

Navigating the Abyss of Addiction

November 15, 2019

28th Annual
Psychotherapy and Faith Conference

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NAVIGATING THE ABYSS OF ADDICTION

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CONFERENCE SCHEDULE

7:00 AM	Registration and Continental Breakfast	
7:45 AM	Welcome	
8:00 AM	The Importance of Examining Sexual Health John O'Neill, EdD, LCSW, LCDC, CSAT The Menninger Clinic	
9:00 AM	The Impact of Addiction on the Family Lori Fiester, LCSW-S, MAC, CIP The Council on Recovery	
10:00 AM	Morning Break	
10:15 AM	KEYNOTE: Psychology, Psychotherapy, and Religion: From Conflict to Collaboration Carlo DiClementi, PhD, ABPP University of Maryland, Baltimore County	
11:45 AM	Lunch	
12:30 PM	Shepherding Through the Darkness of Addiction into the Light of Recovery Melissa Maher, MDiv Mercy Street	
1:30 PM	Courage to Search: A Case Study at the Intersection of Spirituality and Recovery Stuart Nelson, MA Institute for Spirituality and Health	
2:30 PM	Afternoon Break	
2:45 PM	Moderated Panel with Faculty Moderator: James Lomax, MD Baylor College of Medicine	
3:30 PM	Closing Remarks and Distribution of Continuing Education Certificates	

DISTINGUISHED FACULTY BIOS & ABSTRACTS

KEYNOTE:

Psychology, Psychotherapy, and Religion: From Conflict to Collaboration

Carlo C. DiClemente, PhD, ABPP

This presentation will offer a brief historical perspective on the relationship between religion and psychotherapy highlighting conflicts and connections. It will focus on how to build on current overlapping concepts that span religion and psychology, like forgiveness, spirituality and health, self-regulation, and stress and coping. We will explore integrative, collaborative perspectives that address the process of behavior change and will examine how religious beliefs and practices play a role in the modification of health behaviors.

Dr. Carlo C. DiClemente, PhD, ABPP, is an emeritus professor of psychology at the University of Maryland, Baltimore County and director of several training centers at UMBC. He is co-developer of the Transtheoretical Model of Behavior Change, and author of numerous scientific publications on motivation and behavior change with a variety of health and addictive behaviors. He published the second edition *Addiction and Change: How Addictions Develop and Addicted People Recover* in 2018 and he has co-authored several professional books: *The Transtheoretical Model, Substance Abuse Treatment and the Stages of Change* (second edition), and *Group Treatment for Substance Abuse: A Stages of Change Therapy Manual* (second edition), and a self-help book, *Changing for Good*.



Carlo C. DiClemente,
PhD, ABPP

The Importance of Examining Sexual Health

John O'Neill, EdD, LCSW, LCDC, CSAT

Talking about sexuality with clients is challenging. Therapists are challenged by conflicting approaches to addressing problematic sexual behaviors. This presentation will address the importance of talking about sexual health with clients. Whether an addiction, problem, or related to shame, clients are often left feeling misunderstood when they talk about their sexual behaviors. The main goal of this presentation is to invite participants to consider how they approach talking about sexual health with clients. Participants will explore their own thoughts and feelings about sexuality, examine the role of spirituality and consider effective treatment strategies.

Dr. John O'Neill, EdD, LCSW, LCDC, CSAT, is Director of the Outpatient Clinical Services at The Menninger Clinic's location in Bellaire, Texas. He holds a doctoral degree with an emphasis in behavioral health, a master's degree in social work from Arizona State University, and is a licensed clinical social worker, chemical dependency counselor, and a certified sexual addiction therapist.



