAIR TRADE ORGANIC TEA

Chamomile / Earl Grey

16

English Breakfast / Sencha

LOCAL ALAIN WATER

Still or Sparkling

Small (330ml)

8

Large (750ml)

15