Focus on KIDS

is a program* that gives parents the Knowledge and Insight which will enable them to make good Decisions leading to Solutions in the best interest of their children. The program’s primary goal is to teach high-conflict divorcing or divorced parents what they need to do in order to give their children the care they need. Through this program, parents learn skills they can apply to fight less, communicate better and problem-solve to benefit their kids.

If you’re a parent struggling in a high-conflict situation, contact one of our counselors today at 888.350.KIDS or visit www.ctfsa.org
Do it for your children.

*Based on principles of the P.E.A.C.E. Program

The Connecticut Council of Family Service Agencies is Connecticut’s only network of non-profit agencies focused exclusively on families. All of our member agencies are nationally accredited and form a statewide system of support for all phases of family life.

Focus on KIDS
Knowledge Insight Decisions Solutions
A program for parents in high-conflict separations and divorces.
How much does Focus on KIDS cost?
The parent’s combined income determines the fees per visit, which also includes all materials. Payment must be made at the time of each visit. The cost per visit is usually split equally between partners.

Why take this approach?
Just like the name says, this program is focused on helping kids.

It’s based on the belief that in the end parents are responsible for the decisions that affect their children. But high-conflict divorcing or divorced parents often find it very hard to get beyond their own emotions about their divorce. In these cases, their children suffer.

And while the focus of a divorce is often on the Parenting Plan W’s (Who, Where and When), we believe that the way parents relate to and about one another when they are with their kids, has the biggest affect – good or bad – on their kids.

So, we teach parents how to interact in ways that are focused on what the kids need...not on old hurts and anger.

How is Focus on KIDS organized?

- **It’s fair and balanced.**
  Parents always meet together, never alone, with their counselor. Meetings usually last one hour.

- **It’s focused on results.**
  The sessions help parents, regardless of how they feel, to do what is best for their children.

- **It’s individualized.**
  Goals are set to match the particular needs of parents and their children.

- **It’s flexible.**
  The number of sessions depends on the needs of the parents. There is no upfront commitment. Most couples achieve their goals in 6-8 sessions.

- **It tracks decisions.**
  After each meeting, a written summary is sent to each parent and all attorneys so that everyone understands what decisions were agreed upon.

- **It’s there when you need it.**
  Parents can return any time to the program if they need more help to work through new problems or old ones.