John O'Neill, EdD, LCSW,
LCDC, CSAT

BIOS & ABSTRACTS (CONTINUED)

The Impact of Addiction on the Family

Lori Fiester, LCSW-S, MAC, CIP

The statistics indicate that one in five people are affected by addiction. With that number, many families are suffering in ways they can't even begin to understand. Addiction is cunning and baffling, and most do not understand that addiction is a brain disease. Families exposed to addiction develop chronic anxiety which disrupts the system that ultimately affects how they respond to their loved ones and the world. As families attempt to control the addict, they are faced with their own mounting issues that, if dealt with, support their own healing as well as the addict's.

Lori Fiester, LCSW-S, MAC, CIP, a native Texan, graduated with a Bachelor of Social Work degree from the University of Texas at El Paso and earned her Master of Social Work degree at the University of Houston. Lori's professional career has been focused on helping families and those struggling with addiction. Currently she is the Clinical Director of the Center for Recovering Families at The Council on Recovery.



Lori Fiester, LCSW-S,
MAC, CIP

Shepherding Through the Darkness of Addiction into the Light of Recovery

Melissa Maher, MDiv

What if we felt safe to reveal our darkest fears and encouraged to pursue healing? What kind of community would be formed? Sharing from the experience of Mercy Street, a spiritual community in Houston for all who are in recovery from life, addictions, or bad church experiences, Rev. Maher will offer a framework for engaging spirituality and recovery as conversation partners. How do the sacred texts of the Bible and Big Book illuminate a third space for healing? The presentation will include reflections on the work of sociologists Robert Putnam and Ed Soja, Harvard and UCLA respectively, and theologians, such as Jean Vanier and Richard Rohr. Rev. Maher will share her time with Donna Clark Love, an internationally recognized speaker and trainer for bully prevention and a woman in long-term recovery.

Reverend Melissa Maher, MDiv, is an ordained elder in the United Methodist Church serving at Mercy Street, a church within the community of Chapelwood United Methodist. Having entered pastoral ministry after a career in corporate lending, Melissa's passion is to bridge the ministry of the church with the opportunities and needs of the city. She has found a spiritual connection among contemplative spirituality and practices, missional outreach, and a Wesleyan expression of grace.



Melissa Maher, MDiv

BIOS & ABSTRACTS (CONTINUED)

Courage to Search: A Case Study at the Intersection of Spirituality and Recovery

Stuart Nelson, MA

In 2014, a partnership between the Institute for Spirituality and Health and The Women's Home gave birth to the Courage to Search (CTS), a unique process helping participants to consider and articulate their most important beliefs. CTS originated as a means to aid women who live with a history of substance use disorders, homelessness, incarceration, and other traumas, which makes it particularly relevant for this conference. This presentation will give participants an overview of the theories and methods at the heart of CTS and offer them as tools in the personal and professional lives of those who are present.

Stuart C. Nelson, MA, is Vice President at the Institute for Spirituality and Health. He completed bachelor's degrees in cognitive science, psychology, and religious studies at Rice University, and a master's degree in religious studies at UC Santa Barbara. His primary interest is applying cognitive science of religion within mental health contexts.

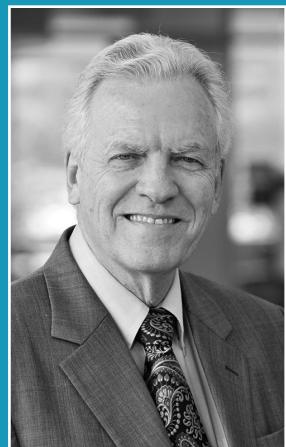


Stuart Nelson, MA

Moderated Panel with Faculty

James W. Lomax, MD

James W. Lomax, MD, is the Karl Menninger Chair of Psychiatric Education and Professor in the Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine. He has chaired the Planning Committee for the Annual Psychotherapy and Faith Conference for ISH for 27 years. He is affiliated scholar and Board of Trustee member of the Hope and Healing Center and Institute of St. Martin's Episcopal Church. He received the 2016 Oskar Pfister Award from the American Psychiatric Association for important contributions to



James W. Lomax, MD



NEW CONFERENCE LOCATION

THE COUNCIL ON RECOVERY

303 JACKSON HILL STREET

HOUSTON, TEXAS 77007

** FREE PARKING IN ADJACENT GARAGE **

ONLINE REGISTRATION

- ◆ \$155 Professional Rate (clinicians and clergy)
- ◆ \$75 Student Rate

Choose a Payment Option. Registration will be completed when payment is received.

