THE TALK

So you are freaked OUT! We got you. Here is how you can Take Charge and start the conversation with your doctor.

Understanding there are fertility preservation options available and seeing a reproductive specialist in a timely manner can improve your emotional outlook and future quality of life.

WE KNOW YOU MAY:

- Feel uncomfortable and awkward about bringing up fertility issues.
- Not know that you DO have options for preserving fertility.
- Be totally consumed with the fact that you just got a cancer diagnosis and cannot think about anything else! TOTALLY UNDERSTANDABLE.
- You just heard the word “CANCER” and are unable to think about fertility or the possibility of having a future family.

We know. We understand. We are here to help!

We don’t want you to regret not considering fertility issues prior to starting cancer treatment. Because you DO have options and you can TAKE CHARGE.

Even people with a poor prognosis may want to consider fertility preservation.

When possible, at-risk patients should see a fertility preservation specialist prior to starting cancer treatment.

SO START THE CONVERSATION NOW AND ASK YOUR DOCTOR:

PATIENT 1. How will my cancer and my cancer treatment affect my fertility?

PATIENT 2. Based on my treatment plan, what is my risk for infertility?

PATIENT 3. Can you refer me to a fertility preservation specialist so I can learn more?

PATIENT 4. Do I have time to pursue fertility preservation?

Remember there are other ways to build a family after cancer if you are unable to preserve your fertility now. Talking with a specialist can help you explore other options that might be right for you. Learn more at:

https://www.letstakecharge.org/the-talk or
www.savemyfertility.org/pocket-guides/patients/fertility-preservation-women-diagnosed-cancer