

BREAKFAST

TOAST ^V	12.60
Homemade selection of bread & preserves	
GRANOLA ^{NV}	29.40
Berry compote & natural yogurt	
ACAI BOWL ^V	46.20
Topped with mixed berries, coconut, flax seeds, granola, banana & strawberry	
FRENCH TOAST ^N	44.10
Caramelized banana & Maple syrup	
SMASHED AVOCADO TOAST	50.40
Turkey bacon bits, siracha mascarpone, beet chutney with two poached eggs served on a multigrain loaf with feta cheese & a sprinkle of chia and pumpkin seeds	
PANCAKES ^V	42
Buckwheat berry pancakes with crème anglaise	
PORRIDGE ^V	28
Gluten-free oats, served with fruit compote, vanilla mascarpone, and honey	
FRUIT SALAD ^V	21

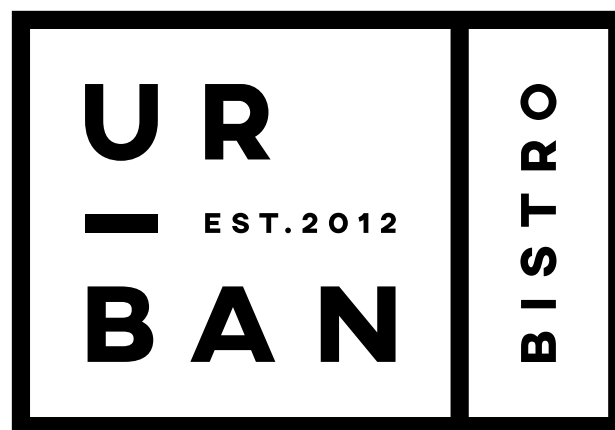
EGGS

ALL EGGS ARE SERVED FREE RANGE & ORGANIC

EGGS ANYWAY ^V	27.30
Two eggs anyway, whole wheat toast	
BENEDICT	48.30
Two poached eggs served on an English Muffin with hollandaise sauce and beef bacon.	
FLORENTINE ^V	46.20
Eggs florentine with baby spinach, topped with hollandaise sauce on English muffin	
ROYAL	54.60
Two poached eggs, smoked salmon, hollandaise sauce on English muffin	
BAKED EGGS ^V	50.40
Oven baked eggs in avocado, parmesan, tomato salsa & toast	
THREE EGG OMLETTE with Toast	
Mushroom, tomato & spinach ^V	39.90
Beef bacon & cheddar cheese	44.10
Eggs Whites & crispy kale ^V	37.80

SIDES

Baked Beans / Mushrooms / Spinach	8.40
Avocado / Beef Bacon / Cumberland Sausage	12.60
Sesame & Lime Rice	



FULL BREAKFAST

THE FULL URBAN	60.90
Two eggs anyway beef bacon, Cumberland sausage, tomato mushrooms, baked beans, fried potatoes & toast + choice of tea, coffee or fresh juice	
NORWEGIAN	60.90
Two poached eggs, Salmontini smoked salmon, sliced avocado, tomato + choice of tea, coffee or fresh juice	
URBAN ^V	50.40
Two eggs, baked vine tomato, mushrooms, spinach fried potatoes & fresh avocado slices + choice of tea, coffee or fresh juice	

GRAB & GO

BEEF BACON & SCRAMBLED EGG CROISSANT	25.20
BREAKFAST BURRITO	33.60
GRANOLA POT	27.30
VEAL HAM & CHEESE CROISSANT	25.20
YOGHURT & FRUIT COMPOTE POT	21.00

DRINKS

LOCAL AL AIN WATER (Still Or Sparkling)	
Small (500 ml)	8.40
Large (1L)	15.75
FRESH JUICES	23.10
THE REVIVER - Carrot, Pineapple, Ginger with a dash of lemon & lime	
RED POWER - Beetroot, carrot & ginger	
DETOX SKIN SAVER - Celery, pineapple, ginger, apple, cucumber & cinnamon	
CARROT ZINGER - Carrot, green apple & ginger	
MINT LEMONADE - Green apple, cucumber, lime & mint	
ORANGE/CARROT/GRAPEFRUIT	18.90
FAIR TRADE ORGANIC TEA	16.80
Jasmine/English Breakfast/Sencha	
SEASONAL SMOOTHIES	
Banana Walnut Crunch	25.20
Strawberry & Banana	18.90
Salted Caramel	23.10
Peanut & Banana	21.00
Mixed Berries	23.10

CHAT TO OUR TEAM ABOUT CATERING AND OUR HOME DELIVERY AROUND DUBAI