



LEAN OUT BY LABOR DAY



★ 60-DAY TRANSFORMATION ★

Cost: \$350/8 weeks or \$199/4 weeks only

Early Enrollment Discount: \$325 for 8 weeks (enroll by June 30th)

★ TRANSFORMATION WORKSHOP & KICKOFF: SATURDAY JULY 8TH AT 9AM ★

2-Hour Event includes: sample workout, supplement education, nutrition workshop & before photos.

TRANSFORMATION SCHEDULE STARTS JULY 10TH:

BIKINI BOOT CAMP: 5:30AM & 6:30AM MONDAY, WEDNESDAY & FRIDAYS

SHRED CAMP (COED): 4:30PM & 6:30PM MONDAYS & WEDNESDAYS AND 5:30PM FRIDAYS

PROGRAM INCLUDES

3 training sessions a week, weekly inbodies, gym homework, equipment workshops, supplement list and more!

I am a: Max Member Non-Member Member Healthways Member

NAME: _____ Age: _____ Cell #: _____

PRINT Email IN ALL CAPS: _____

**You will receive a welcome email with all the details, forms, education tools and final roster the end of the week before Boot Camp begins.*

Address _____ DL #: _____

Emergency Contact: _____ Phone _____

CHOOSE YOUR TRAINING TIME

NOTE: ALL CLASSES ARE MONDAYS, WEDNESDAY & FRIDAYS.

Please choose ALL availability, from 1st choice to last choice, to help us accommodate everyone's schedule.

All classes with 10 or more requests will be selected. Classes are first come, first serve. Payment is required to secure your spot.

The first 20 people enrolling in each class will have 1st pick of preferred time.

1ST CHOICE ► WOMEN ONLY: M/W/F 5:30AM 6:30AM COED: M/W 4:30PM (FRI 5:30pm) M/W 6:30PM (FRI 5:30pm)

2ND CHOICE ► WOMEN ONLY: M/W/F 5:30AM 6:30AM COED: M/W 4:30PM (FRI 5:30pm) M/W 6:30PM (FRI 5:30pm)

Bring completed registration form to the club with payment. Enrollment can be finalized with credit card payment by phone.

-----FOR OFFICE USE-----

***** REGISTRATION & PAYMENT INFORMATION *****

Forms without full payment will not be added to the roster. No exceptions. Post-dated checks are welcome.

COST: \$350 8 WEEKS \$199 4 WEEKS ONLY
 \$325 Early Enrollment Special (ends June 30th)

ENROLLMENT DATE _____ TIME: _____

TOTAL PAID: _____ DATE: _____ AMOUNT DUE: _____

PAYMENT RECEIVED TODAY: \$ CC ✓ AMOUNT: _____ WAIVER RECEIVED Staff Initials _____

NOTE: PROGRAM COMES WITH SUMMER MEMBERSHIP. Discounted memberships offered for all boot campers who enroll before the final class. There are no refunds for boot camp programs. 100% commitment is required.

In the event of a medical emergency, with doctor's note, credit may be given toward a future boot camp.