Convenient online registration and payment with Visa or MasterCard at:
<http://www.spiritualityandhealth.org/pf>

To pay by check, make check payable to ISH and mail to:
Institute for Spirituality and Health
8100 Greenbriar, Suite 300
Houston, Texas 77054

ADDITIONAL INFORMATION

For assistance with registration or payment, or to request special dietary, ADA, or lactation needs, please contact Sara Moore with the Institute for Spirituality and Health at smoore@ish-tmc.org or (713) 797-0600, extension 109.

For continuing education information, please contact Michelle A. Taylor with The Menninger Clinic at mataylor@menninger.edu or (713) 275-5529.

The Institute for Spirituality and Health will provide a full refund upon written request at least two weeks before the live event. In the unlikely event the conference is cancelled, prepaid registrants will be given a full refund.

The Institute for Spirituality and Health, The Menninger Clinic, The Council on Recovery, and Baylor College of Medicine do not discriminate on the basis of race, color, national origin, disability, sexual orientation, or age in admission to its programs, activities, or employment.

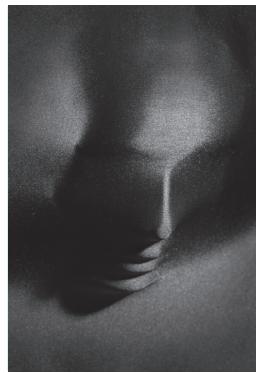
JOINTLY PROVIDED BY

[Institute for Spirituality and Health \(ISH\)](#)

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TARGET AUDIENCE

Physicians, Psychologists, Social Workers, Licensed Professional Counselors, Addictions Professionals, Licensed Marriage and Family Therapists, Clergy, Chaplains, Theologians, Spiritual Caregivers, other professionals from religious communities from all levels of experience.

CONTINUING EDUCATION CREDIT

Six and one-quarter (6.25) contact/credit/clock hours have been designated by [The Menninger Clinic](#) for the following disciplines:

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Menninger Clinic, the Institute for Spirituality and Health, The Council on Recovery, and Baylor College of Medicine.

The Menninger Clinic designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*.

Psychologists

The Menninger Clinic is approved by the American Psychological Association to sponsor continuing education for psychologists. The Menninger Clinic maintains responsibility for this program and its content.

Addictions Professionals

Menninger is approved by the TCB Standards Committee, Provider No. 1741-06, six and one-quarter (6.25) hours general. Expires 7/2020. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 401 Ranch Road 620 S., Suite 310, Austin, Texas 78734, fax number (888) 506-8123.

Six and one-quarter (6.25) contact/credit/clock hours have been designated by the [Institute for Spirituality and Health](#) for the following disciplines:

Social Workers

The Institute for Spirituality and Health, Provider #5328, is approved by the Texas State Board of Social Worker Examiners to offer continuing education for social workers. This activity is offered for 6.25 continuing education credit hours for social workers. We adhere to the Texas State Board of Social Worker Examiners Continuing Education Guidelines.

Licensed Professional Counselors

The Institute for Spirituality and Health is approved to provide continuing education credit through the Texas State Board of Examiners of Professional Counselors. This live activity is offered for 6.25 clock hours for licensed professional counselors. #959

Licensed Marriage and Family Therapists

The Institute for Spirituality and Health is approved to provide continuing education through the Texas Board of Marriage and Family Therapists, Provider No. 364. This workshop contains 6.25 clock hours of CEUs.

Certificates of Attendance will be awarded for all other participants. No partial credits will be awarded.



AT THE TEXAS MEDICAL CENTER

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