

# STARTERS

<b>MARKET SOUP</b> <sup>V</sup>	<b>18.90</b>
Daily soup using ingredients from the local market, bread	
<b>EDAMAME</b> <sup>V</sup>	<b>18.90</b>
Edamame beans tossed in sea salt with parmesan cheese	
<b>SMASHED AVOCADO TOAST</b> <sup>V</sup>	<b>50.40</b>
Turkey bacon bits, siracha mascarpone, beet chutney with two poached eggs served on a multigrain loaf with feta cheese & a sprinkle of chia and pumpkin seeds	
<b>BURRATA</b> <sup>V</sup>	<b>58.80</b>
Cherry tomato, rocket, apple honey vinaigrette & olives	
<b>POKE BOWL</b>	<b>56.70</b>
Cured tuna and salmon, quinoa, mango, avocado & lime soy dressing togarashi aioli	
<b>ALL DAY BLT CROISSANT</b>	<b>29.40</b>
Beef bacon, lettuce, tomato & egg	
<b>ACAI BOWL</b> <sup>N</sup> <sup>V</sup>	<b>46.20</b>
Topped with mixed berries, coconut flax seed, granola & banana	

# SALADS

<b>SUPER GREEN POWER</b>	<b>46.20</b>
Shaved asparagus, crisp fennel, beans, avocado, arugula, iceberg, edamame & green onion with a chilli lemon dressing	
<b>ROASTED BEETS, CARROT &amp; ZAAATAR</b> <sup>N</sup> <sup>V</sup>	<b>48.30</b>
Spinach, pecan, feta, zaatar, raspberries, baby gem, vine tomato & raspberry balsamic	
<b>ASIAN CHICKEN SALAD</b> <sup>N</sup>	<b>48.30</b>
Seared free-range chicken, crispy Asian vegetables in sesame dressing	
<b>PESTO CHICKEN &amp; QUINOA</b> <sup>N</sup>	<b>48.30</b>
Tender chicken breast with roasted cauliflower, edamame, bell peppers, quinoa dates & lettuce topped with pinenuts, parmesan & coconut flakes	

Extra Beef Bacon **8.40** Chicken Breast **8.40** Avocado **12.60**

# DRINKS

<b>LOCAL AL AIN WATER</b> (Still Or Sparkling)	
Small (500 ml)	<b>8.40</b>
Large (1L)	<b>15.75</b>
<b>FRESH JUICES</b>	<b>23.10</b>
THE REVIVER - Carrot, Pineapple, Ginger with a dash of lemon & lime	
RED POWER - Beetroot, carrot & ginger	
DETOX SKIN SAVER - Celery, pineapple, ginger, apple, cucumber & cinnamon	
CARROT ZINGER- Carrot, green apple & ginger	
MINT LEMONADE - Green apple, cucumber, lime & mint	
<b>ORANGE/CARROT/GRAPEFRUIT</b>	<b>18.90</b>
<b>FAIR TRADE ORGANIC TEA</b>	<b>16.80</b>
Jasmine/English Breakfast/Sencha	
<b>SEASONAL SMOOTHIES</b>	
Banana Walnut Crunch	<b>25.20</b>
Strawberry & Banana	<b>18.90</b>
Salted Caramel	<b>23.10</b>
Peanut & Banana	<b>21.00</b>
Mixed Berries	<b>23.10</b>

# MAIN

<b>KATSU CHICKEN</b>	<b>44.10</b>
Crispy breaded chicken with a mild curry sauce on a bed of coconut rice	
<b>SPAGHETTI BOLOGNAISE</b>	<b>54.60</b>
A classic beef ragout bolognese	
<b>PRAWN, ASPARAGUS &amp; PUMPKIN RISOTTO</b>	<b>56.70</b>
<b>CHICKEN PARMIGIANA</b>	<b>54.60</b>
Breaded chicken breast, mozzarella, tomato & spaghetti	
<b>PAN ROASTED CHICKEN</b>	<b>65.10</b>
Mashed potato & broccoli	
<b>LIME SALMON</b>	<b>71.40</b>
With mango & avocado salsa with sesame & lime rice	
<b>SRIRACHA CHICKEN &amp; SOBA NOODLE</b>	<b>67.20</b>
Fried chicken, Sriracha sauce, crispy wonton & stir-fried vegetables	
<b>THAI CHICKEN RED CURRY</b>	<b>50.40</b>
With potato and vegetables on a bed of of sesame lime rice	
<b>BEEF TENDELOIN (180 grams)</b>	<b>81.90</b>
Café de Paris butter, sweet potato fries & rocket	

# BURGERS

ALL BURGERS SERVED WITH LETTUCE, TOMATOES, CHOICE OF TWO TOPPINGS AND ONE SAUCE ON A BRIOCHE BUN WITH SALAD OR FRIES

<b>ANGUS BEEF</b>	<b>65.10</b>
<b>CAJUN CHICKEN BREAST</b>	<b>54.60</b>
<b>SAUCES</b>	
Tomato chutney / BBQ / Honey Mustard / Roasted garlic aioli	
<b>TOPPINGS</b>	<b>extra 8.40 each</b>
Cheddar cheese / Beef Bacon / Crispy Onion	
Grilled mushrooms / Crispy Kale	

# SANDWICHES

SERVED WITH FRIES OR A SIDE SALAD

<b>CHICKEN AVO WRAP</b>	<b>48.30</b>
Chicken, avocado, tomato, pickled pepper with sumac labneh, spinach wrap	
<b>DOUBLE DECKER URBAN CLUB</b>	<b>48.30</b>
Roast chicken, beef bacon, tomato, egg, cheddar cheese on a homemade rustic loaf	
<b>CRISPY CHICKEN WITH ASIAN SLAW</b>	<b>50.40</b>
Crispy breaded chicken marinated in Buffalo sauce with red onion, crispy Asian slaw & BBQ mayo on a brioche bun	
<b>SLOW BRAISED PULLED BEEF</b>	<b>54.60</b>
Caramelized onion, cheddar cheese, rocket leaves, honey mustard dressing on multigrain ciabatta	

<b>SIDES</b>	<b>MIXED GREEN SALAD</b>	<b>12.60</b>
	<b>FRIES</b> Potato or sweet potato fries with aioli	<b>15.75</b>
	<b>SAUTEED MUSHROOMS</b> Garlic & Thyme	<b>15.75</b>
	<b>SWEET POTATO</b> Oven baked with sea salt	<b>10.50</b>
	<b>SESAME &amp; LIME RICE</b>	<b>12.60</b>
	<b>SEARED PRAWN</b>	<b>15.75</b>
	<b>NORWEGIAN SMOKED SALMON</b>	<b>15.75</b>
	<b>MASHED POTATO</b>	<b>15.75</b>

CHAT TO OUR TEAM ABOUT CATERING AND OUR HOME DELIVERY AROUND DUBAI